

| Sunday                                                                                                                                                                                                                                                                                                                                                                                             | Monday                                                                                                                                                                                                                                                                                                                                                     | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                  | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                       | Thursday                                                                                                                                                                                                                                                                                                                                                                    | Friday                                                                                                                                                                                                                                                                                                         | Saturday                                                                                                                                                                                                                                                                                                                                                   |
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| <ul style="list-style-type: none"> <li>10:30 Catholic Communion (RL4)</li> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:30 In-Tune Fitness: Stretch Band Exercise with Ashley (LT)</li> <li>2:00 Heritage Baptist Church (LT)</li> <li>3:00 Musical Matinee (LT)</li> <li>6:30 Evening Movie (LT)</li> </ul>               | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 In-Tune Fitness: Balance and Strength with Laura (LT)</li> <li>1:30 Walking Club (L)</li> <li>3:30 Watermelon Social (B)</li> <li>6:00 Adventure Movie (LT)</li> </ul>                          | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 In-Tune Fitness: Strength Training with Crystal (LT)</li> <li>1:00 Bingo (LT)</li> <li>3:00 National Chocolate Chip Cookie Day Social Hour (B)</li> <li>5:00 Month Resident Birthday Dinner Party (DR)</li> <li>7:00 Game Show (B)</li> </ul> | <ul style="list-style-type: none"> <li>10:00 Activity Committee (LT)</li> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 Shopping at Dollar tree (L)</li> <li>11:00 Tai Chi with Leda (LT)</li> <li>1:30 Cranium Crunches (70's Trivia) (LT)</li> <li>2:30 Afternoon Social Hour (B)</li> <li>4:00 Aria Arts- 1970's Craft (AS)</li> <li>7:00 Game Show (B)</li> </ul> | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 Zumba Gold with Lesley (LT)</li> <li>1:00 Hiroshima- Account of The Event That Ended WW2 (LT)</li> <li>2:00 Floral Arranging (AR)</li> <li>3:30 Afternoon Social Hour (B)</li> <li>7:00 Game Show (B)</li> </ul> | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 In-Tune Fitness Yoga with Claudia (LT)</li> <li>2:00 Bingo (LT)</li> <li>3:30 Karaoke Happy Hour (B)</li> </ul>                                     | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>1:30 Baking Club (AR)</li> <li>3:00 Board Games and Cards (B)</li> <li>6:30 Movie: Comedy Movie (LT)</li> </ul>                                                                                       |
| <ul style="list-style-type: none"> <li>10:30 Catholic Communion (RL4)</li> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 In-Tune Fitness: Spiro Fitness (LT)</li> <li>11:00 Monthly Sunday Brunch (DR)</li> <li>2:00 IN2L Word Games (LT)</li> <li>3:00 Musical Matinee (LT)</li> <li>6:30 Evening Movie (LT)</li> </ul> | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 In-Tune Fitness: Walking Club (L)</li> <li>1:30 Zach Presents "National Women's Equality Day" (LT)</li> <li>3:30 Afternoon Smores Social Hour (P)</li> <li>6:00 Adventure Movie (LT)</li> </ul> | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 In-Tune Fitness: Walking Club (LT)</li> <li>2:00 Happy Hour with Joe MacFarlane (LT)</li> <li>7:00 Game Show (B)</li> </ul>                                                                                                                   | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 Shopping at Walmart (L)</li> <li>11:00 Tai Chi with Leda (LT)</li> <li>1:30 Cranium Crunches (Senior Trivia) (LT)</li> <li>3:30 Afternoon Social Hour (B)</li> <li>7:00 Game Show (B)</li> </ul>                                                                                     | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 Zumba with Lesley (LT)</li> <li>1:30 Family Feud Game (LT)</li> <li>3:30 Afternoon Social Hour (B)</li> <li>7:00 Game Show (B)</li> </ul>                                                                        | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 In-Tune Fitness Yoga with Claudia (LT)</li> <li>2:00 Bingo (LT)</li> <li>3:30 Karaoke Happy Hour (B)</li> </ul>                                     | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>1:30 Board Games and Cards (B)</li> <li>3:00 Real Life Church (LT)</li> <li>6:30 Movie: Comedy Movie (LT)</li> </ul>                                                                                  |
