

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
October 2026 1990'S				1 10 AM Lectures with Zach 11 AM Fitness- Zumba w/ Lesley 2 PM Floral Arranging 3:30 PM Afternoon Social 7 PM Game Show	2 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM Yoga w/Claudia 2 PM Bingo 3:30 PM Afternoon Social 6:30 PM Evening Movie	3 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM In-tune Fitness IN2L 2 PM Darryl Nicholas Performs 3 PM Board Games 6:30 PM Movie: Comedy
4 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11:30 AM In- Fitness - Stretch Bands 2 PM Heritage Baptist Church 3 PM Afternoon Movie 6:30 PM Evening Movie	5 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM In-Tune Fitness with Laura 2 PM Aria Arts 3:30 PM Afternoon Social 6:30 PM Adventure Movie	6 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM In-Tune Fitness on IN2L 11 AM In-Tune Fitness with Crystal 1:30 PM All About the 90's 3:30 PM Afternoon Social 5 PM Resident Birthday Dinner Party 7 PM Game Show	7 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM Tai Chi 1:30 PM Trivia 3:30 PM Afternoon Social 7 PM Game Show	8 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM Fitness- Zumba w/ Lesley 2 PM Floral Arranging 3:30 PM Afternoon Social 7 PM Game Show	9 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM Yoga w/Claudia 2 PM Bingo 3:30 PM Afternoon Social 6:30 PM Evening Movie	10 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM In-tune Fitness IN2L 1:30 PM Baking 3 PM Board Games 6:30 PM Movie: Comedy
11 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM In Tune Fitness IN2L 11:30 AM Monthly Sunday Brunch 2 PM Heritage Baptist Church 3 PM Afternoon Movie 6:30 PM Evening Movie	12 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM In-Tune Fitness on IN2L 2 PM Aria Arts 3:30 PM Afternoon Social 6:30 PM Adventure Movie	13 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM In-Tune Fitness Chair Exercise 2 PM Joe MacFarlane Performs 3:30 PM All About the 90's 7 PM Game Show	14 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM Tai Chi 1:30 PM Trivia 3:30 PM Afternoon Social 7 PM Game Show	15 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM Fitness- Zumba w/ Lesley 2 PM Floral Arranging 3:30 PM Resident Council Meeting 7 PM Game Show	16 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM Yoga w/Claudia 2 PM Bingo 3:30 PM Afternoon Social 6:30 PM Evening Movie	17 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM In-tune Fitness IN2L 2 PM Board Games 3:30 PM Real Life Church 6:30 PM Movie: Comedy
18 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11:30 AM In- Fitness - Stretch Bands 2 PM Heritage Baptist Church 3 PM Afternoon Movie 6:30 PM Evening Movie	19 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM In-Tune Fitness with Laura 2 PM Aria Arts 3:30 PM Afternoon Social 6:30 PM Adventure Movie	20 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM In-Tune Fitness on IN2L 1:30 PM All About the 90's 3:30 PM Afternoon Social 4 PM Ron Howard Performs 7 PM Game Show	21 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM Tai Chi 1:30 PM Trivia 2:30 PM Catholic Mass 3:30 PM Afternoon Social 7 PM Game Show	22 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM Fitness- Zumba w/ Lesley 2 PM Floral Arranging 3:30 PM Afternoon Social 7 PM Game Show	23 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM Yoga w/Claudia 2 PM Men's Social Hour 3:30 PM Afternoon Social 4 PM Bingo 6:30 PM Evening Movie	24 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM In-tune Fitness IN2L 2 PM Board Games 3 PM Christ Embassy Church 6:30 PM Movie: Comedy
25 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM Intune Fitness IN2L 2 PM Heritage Baptist Church 3 PM Afternoon Movie 6:30 PM Evening Movie	26 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM In Tune Fitness IN2L 2 PM Aria Arts 3:30 PM Afternoon Social 4 PM Randy McHugh Performs 6:30 PM Adventure Movie	27 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM In-Tune Fitness Chair Exercise 1:30 PM All About the 90's 3:30 PM Afternoon Social 7 PM Game Show	28 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM Tai Chi 1:30 PM Trivia 3:30 PM Afternoon Social 7 PM Game Show	29 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM Fitness- Zumba w/ Lesley 1 PM Floral Arranging 3:30 PM Afternoon Social 5 PM Family Night 7 PM Game Show	30 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM Yoga w/Claudia 2 PM Bingo 3:30 PM Afternoon Social 6:30 PM Evening Movie	31 10:30 AM Chronicles & Discussions 10:45 AM Brain Fitness:Wordle Word 11 AM In-tune Fitness IN2L 1 PM Board Games 3 PM Halloween Afternoon Social 6:30 PM Movie: Comedy