

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Memory Care Activity calendar is subject to change				10:00 Daily Chronicles and Discussions 10:30 Zumba Gold with Lesly 2:00 Tranquil Nail Polishing 2:30 Hydration & Reminiscing 6:00 Thursday Night True Romance Movie	10:00 Daily Chronicles and Discussions 10:30 Yoga with Claudia 2:00 Friday Movie Matinee & Popcorn 2:30 Hydration & Reminiscing 6:00 Friday Night FAVES Classic Movie	10:00 Daily Chronicles and Discussions 10:30 In-Tune Fitness Chair Aerobics 1:00 Music Club (Oldies) Name That Tune 2:00 Bowling Bonanza 2:00 Darryl Nicholas Performs 2:30 Hydration & Reminiscing 3:00 Musical Ball Toss 3:00 Sing Along With Yo-Yo
10:00 Daily Chronicles and Discussions 10:30 In-Tune Fitness Chair Aerobics 1:45 Move Church Visits 2:30 Hydration & Reminiscing 3:00 Hand Massage & Nail Care	10:00 Daily Chronicles and Discussions 11:00 In-Tune Fitness with Bayada 1:30 Wheels & Whispers with Guitarist LALO 2:30 BAKING w/Lourdes 2:30 Hydration & Reminiscing 3:00 Storytelling w/Sandy McG. 6:00 Mystery Monday Night Movie	10:00 Daily Chronicles and Discussions 10:30 In-Tune Fitness: Strength training with Crystal 2:30 Hydration & Reminiscing 6:00 Tuesday Night Thriller Movie	10:00 Daily Chronicles and Discussions 11:00 In-Tune Fitness Tai Chi with Leda 2:00 Floral Arranging 2:30 Hydration & Reminiscing 3:00 Craft Class 6:00 Wednesday Night Western Movie	10:00 Daily Chronicles and Discussions 2:00 Tranquil Nail Polishing 2:30 Documentary "Martin Luther King Jr." 6:00 Thursday Night True Romance Movie	10:00 Daily Chronicles and Discussions 10:30 Yoga with Claudia 2:00 Friday Movie Matinee & Popcorn 2:30 Hydration & Reminiscing 6:00 Friday Night FAVES Classic Movie	10:00 Daily Chronicles and Discussions 10:30 In-Tune Fitness Chair Aerobics 1:00 Music Club (Oldies) Name That Tune 2:00 Bowling Bonanza 2:30 Hydration & Reminiscing 3:00 Hand Massage & Nail Care
10:00 Daily Chronicles and Discussions 10:30 In-Tune Fitness Chair Aerobics 11:00 Charlie Lopez Performs 2:00 Heritage Baptist Church 2:30 Hydration & Reminiscing 3:00 Hand Massages & Nail Care	10:00 Daily Chronicles and Discussions 11:00 In-Tune Fitness Balance and Strength 1:30 Wheels & Whispers with Guitarist LALO 2:30 Hydration & Reminiscing 3:00 Storytelling w/Sandy McG. 6:00 Mystery Monday Night Movie	10:00 Daily Chronicles and Discussions 10:30 In-Tune Fitness: Strength training with Crystal 2:30 Hydration & Reminiscing 6:00 Tuesday Night Thriller Movie	10:00 Daily Chronicles and Discussions 11:00 In-Tune Fitness Tai Chi with Leda 2:00 Floral Arranging 2:30 Hydration & Reminiscing 3:00 Craft Class 6:00 Wednesday Night Western Movie	10:00 Daily Chronicles and Discussions 10:30 Zumba Gold with Lesly 2:00 Tranquil Nail Polishing 2:30 '1900' Giacomo Puccini Documentary--OPERA 6:00 Thursday Night True Romance Movie	10:00 Daily Chronicles and Discussions 10:30 Yoga with Claudia 2:00 Friday Movie Matinee & Popcorn 2:30 Hydration & Reminiscing 6:00 Friday Night FAVES Classic Movie	10:00 Daily Chronicles and Discussions 10:30 In-Tune Fitness Chair Aerobics 1:00 Music Club (Oldies) Name That Tune 2:00 Bowling Bonanza 2:30 Hydration & Reminiscing 3:00 Hand Massage & Nail Care 3:00 Sing Along with Yo-Yo
