

The
OSCAR
AT VERAMENDI

THE OSCAR AT VERAMENDI'S MEMORY CARE GUIDE

We understand the emotional stress people experience who care for someone with Alzheimer's and other forms of memory impairment. As caregivers ourselves, we walk down this path together and share a common goal for our residents who suffer from memory loss to live a dignified, satisfying and productive life. Read through our whitepaper about how we enrich seniors' lives.

WHAT IS MEMORY CARE?

Every 67 seconds, someone in the United States is diagnosed with Alzheimer's Disease and with that diagnosis – or other forms of memory loss – comes uncertainty for the future. We place each resident's individual needs at the center of everything we do, offering a unique approach that our residents and their families not only appreciate, but also deserve. Dementia is not a disease but a group of symptoms that affect mental tasks like memory and reasoning. As dementia progresses, it can have a devastating impact on the ability to function independently. It is a major cause of disability for older people and places an emotional and financial burden on families and caregivers. Memory Care communities like ours significantly ease the pressure of this journey for families.

SIGNS TO LOOK FOR WHEN IT'S TIME FOR A LOVED ONE TO MOVE INTO A MEMORY CARE COMMUNITY

Does your loved one regularly display this behavior?

- Being confused, aggressive or repetitive
- Memory loss
- Sleeplessness
- Hygiene issues
- Delusions
- Extreme personality changes and sudden mood swings
- Wandering

Do you notice this behavior in their home?

- Unusual clutter or expired food
- Unpaid bills or unopened mail
- Unusual purchases or donations
- Lapses in outdoor maintenance
- Housekeeping and laundry lapses
- Problems with pet care
- Too many stairs to live comfortably or safely
- Comments of concern from neighbors

The OSCAR

AT VERAMENDI

If you are noticing these signs, consult with your doctor. The care your loved one needs may be more than what you can provide at home. The structure and social interaction at a memory care community makes a world of difference for a caregiver and your loved one who may be feeling irritated, stressed or overwhelmed.

WHY THE OSCAR?

Our memory care community offers secure living in an inviting and modern environment for those with any stage of dementia and/or Alzheimer's. For family members seeking to enhance the quality of life for their loved ones, our community offers superb care, emphasizing comfort, respect and dignity.

The Oscar at Veramendi's small, intimate neighborhoods allow us to put each person's exclusive needs at the center of everything we do. Families have the confidence and reassurance that their loved ones are receiving tailored attention and are encouraged to partner with our communities on activities and programming. Residents receive an individualized care plan designed to help them feel safe while adding meaningful experiences to each and every day. Diverse and engaging programming is offered during the day, evening and weekends.

Our community offers medication management and nutritious meals. This combination of specially trained dementia team members along with their dedication to improving all aspects of wellness allows Spring Park to enrich lives and create significant successes on every level. Our residents are given the individual freedom to enjoy life despite their diagnosis.

ABOUT SPIRIT

- **S**trength-focused
- **P**urpose-driven every day
- **I**dentify is celebrated
- **R**ediscovered the joy of the smallest successes
- **I**nvigorates each resident every day
- **T**ailors programming for each resident

SPIRIT is our signature memory care program. **SPIRIT** is brought to life by well-trained teams of caring, compassionate associates and managers with a culture of caring. All Wildcat Senior Living associates receive classroom education on the aging process. In addition to this training, associates serving residents in Independent Living, Assisted Living and Memory Care receive online training through the Alzheimer's Association as well as individual certification, recognizing knowledge of quality dementia care practices.

For more information on how we can help you through seminars, support groups and other resources, please ask one of our associates. We are here to help

352 Borchers Blvd New Braunfels, TX 78132 * (830) 212-4876

theoscaratveramendi.com