November 2026

An Atlas Senior Living Community

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 • 10:30 AM MC-Chronicles & Discussions • 1:45 PM MC-MOVE CHURCH • 3 PM MC-Musical Ball Toss • 6 PM MC-Adult Painting	**2** • 9:30 AM MC-Current Events/Walking Club • 10:15 AM MC-Chronicles & Discussions • 11 AM MC-Exercise w/Cecelia • 1:30 PM MC-Guitarist LALO • 2:30 PM Armchair Travel-Chicago • 2:30 PM MC-Tea/Coffee Time • 3:30 PM MC-Sing Along • 6 PM MC-Adult Painting	**3** • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM MC-Chair Yoga • 11:30 AM MC-Bingo • 1:30 PM MC-Documentary-"BIG BEN" • 3 PM Hydration Station & Snack Time • 6 PM MC-Adult Painting	**4** • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM MC-Tai Chi • 1:30 PM Golden Hand Care • 2:15 PM MC-Floral Arranging • 2:30 PM MC-Let's Talk: 2000's Clothes • 6 PM MC-Adult Painting	**5** • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM MC-Classic Television • 11:30 AM Bible Study w/Carol & Debbie D • 1 PM MC-Pet Therapy w/Marlee • 2 PM Baking w/Lourdes • 3 PM MC-Trivia Blitz • 6 PM MC-Adult Painting	**6** • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM MC-Balloon Volleyball • 1:30 PM MC-Friday Movie • 3 PM Hydration Station & Snack Time • 6 PM MC-Adult Painting	**7** • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM ZUMBA • 1:30 PM MC-Classic Television • 3 PM MC-Golden Hand Care • 6 PM MC-Adult Painting
8 • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM MC-Spiritual Hour • 3 PM MC-Musical Ball Toss • 6 PM MC-Adult Painting	**9** • 9:30 AM MC-Current Events/Walking Club • 10:15 AM MC-Chronicles & Discussions • 11 AM MC-Exercise w/Cecelia • 1:30 PM MC-Guitarist LALO • 2:30 PM MC-Entertainer Bob Clark • 3:30 PM MC-Bingo • 6 PM MC-Adult Painting	**10** • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM MC-Chair Yoga • 11:30 AM MC-Bingo • 1:30 PM MC-Documentary-Fall Foliage • 3 PM Hydration Station & Snack Time • 6 PM MC-Adult Painting	**11** • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM MC-Tai Chi • 1:30 PM Golden Hand Care • 2:15 PM MC-Floral Arranging • 2:30 PM MC-Let's Talk: 2000's FOOD • 6 PM MC-Adult Painting	**12** • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM MC-Classic Television • 11:30 AM Bible Study w/Carol & Debbie D • 1 PM MC-Pet Therapy w/Marlee • 3 PM MC-Trivia Blitz • 6 PM MC-Adult Painting	**13** • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM MC-Cornhole • 2 PM MC-Randy Vidallon • 3 PM Hydration Station & Snack Time • 6 PM MC-Adult Painting	**14** • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM ZUMBA • 1:30 PM Baking w/Lourdes • 3 PM MC-Golden Hand Care • 6 PM MC-Adult Painting
15 • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM MC-Spiritual Hour • 1 PM MC-MOVE CHURCH • 3 PM MC-Musical Ball Toss • 6 PM MC-Adult Painting	**16** • 9:30 AM MC-Current Events/Walking Club • 10:15 AM MC-Chronicles & Discussions • 11 AM MC-Exercise w/Cecelia • 1:30 PM MC-Guitarist LALO • 2:30 PM Armchair Travel-New York • 2:30 PM MC-Tea/Coffee Time • 3:30 PM MC-Sing Along • 6 PM MC-Adult Painting	**17** • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM MC-Chair Yoga • 11:30 AM MC-Bingo • 1:30 PM MC-Documentary-Mayflower • 2:30 PM MC-B-Day Social w/Ron Howard • 3:30 PM Hydration Station & Snack Time • 6 PM MC-Adult Painting	**18** • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM MC-Tai Chi • 1:30 PM Golden Hand Care • 2:15 PM MC-Floral Arranging • 2:30 PM Catholic Mass • 2:30 PM MC-Mickey Mouse B-day • 6 PM MC-Adult Painting	**19** • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM MC-Classic Television • 11:30 AM Bible Study w/Carol & Debbie D • 1 PM MC-Pet Therapy w/Marlee • 2 PM MC-Int'l Men's Day (PIZZA) • 3 PM MC-Belles Handbell Quartet • 6 PM MC-Adult Painting	**20** • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM MC-Balloon Volleyball • 1:30 PM MC-Friday Movie • 3 PM Hydration Station & Snack Time • 6 PM MC-Adult Painting	**21** • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM ZUMBA • 1:30 PM Sing/Dance with YoYo • 3 PM MC-Golden Hand Care • 6 PM MC-Adult Painting
22 • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM MC-Spiritual Hour • 3 PM MC-Musical Ball Toss • 6 PM MC-Adult Painting	**23** • 9:30 AM MC-Current Events/Walking Club • 10:15 AM MC-Chronicles & Discussions • 11 AM MC-Exercise w/Cecelia • 1:30 PM MC-Guitarist LALO • 2:30 PM Armchair Travel-Massachusetts • 3:30 PM MC-Entertainer Randy • 6 PM MC-Adult Painting	**24** • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM MC-Chair Yoga • 11:30 AM MC-Bingo • 1:30 PM Documentary-1st Thanksgiving • 3:30 PM Hydration Station & Snack Time • 6 PM MC-Adult Painting	**25** • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM MC-Tai Chi • 1:30 PM Golden Hand Care • 2:15 PM MC-Floral Arranging • 2:30 PM MC-Let's Talk: Parfait Day • 6 PM MC-Adult Painting	**26** • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM MC-Classic Television • 11:30 AM Bible Study w/Carol & Debbie D • 1 PM MC-Pet Therapy w/Marlee • 3 PM MC- Documentary "TINA TURNER" • 6 PM MC-Adult Painting	**27** • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM MC-Cornhole • 1:30 PM MC-Friday Movie • 3 PM Hydration Station & Snack Time • 6 PM MC-Adult Painting	**28** • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM ZUMBA • 1:30 PM Baking w/Lourdes • 3 PM MC-Golden Hand Care • 6 PM MC-Adult Painting
29 • 9:30 AM MC-Current Events/Walking Club • 10:30 AM MC-Chronicles & Discussions • 11 AM MC-Spiritual Hour • 3 PM MC-Musical Ball Toss • 6 PM MC-Adult Painting	**30** • 9:30 AM MC-Current Events/Walking Club • 10:15 AM MC-Chronicles & Discussions • 11 AM MC-Balloon Volleyball • 1:30 PM MC-Guitarist LALO • 2:30 PM Armchair Travel-Texas • 2:30 PM MC-Tea/Coffee Time • 3:30 PM MC-Sing Along • 6 PM MC-Adult Painting					