

Happy Birthday!



Joan G. – 1st
Barbara J N. – 10th
Loyce M. – 11th
Marian T. – 12th
Hazel Ruth R. – 15th
Mary L.S. – 15th
Ceasar J. – 18th
Wilfred V. – 21st
John "John" C. – 25th
Irions P. – 28th

Location Key

CM = Cinema
FC = Foxhill Cafe
HT = Huntington Terrace
CFCS = Chapel Forge Creative Studio
ILR = Idlewood Living Room
MAS = Meadowbrook Art Studio
L = Lobby
HHDR = Harmel House Dining Room
BT = Belair Terrace
BR = Butler Library
TGAR = Tulip Grove Activity Room
ODR = Overbrook Dining Room
WLR = Whitehill Living Room

Activity Type Key

- Active
- Cognitive
- Community
- Dimensional
- Environmental
- Expressive

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

● **10:30am** Morning Stretch (CM) **1**
● **11:00am** Bible Study with Fordham Family (CM)
● **1:00pm** Game Time (On TV) (FC)
● **2:00pm** Prayer Service with Sacred Heart Catholic Church (CM)
● **6:00pm** Sunday Movie Night (CM)

● **10:15am** Chair Cardio (CM) **2**
● **10:30am** Scenic Drive (AL)
● **10:30am** Stay Sharp with Dana (CFCS)
● **3:00pm** Manicure Monday (CFCS)
● **3:30pm** Puzzle Mania (Independent activities of choice at any time) (FC)
● **6:00pm** TV Serie: Emily In Paris (CM)

● **10:30am** Chair Yoga with Jayci (CM) **3**
● **11:00am** Family Feud Showdown (CM)
● **1:30pm** Choir Rehearsal (CM)
● **2:30pm** Prize Bingo (FC)
● **6:00pm** "Through the Decades with Atlas: Movie Night from 1900 to 1910" (CM)

● **10:15am** Chair Cardio (CM) **4**
● **11:15am** Through The Decades with Atlas (1910-1920 Article Reading) (CM)
● **1:30pm** Balloon Fitness with Charlene (CM)
● **2:30pm** Aria Art: Adult Coloring /Painting Club (CFCS)
● **3:00pm** Lifestyle Committee (CM)
● **6:00pm** Games Show (CM)

● **10:15am** Senior Group Fitness (CM) **5**
● **11:00am** Family Feud Showdown (CM)
● **1:30pm** Word in a Word (FC)
● **2:00pm** Live Performance with Chyp (FC)
● **3:30pm** Classic Card Games Social (FC)
● **6:00pm** Evening News (CM)

● **10:30am** Chair Zumba (CM) **6**
● **11:00am** Comedy: America's Got Talent (O)
● **1:30pm** Winter Trivia (FC)
● **2:00pm** Happy Hour with Suzette (FC)
● **3:30pm** Puzzle Mania (Independent activities of choice at any time) (CFCS)
● **6:00pm** Comedy Show (CM)

● **10:30am** Chair Cardio **7**
● **11:00am** Family Feud Showdown (FC)
● **12:30pm** Church Service with Pastor Smith (CM)
● **2:30pm** Movie Matinee (CM)
● **6:00pm** Live Gospel Concert (CM)

● **10:30am** Morning Stretch (CM) **8**
● **11:00am** Bible Study with Fordham Family (CM)
● **1:00pm** Game Time (On TV) (FC)
● **2:00pm** Prayer Service with Sacred Heart Catholic Church (CM)
● **6:00pm** Sunday Movie Night (CM)

● **10:30am** Chair Cardio (CM) **9**
● **11:00am** Comedy: America's Got Talent
● **1:30pm** Word in a Word (ILR)
● **3:00pm** Manicure Monday (CFCS)
● **3:30pm** Puzzle Mania (Independent activities of choice at any time) (FC)
● **6:00pm** TV Serie: Emily In Paris (CM)

● **10:30am** Fitness Tuesday (CM) **10**
● **11:00am** Family Feud Showdown (CM)
● **1:30pm** Choir Rehearsal (CM)
● **2:00pm** Daily Chronicles Discussion with Roodie (ILR)
● **2:30pm** Prize Bingo (FC)
● **6:00pm** "Through the Decades with Atlas: Movie Night from 1910 to 1920" (CM)

● **10:15am** Chair Cardio (CM) **11**
● **11:15am** Through The Decades with Atlas (1910-1920 Article Reading) (CM)
● **2:30pm** Aria Art: Adult Coloring /Painting Club (CFCS)
● **3:00pm** Dining Committee (CM)
● **6:00pm** Games Show (CM)

● **10:30am** Chair Cardio **12**
● **11:00am** Floral Arranging (FC)
● **11:00am** Lizzie Pet Visit
● **1:30pm** Word in a Word (FC)
● **2:30pm** Prize Bingo (FC)
● **3:30pm** Classic Card Games Social (FC)
● **6:00pm** Evening News (CM)

● **10:00am** Trip to DollarTree (O) **13**
● **10:30am** Chair Zumba (CM)
● **1:30pm** Winter Trivia (FC)
● **2:00pm** Valentine's Day Happy Hour Celebration! (FC)
● **3:30pm** Puzzle Mania (Independent activities of choice at any time) (CFCS)
● **6:00pm** Comedy Show (CM)

