

October 2026 1990'S

Assisted Living

ACTIVITIES ARE SUBJECT TO CHANGE

LO- Lobby DR-Dining Room AR-Activity Room

P- Pool FR- Front Porch AX- Annex

Exercise and Fitness Activity

Special Events/ Outings

Religious/Spiritual Activity

Travel Thru Time with Atlas

Monthly Support Group Meetings

An Atlas Senior Living Community



Sunday



Monday



Tuesday



Wednesday



thursday



Friday



Saturday

4 10am **Virtual Church** (LO)
11am Puzzles/Games (AR)
1pm Sun, Swim & Smiles (P)
2pm Cornhole (LO)
3pm Rummy Cube (AR)
4pm Board games (AR)
5pm News at 5 (LO)

5 10am Daily Chronicles
10am **Exercise w/Fox** (DR)
10am **Outing to Burlington and Lunch at Olive Garden**
1pm **Communion w/pastor Bo**
3pm **Mixer Monday** (AR)
5pm Evening news (LO)
6pm Poolside Meditation (P)

6 9am **Grief Counseling** (AR)
10am **Catholic Mass** (AR)
10:30 Bingo w/Kathy (DR)
12:30 Mobile Library (LO)
2pm Board games (AR)
3pm **Back to 90's Trivia**(LO)
5pm News (LO)
6pm Poolside Meditation (P)

7 10am Daily Chronicle
10am **Publix outing** (LO)
10:30 Bingo (AR)
1pm Rummy Cube (AR)
2pm Crafts (AR)
3pm **Wine down Wednesday** (AR)
5pm News at 5 (LO)

8 10am Daily Chronicles
11am Bingo (AR)
12pm Self-Directed (AR)
1pm Word Games/Puzzles (AR)
2pm **Paint/sip** (AR)
4pm Rummy cube (AR)
5pm News at 5 (LO)

9 10am Daily Chronicles
10am **Catholic Mass** (AR)
11am Bingo (AR)
1pm Crafts (AR)
2pm Cornhole (LO)
4pm **Freestyle Friday** (AR)
5pm News at 5 (LO)
6pm Independent leisure

10 10am Puzzles/Games (AR)
11am Checkers (LO)
12pm Self-Directed (AR)
1pm **Matinee w/popcorn** (LO)
2pm Cornhole (LO)
5pm News at 5 (LO)

11 10am **Virtual Church** (LO)
11am Puzzles/Games (AR)
1pm Sun, Swim & Smiles (P)
2pm Cornhole (LO)
3pm Rummy Cube (AR)
4pm Board games (AR)
5pm News at 5 (LO)

12 10am Daily Chronicles
10am **Exercise w/Fox** (DR)
10:30am Bingo w/Jim (AR)
1pm Fancy Nails (AR)
2pm **Mixer Monday** (AR)
4pm Cornhole (LO)
5pm News at 5
6pm Leisure activities

13 9am **Grief counseling w/Tony** (AR)
10am Daily Chronicles
10am **Catholic Mass** (AR)
10:30am Bingo w/Kathy (DR)
12pm Matinee w/popcorn
1:30 **Friendly Menders** (AR)
3:30pm **Men's group** (AR)

14 10am Daily Chronicles
10am **Food Lion outing** (LO)
10:30am Bingo (AR)
1pm Board games (AR)
2pm Trivia Games (AR)
3pm **Wind Down Weds**
5pm **90's Sitcom** (LO)

15 10am Daily Chronicles
10:30am **Coffee chats w/snacks** (AR)
11am Bingo (AR)
1pm Rummy Cube (AR)
2pm **Vanessa Cole** (AR)
3:30pm **90's Trivia games**
5pm News at 5 (LO)

16 10am Daily Chronicles
10am **Catholic Mass** (AR)
11am Bingo (AR)
12pm **Arts & Crafts** (AR)
2pm Cornhole (LO)
3pm **Freestyle Friday** (AR)
5pm News at 5 (LO)
6pm Independent Leisure