| <ul style="list-style-type: none"> <li>10:30 Catholic Communion (RL4)</li> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 In-Tune Fitness: Stretch Band Exercise with Ashley (LT)</li> <li>2:00 Heritage Baptist Church (LT)</li> <li>3:00 Musical Matinee (LT)</li> <li>6:30 Evening Movie (LT)</li> </ul>               | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 In-Tune Fitness Balance and Strength with Laura (LT)</li> <li>3:30 Afternoon Social Hour (B)</li> <li>6:00 Adventure Movie (LT)</li> </ul>                                                      | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 In-Tune Fitness: Strength Training with Crystal (LT)</li> <li>1:30 Presentation on AI (LT)</li> <li>3:00 Bingo (LT)</li> <li>4:00 Ron Howard Performance (LT)</li> <li>7:00 Game Show (B)</li> </ul>                                          | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 Shopping at Safeway (L)</li> <li>11:00 Tai Chi with Leda (LT)</li> <li>1:30 100 Forgotten things from 1970's America (LT)</li> <li>2:30 Catholic Mass with Father John (RL4)</li> <li>3:30 Afternoon Social Hour (B)</li> <li>7:00 Game Show (B)</li> </ul>                          | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 Zumba Gold with Lesley (LT)</li> <li>1:30 Family Feud Game (LT)</li> <li>3:30 Afternoon Social Hour (B)</li> <li>7:00 Game Show (B)</li> </ul>                                                                   | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 In-Tune Fitness Yoga with Claudia (LT)</li> <li>2:00 Bingo (LT)</li> <li>3:30 Karaoke Happy Hour (B)</li> </ul>                                     | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>1:30 Board Games and Cards (B)</li> <li>3:00 Worship with Christ Embassy Church (LT)</li> <li>6:30 Movie: Comedy Movie (LT)</li> </ul>                                                                |
| <ul style="list-style-type: none"> <li>10:30 Catholic Communion (RL4)</li> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 In-Tune Fitness: IN2L Spiro Fitness (LT)</li> <li>2:00 Crossword Puzzles (LT)</li> <li>3:00 Musical Matinee (LT)</li> <li>6:30 Evening Movie (LT)</li> </ul>                                    | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 In-Tune Fitness Walking Club (LT)</li> <li>3:00 Wellness Talk (LT)</li> <li>4:00 Randy McHugh Performance (LT)</li> <li>6:00 Evening Crafts with Jules (AS)</li> </ul>                          | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 In-Tune Fitness: IN2L Spiro Fitness (LT)</li> <li>1:00 Bingo (LT)</li> <li>2:00 Community Nail Spa Day (AR)</li> <li>7:00 Game Show (B)</li> </ul>                                                                                            | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 Tai Chi with Leda (LT)</li> <li>11:30 Lunch Outing to Red Robin (L)</li> <li>2:00 Trivia Crush - Do You Remember the 70's? (LT)</li> <li>3:30 Afternoon Social Hour (B)</li> <li>7:00 Game Show (B)</li> </ul>                                                                       | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 Pound with Lesley (LT)</li> <li>1:00 Book Club Circle (PL4)</li> <li>1:30 Family Feud Game (LT)</li> <li>3:30 Afternoon Social Hour (B)</li> <li>7:00 Game Show (B)</li> </ul>                                   | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 In-Tune Fitness Yoga with Claudia (LT)</li> <li>2:00 Bingo (LT)</li> <li>2:00 Men's Social Hour (P)</li> <li>3:30 Karaoke Happy Hour (B)</li> </ul> | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>1:30 Baking Club (AR)</li> <li>3:00 Board Games and Cards (B)</li> <li>6:30 Movie: Comedy Movie (LT)</li> </ul>                                                                                       |
| <ul style="list-style-type: none"> <li>10:30 Catholic Communion (RL4)</li> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 In-Tune Fitness: IN2L Spiro Fitness (LT)</li> <li>2:00 Heritage Baptist Church (LT)</li> <li>3:00 Musical Matinee (LT)</li> <li>6:30 Evening Movie (LT)</li> </ul>                              | <ul style="list-style-type: none"> <li>10:30 Chronicles &amp; Discussions (LT)</li> <li>10:45 Brain Fitness: Wordle Word Guessing Game (LT)</li> <li>11:00 In-Tune Fitness: Walking Club (L)</li> <li>1:30 Remembering Commercials of the 70's (LT)</li> <li>3:30 Afternoon Social Hour (B)</li> <li>6:00 Adventure Movie (LT)</li> </ul>                  |                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                       |

Happy Birthday!

Carolee G. - 8th  
 Elizabeth B. - 8th  
 Tamara B. - 8th  
 Richard F. - 12th  
 Stephen C. - 14th  
 Joseph "Joe" L. - 17th  
 Mardella L. - 29th  
 Trina M. - 31st

Location Key

T = Lincoln Theater  
 AR = Activity Room  
 AS = Art Studio  
 B = Bistro  
 L = Lobby  
 P = Patio  
 LR = Library  
 PL4 = Presidents Lounge  
 RL4 = Rippon Lounge  
 DR = Dining Room

Activities are subject to Changed

Activity Type Key

● Active  
 ● Cognitive  
 ● Community  
 ● Dimensional  
 ● Environmental  
 ● Expressive  
 ● Nourishing