

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

R.S.V.P for the Thanksgiving Luncheon to: Amy's email: aallard@legacyridgewoodstock.com 		1 9:00 Vanity Affair 10:00 Chair Exercise 1:30 Tuesday matinee 2:00 Baking with Rose AC 3:00 Courtyard Stroll 3:30 Moving Art 6:30 Life Stations	2 9:00 Vanity Affair 10:00 Chair Exercise 11:00 Dance & Music 2:00 BINGO 2:30 Laundry Station 3:30 Moving Art 6:30 Music Station	3 WALMART OUTING 9:00 Vanity Affair 10:00 Sittercise 11:00 Dance & Music 1:30 Walmart shopping 2:00 Therapeutic Art 3:00 Courtyard Stroll 3:30 Moving Art	4 9:00 Vanity Affair 10:00 Chair Yoga AC 10:30 Morning Walkers 1:00 Pet Station 2:00 Therapeutic Art 3:15 Happy Hour 3:30 Moving Art 4:30 Big Band Music	5 9:00 Vanity Affair 10:00 Sittercise 11:00 Music 1:00 Pet Life Station 2:00 Art 3:00 Courtyard Walk 3:30 Country Music Hour
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6 9:00 Catholic Service PE 10:00 Sittercise 11:00 UNO 1:00 Flower Station 2:00 BINGO 3:00 Nature Walk 3:30 Moving Art 4:30 Gospel Music <small>Daylight Saving Time Ends</small>	7 9:00 Vanity Affair 10:00 Stretching class 10:30 Therapeutic Art 1:00 Dance & Music 2:00 UNO 3:00 Nature Stroll 3:15 Bible Hymns PW 6:30 Pet Station	8 9:00 Vanity Affair 10:00 Chair Exercise 1:30 Tuesday matinee 2:00 Baking with Rose AC 3:00 Courtyard Stroll 3:30 Moving Art 6:30 Life Stations	9 9:00 Vanity Affair 10:00 Chair Exercise 11:00 Dance & Music 2:00 BINGO 2:30 Laundry Station 3:30 Moving Art 6:30 Music Station	10 LUNCH BUNCH OUTING 9:00 Vanity Affair 10:00 Storytime 1:30 Depart for Cracker Barrell lunch outing 2:00 Therapeutic Art 3:00 Courtyard Stroll 3:30 Moving Art	11 9:00 Vanity Affair 10:00 Chair Yoga AC 10:30 Morning Walkers 1:00 Pet Station 2:00 Therapeutic Art 3:15 Happy Hour 3:30 Moving Art 4:30 Big Band Music <small>Veterans Day Remembrance Day (Canada)</small>	12 9:00 Vanity Affair 10:00 Sittercise 11:00 Music 1:00 Pet Life Station 2:00 Art 3:00 Courtyard Walk 3:30 Country Music Hour
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13 9:00 Catholic Service PE 10:00 Sittercise 11:00 UNO 11:30 Diane King ministry 2:00 BINGO 3:00 Nature Walk 3:30 Moving Art 4:30 Gospel Music	14 9:00 Vanity Affair 10:00 Stretching class 10:30 Therapeutic Art 1:00 Dance & Music 2:00 UNO 3:00 Nature Stroll 3:15 Bible Hymns PW 6:30 Pet Station	15 9:00 Vanity Affair 10:00 Chair Exercise 1:30 Tuesday matinee 2:00 Baking with Rose AC 3:00 Courtyard Stroll 3:30 Moving Art 6:30 Life Stations	16 9:00 Vanity Affair 10:00 Chair Exercise 11:00 Dance & Music 2:00 BINGO 2:30 Laundry Station 3:30 Moving Art 6:30 Music Station	17 BIRTHDAY PARTY 9:00 Vanity Affair 10:00 Storytime 11:00 Dance & Music 1:30 Birthday Party with Mike Silver Sings PW 2:00 Therapeutic Art 3:00 Courtyard Stroll	18 9:00 Vanity Affair 10:00 Chair Yoga AC 10:30 Morning Walkers 1:00 Pet Station 2:00 Therapeutic Art 3:15 Happy Hour 3:30 Moving Art 4:30 Big Band Music	19 9:00 Vanity Affair 10:00 Sittercise 11:00 Music 1:00 Pet Life Station 2:00 Art 3:00 Courtyard Walk 3:30 Country Music Hour
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20 9:00 Catholic Service PE 10:00 Sittercise 11:00 UNO 1:00 Flower Station 2:00 BINGO 3:00 Nature Walk 3:30 Moving Art 4:30 Gospel Music	21 9:00 Vanity Affair 10:00 Stretching class 10:30 Therapeutic Art 1:00 Dance & Music 2:00 UNO 3:00 Nature Stroll 3:15 Bible Hymns PW 6:30 Pet Station	22 Happy Birthday Larry ! 9:00 Vanity Affair 10:00 Chair Exercise 1:30 Tuesday matinee 2:00 Larry's Birthday 3:00 Courtyard Stroll 3:30 Moving Art 6:30 Life Stations	23 9:00 Vanity Affair 10:00 Chair Exercise 11:00 Dance & Music 2:00 BINGO 2:30 Laundry Station 3:30 Moving Art 6:30 Music Station	24 LUNCH BUNCH OUTING 9:00 Vanity Affair 10:00 Storytime 1:30 Ice Cream outing 2:00 Therapeutic Art 3:00 Courtyard Stroll 3:30 Moving Art <small>Thanksgiving Day (US)</small>	25 9:00 Vanity Affair 10:00 Chair Yoga AC 10:30 Morning Walkers 1:00 Pet Station 2:00 Therapeutic Art 3:15 Happy Hour 3:30 Moving Art 4:30 Big Band Music	26 9:00 Vanity Affair 10:00 Sittercise 11:00 Music 1:00 Pet Life Station 2:00 Art 3:00 Courtyard Walk 3:30 Country Music Hour
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27 9:00 Catholic Service PE 10:00 Sittercise 11:00 UNO 1:00 Flower Station 2:00 BINGO 3:00 Nature Walk 3:30 Moving Art 4:30 Gospel Music	28 Happy Birthday Kaliope! 9:00 Vanity Affair 10:00 Stretching class 10:30 Therapeutic Art 1:00 Dance & Music 2:00 Kaliope Birthday 3:00 Nature Stroll 3:15 Bible Hymns PW 6:30 Pet Station	29 9:00 Vanity Affair 10:00 Chair Exercise 1:30 Tuesday matinee 2:00 Baking with Rose AC 3:00 Courtyard Stroll 3:30 Moving Art 6:30 Life Stations	30 9:00 Vanity Affair 10:00 Chair Exercise 11:00 Dance & Music 2:00 BINGO 2:30 Laundry Station 3:30 Moving Art 6:30 Music Station			
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