

OCTOBER 2026



Activities are subject to change!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9 AM Daily Delight/ Devotional, 1st Floor Bistro 9:30 AM Bradford Exercise Class, 1st Floor Lounge 10 AM 90s Pop Trivia, Theatre 10 AM St. Monica's Catholic, Tv/Movie Room 1 PM Riddle Hour, Activity Room 2 PM Creative Corner, Overlook at Suwanee-Asset 3 PM Chair Yoga, Activity Room 5 PM Relax & Unwind: Movies, Theatre	2 9 AM Daily Delight/ Devotional, 1st Floor Bistro 10 AM Seated "Tennis" Rally, Activity Room 10:30 AM America's Got Talent Kids, Theatre 1:30 PM Chair Travel, Theatre 3 PM Comedy Hour, Activity Room 5 PM Relax & Unwind: Movies, Theatre	3 9 AM Daily Delight/ Devotional, 1st Floor Bistro 10 AM Bingo!, Dining Room 10:30 AM Rolling in the Years, Activity Room 1 PM National Geographic , Theatre 2:30 PM Social Circle, Dining Room Area 5 PM Relax & Unwind: Movies, Theatre
4 9 AM Daily Delight/ Devotional, 1st Floor Bistro 10 AM Let's get our nails done!, Activity Room 1 PM Social Circle, Activity Room 2:30 PM Clap Along Music Movement, Theatre 5 PM Relax & Unwind: Movies, Theatre	5 9 AM Daily Delight/ Devotional, 1st Floor Bistro 9:30 AM Senior Fit Class, Theatre 10 AM American Idol Kids, Theatre 1:30 PM Bingooo, 3rd Floor Media Room 3:30 PM Mini Massage Mondays, Activity Room 5 PM Relax & Unwind: Movies, Theatre	6 9 AM Daily Delight/ Devotional, 1st Floor Bistro 9:30 AM SeniorFit Exercise, Theatre 10 AM Fall Prevention Class, Activity Room 1 PM Book Club, Activity Room 2 PM Bingo!, Dining Room 2:30 PM Courtyard Social, Pool/Courtyard 2:30 PM Musical Memories Entertainment, Tv/Movie Room 5 PM Relax & Unwind: Movies, Theatre	7 9 AM Daily Delight/ Devotional, 1st Floor Bistro 10 AM Arts & Crafts w/ Lloyd, AL 1st floor activity/library room 1:15 PM Trivia, Dining Room Area 1:30 PM Happy Hour with Serenity, Activity Room 2:30 PM Wine Down Wednesday, Activity Room 5 PM Relax & Unwind: Movies, Theatre	8 9 AM Daily Delight/ Devotional, 1st Floor Bistro 9:30 AM Bradford Exercise Class, 1st Floor Lounge 10 AM St. Monica's Catholic, Tv/Movie Room 1 PM Trivia, Activity Room 2 PM Creative Corner, Overlook at Suwanee-Asset 3 PM Chair Yoga, Activity Room 5 PM Relax & Unwind: Movies, Theatre	9 9 AM Daily Delight/ Devotional, 1st Floor Bistro 10 AM Colorful Parachute, Activity Room 10:30 AM America's Got Talent Kids, Theatre 1:30 PM Balloon Rally, Activity Room 3 PM Patio Social, Overlook Patio 5 PM Relax & Unwind: Movies, Theatre	10 9 AM Daily Delight/ Devotional, 1st Floor Bistro 10:30 AM Rolling in the Years, Activity Room 1 PM "This or That" Talk, Activity Room 2:30 PM Social Circle, Dining Room Area 5 PM Relax & Unwind: Movies, Theatre
11 9 AM Daily Delight/ Devotional, 1st Floor Bistro 10 AM Let's get our nails done!, Activity Room 1 PM Social Circle, Activity Room 2:30 PM Bubbles & Bubbly Social, Pool/Courtyard 5 PM Relax & Unwind: Movies, Theatre	12 9 AM Daily Delight/ Devotional, 1st Floor Bistro 9:30 AM Senior Fit Class, Theatre 10 AM American Idol Kids, Theatre 1 PM Monday Motivations, Activity Room 1:30 PM Bingooo, 3rd Floor Media Room 1:30 PM Scenic Ride, Outing 2:30 PM Name That Tune, Theatre 5 PM Relax & Unwind: Movies, Theatre	13 9 AM Daily Delight/ Devotional, 1st Floor Bistro 9:30 AM SeniorFit Exercise, Theatre 10 AM 90s Story Telling Circle, Theatre 10 AM Fall Prevention Class, Activity Room 12 PM Tiny Treaters - Halloween , Dining Room Area 2 PM Bingo!, Dining Room 3 PM Book Club, Pool/Courtyard 5 PM Relax & Unwind: Movies, Theatre	14 9 AM Daily Delight/ Devotional, 1st Floor Bistro 10 AM Arts and Crafts with Spirit, Activity Room 2 PM Ice Cream Social with Lloyd, 1st Floor Lounge 2:30 PM Wine Down Wednesday, Activity Room 5 PM Relax & Unwind: Movies, Theatre	15 9 AM Daily Delight/ Devotional, 1st Floor Bistro 9:30 AM Bradford Exercise Class, 1st Floor