

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



10am (LO&AP) Church Service Outing) 2:30pm (AR) Sunday Matinee 2:30pm (pool) POOL DAY 5pm (LO) Cornhole	10am (DR) Exercise w/ FOX 10:30am (DR) BINGO 11am (LO) MUSIC PET THERAPY 1pm (AR) HOLY COMMUNION with PASTOR BO 2pm (pool) National Watermelon Day (by the Pool) 3pm (CH) Meet the new Resident	10am (pool) Water Aerobics w/ Patti & Eileen 10am (LO) conversation & coffee w/ Gail 10am (LO) Walking Club 10:30am (DR) BINGO 2pm (AR) Craft Time 5:30 pm Belk's Seniors Citizen Day	10am (LO&AP) PUBULX OUTING 2pm (AR) 70 Music & Adult Coloring 3pm (LO) Cornhole	10am (LO) Walking Club 10am (pool) Water Aerobic Patti & Eileen 10:30(DR) Bingo w/ Linda of wren Hospice 2pm (AR) Craft Time	10am (LO) Walking Club 10am (DR) Bingo w/ Pam 2pm (CH) Money Bingo with Tosha 4PM(CH) HAPPY HOUR	10am (LO) Wii Game 10:30am checkers- Puppets & Games 6pm (LO) Corn Hole
10am (LO&A) Church Service Outing) 2:00 pm (LO& AP) Flower town Players (Ticket Holders Only 2pm(AR) Sunday Matinee 2:30 pm (pool) POOL DAY 5pm (LO) Corn Hole	10am (LO) sit & Chat w/LINDSAY & MURPHY 10am (DR) Exercise w/Fox 10:30 (DR) Bingo w/JIM 10am (LO&AP) Hobby Lobby Shopping /Olive Garden Lunch	10am Water Aerobic Patti & Eileen 10am (AR) Catholic Mass 10 am (LO) Walking Club 10:30am (DR) BINGO 12:30-1:30pm (LO) Mobile Library 2pm (AR) Chill & Chat 3pm (AR) Craft Time 6:30(AR) Alzheimer's & Dementia Caregivers Group Happy Birthday NAN L	10am (LO&AP) Food Lion Outing 10:30am (DR) BINGO 1:00pm (LO) Documentary in 1970s 1:30-4pm (AR) Friendly Menders 1:30-4pm (AR) Needles & Thread w /Mary 3:15pm (AR) Sip & Flip Book Club 4:15pm (AP) Coconut Jeers Restaurants(outing)	10am (pool) Water Aerobic Patti & Eileen 10am (LO) Walking Club 10:30pm (DR) Bingo 1pm (LO) Corn Hole Game 6pm (AR) Catholic Women of faith meeting	10am (AR) Catholic Mass 10am (LO) Walking Club 2pm (CH) Money Bingo with Tosha 4PM (CH) HAPPY HOUR	10:30am (AR) checkers 1:30pm (DR) Ridge Baptist Church Puppets & Games 2pm (AR) Puzzles 3pm (LO) Corn Hole
10am (LO&AP) Church Service Outing) 2 pm (DR) Dirty Soda Bar 2:30(AR) Sunday Matinee 2:30 pm (pool) POOL DAY 5pm (LO) Corn Hole Happy Birthday Patricia T	10am (AL-D) Exercise w/Fox 10:30am (DR) BINGO W. JIM 1pm (AR) Pastor Beau Church & Bible Study 2pm (AR) Golden Girls & Hand therapy	10am (LO&AP) Walking club 10:30 (AR) Catholic Mass 12:30-1:30 pm (LO) Mobile Library 1:00 pm (AR) Rummy Cube Game	10am (AP) Harris Teeter OUTING 10:30 (DR) Bingo 4-6 pm Family and Friends-IL & AL& Memory care Celebrating 1970's (RSVP!!!)	10am (pool) Water Aerobic Patti & Eileen 10 am (LO) Walking Club 10:30am (DR) Bingo 1:30(AR) Craft Time 2pm (AR) Vanessa Cole Charleston Storying Telling	10am (AR) Catholic Mass 10am (LO) Walking Club 2pm (CH) Money Bingo with Tosha 4PM (CH) HAPPY HOUR	10am (LO) Wii GAMES 10:30am (AR) Checkers 1pm(LO) Pet Therapy w/ Maryann & Bella 2 pm (AR) Puzzle & Games 3pm (LO) Corn hole
10am (LO&AP) Church Service Outing 2pm (DR) Dirty Soda Bar 2:30pm (pool) POOL DAY 2:30-4pm (AR) Parkinsons Support Group 2:30(LO) Corn hole	10am (LO&AP) Walking Club 10am (AL-DR) Exercise w/Fox Therapy 10:30am (DR) BINGO w Tosha 12:30-3:00 pm (corn hole match w/Summersville Estates (we host) 3pm (CH) Sit SIP & Chat w Tosha	9:30 (AX) Wake up & Wiggle(stretching) 10am (pool) Aerobics w Patti & Eileen 10am (AR) Catholic Mass 10:30am (DR) BINGO w/KATHY 12:30-1pm (LO) Mobile Library 1:30-4pm (AR) Needles & Thread w/MARY 3:30 pm (AX) Sit & FIT Exercise w/Gail	10am (AP) Walmart Shopping 10:30 am (DR) Bingo 1pm (CH) August BIRTHDAY CELEBRATION 2pm (DR) Where is Chef Eileen 2pm Mini Golf pool side 3pm (DR) Sing along w/Todd & Lori	9:30 am (AX) Wake up & Wiggle 10am (pool) Water Aerobics w Patti & Eileen 10:30am (DR) Bingo 1pm (LO) Corn Hole 2pm (AR) 70s Trivia 3pm (AR) Grief Care Support Group w/ Tony of Bristol Hospice 6pm (CH) or AX) Resident Game Night, Rummy cube, Mexican train, cards.	10am (AR) Catholic Mass 10am (LO) Walking Club 1pm (CH) Money Bingo with Tosha 2pm (AR) Just Good Enough Band 4- 6 PM(CH) HAPPY HOUR & Karaoke	10 am (LO) Wii Games 10:30am (AR) Checkers 2pm(AR) Puzzle & Games 3pm (LO) Corn Hole
10am (LO&AP) Church Service Outing 2pm (DR) Dirty Soda Bar 2:30pm (pool) POOL DAY 2:30 pm (Corn Hole)	10am (LO& AP) Walking Club 10am (DR) Exercise w/ FOX 10:30 am (DR) Bingo w/Jim 1pm (AR) Fancy Nails 2pm (AR) Music Therapy 3pm (AR) 70s Trivia Game					



Wildcat Senior Living INDEPENDENT Calendar -Exercise and Fitness Activity - Monthly Men's & Women's Group/Celebration -Social /Emotional Wellbeing Activity - Mental Fitness Activity-Outing w/Wildcat Bus-Religious /Spiritual Activity-Monthly Support Group Meeting -Monthly Friends & Family -ATLAS When in the World?-Travel Through Time with Atlas Activity Special Event **Subject to change**