

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10 AM Balance Exercise 11 AM Brain Games 11:30 AM Musical Instruments 2 PM Gameshow Fun! 2:30 PM Drum Circle with Eric 3 PM Hand Massages 3:30 PM Afternoon Refreshments 4 PM Virtual Travel 6 PM Movie	2 10 AM Weightlifting 11 AM Brain Buzzers 11:30 AM Virtual Travel 1980s 2 PM 1980's Baking 3 PM Helpful Hands 3:30 PM Afternoon Refreshments 4 PM 1980's Name that Tune 4 PM Scenic Drive 6 PM Movie	3 10 AM Brain Games 11 AM Zumba 2 PM Echoes of Nature 3 PM Arts & Crafts 4 PM Afternoon Refreshments 4:30 PM Musical Sing Along 6 PM Movie	4 10 AM Core Stability / Hydration 11 AM Word Mining 11:30 AM Musical Sing Along 2 PM Volleyball 2:30 PM Afternoon Outing 3:30 PM Afternoon Refreshments 4 PM Bingo 6 PM Movie	5 10 AM Postural Training/Hydration 11 AM Brain Games 11:30 AM Morning Sing Along 2 PM Arts & Crafts 3 PM Helpful Hands 3:30 PM Afternoon Refreshments 4 PM Garden Club 6 PM Movie
6 10 AM Exercise/Hydration 11 AM Virtual Sunday Service 11:30 AM Readers Theatre 1:30 PM Afternoon Exercise/ Hydration 2 PM Afternoon Exercise/ Hydration 2:30 PM Arts & Crafts 3:30 PM Afternoon Refreshments 4 PM Brain Games 4:30 PM Sunday Sing Along 6 PM Movie	7 10 AM Lower Body Exercise 11 AM Morning Outing 11 AM Monday Matinee 2 PM Afternoon Exercise 2:30 PM Tabletop Games 3:30 PM Afternoon Refreshments 4 PM Brain Games 6 PM Movie	8 10 AM Balance Exercise 11 AM Brain Games 11:30 AM Musical Instruments 2 PM Gameshow Fun! 2:30 PM Drum Circle with Eric 3 PM Hand Massages 3:30 PM Afternoon Refreshments 4 PM Virtual Travel 6 PM Movie	9 10 AM Weightlifting 11 AM Brain Buzzers 11:30 AM Virtual Travel 1980s 2 PM 1980's Baking 3 PM Helpful Hands 3:30 PM Afternoon Refreshments 4 PM 1980's Name that Tune 4 PM Scenic Drive 6 PM Movie	10 10 AM Exercise 11 AM Brain Games 2 PM Arts & Crafts 3 PM Helpful Hands 3:30 PM Afternoon Refreshments 4 PM The Price is Right 4:30 PM Musical Sing Along 6 PM Movie	11 10 AM Core Stability / Hydration 11 AM Word Mining 11:30 AM Musical Sing Along 2 PM Volleyball 2:30 PM Afternoon Outing 3:30 PM Afternoon Refreshments 4 PM Bingo 4 PM Reminiscing 6 PM Movie	12 10 AM Postural Training/Hydration 11 AM Brain Games 11:30 AM Morning Sing Along 1:30 PM Music with Empty Ecstasy 2 PM Arts & Crafts 3 PM Helpful Hands 3:30 PM Afternoon Refreshments 4 PM Garden Club 6 PM Movie
13 9 AM Happy Assisted Living Week! 10 AM Exercise/Hydration 11 AM Virtual Sunday Service 11:30 AM Readers Theatre 2 PM Afternoon Exercise/ Hydration 2:30 PM Arts & Crafts 3:30 PM Grandparents Day Party 6 PM Movie	14 10 AM Lower Body Exercise 11 AM Morning Outing 11 AM Monday Matinee 2 PM Afternoon Fitness / Hydration 2:30 PM Tabletop Games 3:30 PM Shine Like a Star Social 6 PM Movie	15 10 AM Balance Exercise 11 AM Brain Games 11:30 AM