● **AD HAPPY VALENTINE'S DAY !** **14**
● **10:30am** Chair Cardio
● **11:00am** Family Feud Showdown (FC)
● **1:30pm** Comedy: America's Got Talent (CFCS)
● **2:00pm** Valentine's Day Movies (CM)
● **6:00pm** Live Gospel Concert (CM)

● **10:30am** Morning Stretch (CM) **15**
● **11:00am** Bible Study with Fordham Family (CM)
● **1:00pm** Game Time (On TV) (FC)
● **2:00pm** Prayer Service with Sacred Heart Catholic Church (CM)
● **6:00pm** Sunday Movie Night (CM)

● **10:00am** Oliver Pet Visit (L) **16**
● **10:15am** Chair Cardio (CM)
● **10:45am** Luncheon to RED LOBSTER (AL) (LU)
● **3:00pm** Manicure Monday (CFCS)
● **3:30pm** Puzzle Mania (Independent activities of choice at any time) (FC)
● **6:00pm** TV Serie: Emily In Paris (CM)

● **10:30am** Fitness Tuesday (CM) **17**
● **11:00am** Family Feud Showdown (CM)
● **1:30pm** Choir Rehearsal (CM)
● **2:00pm** Daily Chronicles Discussion with Roodie (ILR)
● **2:30pm** Prize Bingo (FC)
● **6:00pm** "Through the Decades with Atlas: Movie Night from 1910 to 1920" (CM)

● **10:15am** Chair Cardio (CM) **18**
● **11:15am** Through The Decades with Atlas (1910-1920 Article Reading) (CM)
● **1:30pm** Balloon Fitness with Charlene (CM)
● **2:30pm** Aria Art: Adult Coloring /Painting Club (CFCS)
● **6:00pm** Games Show (CM)

● **10:15am** Senior Group Fitness (CM) **19**
● **11:00am** Family Feud Showdown (CM)
● **11:30am** Candlelight Couples Lunch (FC)
● **2:30pm** Prize Bingo (FC)
● **3:30pm** Classic Card Games Social (FC)
● **6:00pm** Evening News (CM)

● **10:00am** Trip to Walmart (AL) (O) **20**
● **10:30am** Chair Zumba (CM)
● **1:30pm** Winter Trivia (FC)
● **2:00pm** Happy Hour with Dj Smooth
● **3:30pm** Puzzle Mania (Independent activities of choice at any time) (CFCS)
● **6:00pm** Comedy Show (CM)

● **10:00am** Hear the Word Bible Church (CM) **21**
● **11:00am** Family Feud Showdown (FC)
● **1:30pm** Comedy: America's Got Talent (CFCS)
● **2:30pm** Movie Matinee (CM)
● **6:00pm** Live Gospel Concert (CM)

● **10:30am** Morning Stretch (CM) **22**
● **11:00am** Bible Study with Fordham Family (CM)
● **1:00pm** Game Time (On TV) (FC)
● **2:00pm** Prayer Service with Sacred Heart Catholic Church (CM)
● **6:00pm** Sunday Movie Night (CM)

● **10:30am** Chair Cardio (CM) **23**
● **11:00am** Comedy: America's Got Talent (CM)
● **12:15pm** Trip to Maryland Live Casino (O)
● **3:00pm** Manicure Monday (CFCS)
● **3:30pm** Puzzle Mania (Independent activities of choice at any time) (FC)
● **6:00pm** TV Serie: Emily In Paris (CM)

● **10:30am** Fitness Tuesday (CM) **24**
● **11:00am** Family Feud Showdown (CM)
● **1:30pm** Choir Rehearsal (CM)
● **2:00pm** Daily Chronicles Discussion with Roodie (ILR)
● **2:30pm** Prize Bingo (FC)
● **6:00pm** "Through the Decades with Atlas: Movie Night from 1910 to 1920" (CM)

● **10:00am** Oliver Pet Visit **25**
● **10:15am** Chair Cardio (CM)
● **11:15am** Through The Decades with Atlas (1910-1920 Article Reading) (CM)
● **2:30pm** Aria Art: Adult Coloring /Painting Club (CFCS)
● **3:30pm** Resident Council (CM)
● **6:00pm** Games Show (CM)

● **10:30am** Chair Cardio **26**
● **11:00am** Floral Arranging (FC)
● **11:00am** Lizzie Pet Visit
● **1:30pm** Word in a Word (FC)
● **2:00pm** DJ Bingo With Ladies Smooth (FC)
● **3:30pm** Classic Card Games Social (FC)
● **6:00pm** Evening News (CM)

● **10:30am** Chair Zumba (CM) **27**
● **10:30am** Men's Group Drive (AL) (O)
● **1:30pm** Winter Trivia (FC)
● **2:00pm** Happy Hour Birthday Celebration with Yvonne (FC)
● **3:30pm** Puzzle Mania (Independent activities of choice at any time) (CFCS)
● **6:00pm** Comedy Show (CM)

● **10:30am** Chair Cardio **28**
● **11:00am** Family Feud Showdown (FC)
● **1:30pm** Comedy: America's Got Talent (CFCS)
● **2:30pm** Movie Matinee (CM)
● **6:00pm** Live Gospel Concert (CM)