Lounge 10 AM St. Monica's Catholic, Tv/Movie Room 10 AM Fall into Leaves Activity, Activity Room 1 PM Riddle Hour, Activity Room 2 PM Creative Corner, Overlook at Suwanee-Asset 3 PM Chair Yoga, Activity Room 5 PM Relax & Unwind: Movies, Theatre	16 9 AM Daily Delight/ Devotional, 1st Floor Bistro 10 AM Seated "Tennis" Rally, Activity Room 10:30 AM America's Got Talent Kids, Theatre 1:30 PM Chair Travel, Theatre 3 PM Comedy Hour, Activity Room 5 PM Relax & Unwind: Movies, Theatre	17 9 AM Daily Delight/ Devotional, 1st Floor Bistro 10 AM Bingo!, Dining Room 10:30 AM Rolling in the Years, Activity Room 1 PM National Geographic , Theatre 2:30 PM Social Circle, Dining Room Area 5 PM Relax & Unwind: Movies, Theatre
18 9 AM Daily Delight/ Devotional, 1st Floor Bistro 10 AM Let's get our nails done!, Activity Room 1 PM Social Circle, Activity Room 2:30 PM Clap Along Music Movement, Theatre 5 PM Relax & Unwind: Movies, Theatre	19 9 AM Daily Delight/ Devotional, 1st Floor Bistro 9:30 AM Senior Fit Class, Theatre 10 AM American Idol Kids, Theatre 10:30 AM Lunch Outing, Outing 1:30 PM Bingooo, 3rd Floor Media Room 3:30 PM Mini Massage Mondays, Activity Room 5 PM Relax & Unwind: Movies, Theatre	20 9 AM Daily Delight/ Devotional, 1st Floor Bistro 9:30 AM SeniorFit Exercise, Theatre 10 AM Fall Prevention Class, Activity Room 1:30 PM Bingo with Tapestry Hospice, Dining Room 2:30 PM Courtyard Social, Pool/Courtyard 5 PM Relax & Unwind: Movies, Theatre	21 9 AM Daily Delight Read, 1st Floor Bistro 1:30 PM Pumpkin Patch Snacktivity!, Activity Room 2:30 PM Wine Down Wednesday, Activity Room 5 PM Relax & Unwind: Movies, Theatre	22 9:30 AM Bradford Exercise Class, 1st Floor Lounge 10 AM St. Monica's Catholic, Tv/Movie Room 10 AM Through the Decades 90s Trivia, Theatre 1 PM Trivia, Activity Room 2 PM Creative Corner, Overlook at Suwanee-Asset 3 PM Chair Yoga, Activity Room 5 PM Relax & Unwind: Movies, Theatre	23 10 AM Colorful Parachute, Activity Room 10:30 AM America's Got Talent Kids, Theatre 1:30 PM Balloon Rally, Activity Room 3 PM Patio Social, Overlook Patio 5 PM Relax & Unwind: Movies, Theatre	24 9 AM Daily Delight Read, 1st Floor Bistro 10:30 AM Rolling in the Years, Activity Room 1 PM "This or That" Talk, Activity Room 2:30 PM Social Circle, Dining Room Area 5 PM Relax & Unwind: Movies, Theatre
25 9 AM American Idol, Activity Room 10 AM Let's get our nails done!, Activity Room 1 PM Social Circle, Activity Room 2:30 PM Bubbles & Bubbly Social, Pool/Courtyard 5 PM Relax & Unwind: Movies, Theatre	26 9:30 AM Senior Fit Class, Theatre 10 AM Arts & Crafts-Spirit, Activity Room 1 PM Monday Motivations, Activity Room 1:30 PM Bingooo, 3rd Floor Media Room 1:30 PM Scenic Ride, Activity Room 2:30 PM Name That Tune, Theatre 5 PM Relax & Unwind: Movies, Theatre	27 9:30 AM SeniorFit Exercise, Theatre 10 AM Trunk or Treat Celebration, Outing 10 AM Fall Prevention Class, Activity Room 1 PM Book Club, Activity Room 2 PM Bingo!, Dining Room 3 PM Courtyard Walks, Pool/Courtyard 5 PM Relax & Unwind: Movies, Theatre	28 9 AM Daily Delight Read, 1st Floor Bistro 1 PM Social Circle, Dining Room 2:30 PM Wine Down Wednesday, Activity Room 5 PM Relax & Unwind: Movies, Theatre	29 9 AM Daily Delight Read, 1st Floor Bistro 10 AM St. Monica's Catholic, Tv/Movie Room 10 AM Through the Decades 80s, Theatre 1 PM Riddle Hour, Activity Room 2 PM Creative Corner, Overlook at Suwanee-Asset 3 PM Chair Yoga, Activity Room 5 PM Relax & Unwind: Movies, Theatre	30 10 AM Seated "Tennis" Rally, Activity Room 10:30 AM America's Got Talent Kids, Theatre 1:30 PM Chair Travel, Theatre 3 PM Comedy Hour, Activity Room 5 PM Relax & Unwind: Movies, Theatre	31 10 AM Bingo!, Dining Room 10:30 AM Rolling in the Years, Activity Room 1 PM National Geographic , Theatre 2:30 PM Social Circle, Dining Room Area 5 PM Relax & Unwind: Movies, Theatre