Musical Instruments 2 PM Gameshow Fun! 2:30 PM Drum Circle with Eric 3 PM Talent Show! 6 PM Movie	16 10 AM Weightlifting 11 AM Brain Buzzers 11:30 AM Virtual Travel 1980s 2 PM 1980's Baking 3 PM Resident/ Staff Games 6 PM Movie	17 10 AM Brain Games 11 AM Zumba 2 PM Arts & Crafts 3 PM Gameshow Fun! 3:30 PM Decades DJ & Sundaes 6 PM Movie	18 10 AM Core Stability / Hydration 11 AM Word Mining 11:30 AM Musical Sing Along 2 PM Volleyball 2:30 PM Afternoon Outing 3:30 PM 80's Bash Awards Ceremony 6 PM Movie	19 10 AM Postural Training/Hydration 11 AM Music with Bob Clark 2 PM Arts & Crafts 3 PM Helpful Hands 3:30 PM Decades Carnival 6 PM Movie
20 10 AM Exercise/Hydration 10:30 AM Sunday Service Virtual 11 AM Music with Bob Clark 2 PM Afternoon Exercise/ Hydration 2:30 PM Arts & Crafts 3:30 PM Afternoon Refreshments 4 PM Brain Games 4:30 PM Sunday Sing Along 6 PM Movie	21 10 AM Lower Body Exercise 11 AM Morning Outing 11 AM Monday Matinee 2 PM Afternoon Fitness / Hydration 2:30 PM Music with Laura 3:30 PM National Alz Day Social 6 PM Movie	22 10 AM Balance Exercise 11 AM Brain Games 11:30 AM Musical Instruments 2 PM Gameshow Fun! 2:30 PM Drum Circle with Eric 3 PM Hand Massages 3:30 PM Afternoon Refreshments 4 PM Virtual Travel 6 PM Movie	23 10 AM Weightlifting 11 AM Brain Buzzers 11:30 AM Virtual Travel 1980s 2 PM 1980's Baking 3 PM Helpful Hands 3:30 PM Afternoon Refreshments 4 PM Scenic Drive 4 PM 1980's Name that Tune 6 PM Movie	24 10 AM Exercise 11 AM Brain Games 2 PM Arts & Crafts 3 PM Helpful Hands 3:30 PM Afternoon Refreshments 4 PM Gameshow Fun! 4:30 PM Musical Sing Along 6 PM Movie	25 9:30 AM Music with Meghan 10 AM Core Stability / Hydration 11 AM Word Mining 11:30 AM Musical Sing Along 2 PM Volleyball 2:30 PM Afternoon Outing 3:30 PM Afternoon Refreshments 4 PM Bingo 6 PM Movie	26 10 AM Postural Training/Hydration 11 AM Brain Games 11:30 AM Morning Sing Along 2 PM Music with Vince 3 PM Helpful Hands 3:30 PM Afternoon Refreshments 4 PM Garden Club 6 PM Movie
27 10 AM Exercise/Hydration 11 AM Virtual Sunday Service 11:30 AM Readers Theatre 2 PM Afternoon Exercise/ Hydration 2:30 PM Arts & Crafts 3:30 PM Afternoon Refreshments 4 PM Brain Games 4:30 PM Sunday Sing Along 6 PM Movie	28 10 AM Lower Body Exercise 11 AM Morning Outing 11 AM Monday Matinee 2 PM Afternoon Fitness / Hydration 2:30 PM Tabletop Games 3:30 PM Afternoon Refreshments 4 PM Brain Games 6 PM Movie	29 10 AM Balance Exercise 11 AM Brain Games 11:30 AM Musical Instruments 2 PM Gameshow Fun! 2:30 PM Drum Circle with Eric 3:30 PM Afternoon Refreshments 4 PM Virtual Travel 6 PM Movie	30 10 AM Weightlifting 11 AM Brain Buzzers 11:30 AM Virtual Travel 1970s 2 PM 1980's Baking 3 PM Helpful Hands 3:30 PM Afternoon Refreshments 4 PM 1980's Name that Tune 4 PM Scenic Drive 6 PM Movie			