10:00 Daily Chronicles and Discussions 10:30 In-Tune Fitness Chair Aerobics 1:45 Move Church Visits 2:30 Hydration & Reminiscing 3:00 Hand Massage & Nail Care	10:00 Daily Chronicles and Discussions 11:00 In-Tune Fitness with Bayada 1:30 Wheels & Whispers with Guitarist LALO 2:30 BAKING w/Lourdes 2:30 Hydration & Reminiscing 3:00 Storytelling w/Sandy McG. 6:00 Mystery Monday Night Movie	10:00 Daily Chronicles and Discussions 10:30 In-Tune Fitness: Strength training with Crystal 2:00 Ron Howard Performs 2:30 Hydration & Reminiscing 6:00 Tuesday Night Thriller Movie	10:00 Daily Chronicles and Discussions 11:00 In-Tune Fitness Tai Chi with Leda 2:00 Floral Arranging 2:30 Hydration & Reminiscing 3:00 Craft Class 6:00 Wednesday Night Western Movie	10:00 Daily Chronicles and Discussions 2:00 Tranquil Nail Polishing 2:30 Hydration & Reminiscing 6:00 Thursday Night True Romance Movie	10:00 Daily Chronicles and Discussions 10:30 Yoga with Claudia 2:00 Friday Movie Matinee & Popcorn 2:30 Hydration & Reminiscing 6:00 Friday Night FAVES Classic Movie	10:00 Daily Chronicles and Discussions 10:30 In-Tune Fitness Chair Aerobics 1:00 Music Club (Oldies) Name That Tune 2:00 Bowling Bonanza 2:30 Hydration & Reminiscing 3:00 Hand Massage & Nail Care
10:00 Daily Chronicles and Discussions 10:30 In-Tune Fitness Chair Aerobics 2:00 Name that Tune (Oldies) 2:30 Hydration & Reminiscing 3:00 Hand Massage & Nail Care	10:00 Daily Chronicles and Discussions 11:00 In-tune Fitness Balance and Strength 1:00 In-Tune Fitness with Bayada 1:30 Wheels & Whispers with Guitarist LALO 2:30 BAKING w/Lourdes 3:00 Storytelling w/Sandy McG. 6:00 Mystery Monday Night Movie	10:00 Daily Chronicles and Discussions 10:30 In-Tune Fitness: Strength training with Crystal 2:30 Hydration & Reminiscing 6:00 Tuesday Night Thriller Movie	10:00 Daily Chronicles and Discussions 11:00 In-Tune Fitness Tai Chi with Leda 2:00 Floral Arranging 2:30 Hydration & Reminiscing 3:00 Craft Class 6:00 Wednesday Night Western Movie	10:00 Daily Chronicles and Discussions 10:30 Zumba Gold with Lesly 2:00 Tranquil Nail Polishing 2:30 Hydration & Reminiscing 6:00 Thursday Night True Romance Movie	10:00 Daily Chronicles and Discussions 10:30 Yoga with Claudia 2:00 Friday Movie Matinee & Popcorn 2:30 Hydration & Reminiscing 3:00 Birthday Social 6:00 Friday Night FAVES Classic Movie	10:00 Daily Chronicles and Discussions 10:30 In-Tune Fitness Chair Aerobics 1:00 Music Club (Oldies) Name That Tune 2:00 Bowling Bonanza 2:30 Hydration & Reminiscing 3:00 Hand Massage & Nail Care

Happy Birthday!

Paul M. – 8th
Cynthia "Cindy" S. – 13th
Ruth "Cleo" S. – 23rd
Josephine "Josie" B. – 24th

Location Key

RAS = Revere Art Studio
RBR = Revere Beach Room
RB = Revere Balcony
RDR = Revere Dining Room
RGR = Revere Game Room
RH = Revere Hallways

Activity Type Key

Emotional/Fun

Intellectual

Physical

Purposeful

Spiritual