17 10am Bird Watching (FP)
11am Puzzles/Games (AR)
12pm Self-Directed (AR)
1pm **Matinee w/popcorn** (LO)
2pm PUTT PUTT (AR)
3pm Sunshine & Splashes
5pm News at 5 (LO)

18 10am **Virtual Church** (LO)
11am Puzzles/Games (AR)
1pm Sun, Swim & Smiles (P)
2pm Cornhole (LO)
3pm Rummy Cube (AR)
4pm Board games (AR)
5pm News at 5 (LO)

19 10am **Exercise w/Fox** (DR)
10:30 Bingo w/Jim (AR)
12pm Self-Directed
1pm **Bible study w/Pastor Bo** (AR)
2pm **Mixer Monday** (AR)
4pm Rummy cube (AR)
5pm News at 5 (LO)

20 9am **Grief Counseling** (AR)
10am Daily Chronicles
10am **Catholic Mass** (AR)
12:30 Mobile library (LO)
1pm **PUTT PUTT** (AR)
2pm Games/Puzzles (AR)
3pm Snack Cart (AR)
5pm News at 5 (LO)

21 10am Daily Chronicles
10am **Harris Teeter** (LO)
11am Bingo (AR)
12pm Board Games (AR)
1pm **Resident Council** (AR)
4-6pm **Wildcats friends and Family celebrating The 90's**
RSVP!!!! (DR)

22 10am Daily Chronicles
10:30 Bingo (AR)
12pm Self-Directed (AR)
1pm Poolside Meditation (P)
2pm Cornhole (LO)
3pm **Paint/Sip** (AR)
4pm Book Club (AR)
5pm News at 5 (LO)

23 10am Daily Chronicles
10am **Catholic Mass** (AR)
11am Bingo (AR)
12pm Self-Directed
1pm **Arts & Crafts** (AR)
2pm Cornhole (LO)
3pm **Freestyle Friday** (AR)
5pm News at 5 (LO)

24 10am Puzzles/Games (AR)
11am Checkers (LO)
12pm Self-Directed (AR)
1pm **Matinee w/popcorn** (LO)
2pm Cornhole (LO)
5pm News at 5 (LO)

25 10am **Virtual Church** (LO)
11am puzzles/games (AR)
1pm Sun, Swim & Smiles (P)
2:30-4pm **Parkinson support Group** (AR)
5pm News at 5 (LO)

26 10am Daily Chronicles
10am **Exercise w/Fox** (DR)
10:30am Bingo w/Jim (AR)
11pm Fancy Nails (AR)
1pm Trivia games (AR)
2pm **PUTT PUTT** (AR)
3pm **Mixer Monday** (AR)
5pm News at 5 (LO)

27 9am **Grief Counseling** (AR)
10am **Catholic Mass** (AR)
10:30 Bingo w/Kathy (DR)
1pm Trivia Games (AR)
2pm Cornhole (LO)
3pm **Men's Group** (AR)
4pm Rummy Cube (AR)
5pm News at 5 (LO)

28 10am Daily Chronicles
10am **Walmart outing**
11:00 Bingo (AR)
1pm **90's Word games** (AR)
2pm **Where in the world is Chef Eileen** (DR)
4pm **Wine Down Wed**, (AR)
5pm News at 5 (LO)

29 10am Daily Chronicles
11am Bingo (AR)
12pm Self-Directed
1pm **PUTT PUTT** (AR)
2pm Halloween Crafts (AR)
3pm Snack Cart (AR)
4pm Rummy Cube (AR)
5pm News at 5 (LO)

30 10am Daily Chronicles
10am **Catholic Mass** (AR)
11am Bingo (AR)
12pm Self-Directed
1pm **Oct Birthdays** (DR)
2pm Cornhole (LO)
3pm **Freestyle Friday** (AR)
4pm Board games (AR)

31 10am Bird Watching (FP)
11am Puzzles/Games (AR)
12pm Self-Directed (AR)
1pm **Matinee w/popcorn** (LO)
2pm PUTT PUTT (AR)
3pm Sunshine & Splashes
5pm News at 5 (LO)