September Memory Care 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All activities are subject to change		**1** 9:15AM: Breath of Fresh Air 9:45AM: Sit & Be Fit 10:30AM: 12:15PM: 1:1 PROM Visits 1:30PM: Hand Massages 2:30PM: Karoke Afternoons 3:00PM: Meet the New Executive Director! (Theater Room) 4:00PM: Bingo	**2** 9:15AM: Sit & Be Fit 10:00AM: Devotional Hour With Rev. Marek 1:00PM: Movie & Manicures 2:30PM: Flower Arrangements 3:00PM: TTD 80's Mocktail Social	**3** 9:30AM: Sit & Be Fit! 10:15AM: TTD Totally Rad Crafts- Neon Art 11:30AM: Setting Tables 12:15PM: Mindful Thinking 2:00PM: Chair Yoga 3:30PM: Scenic Drive & Ice Cream	**4** 9:30AM: Fitness Friday! 12:15PM: 1:1 PROM Visits 2:15PM: Chair Yoga 3:00PM: Fall Craft with Allison 4:00PM: TGIF Ice Cream Social	**5** 8:30AM: Exercise 10:30AM: Coloring Time 1:15PM: Ballon Volleyball 3:30PM: Bingo
6 9:15AM: Coffee Chats 10:45AM: Devotional 2:30PM: Sit & Be Fit 3:30PM: Bingo	**7** Labor Day 9:30AM: Monday Memories 10:30AM: Monday Crossword 1:30PM: Word Search 2:00PM: TTD Singing to the 70s 3:30PM: Puzzles	**8** 9:15AM: Breath of Fresh Air 9:45AM: Sit & Be Fit 10:30AM: 12:15PM: 1:1 PROM Visits 1:30PM: Hand Massages 2:30PM: Tea & Treats 3:30PM: Color Match Game! 4:00PM: Bingo	**9** 9:15AM: Sit & Be Fit 10:00AM: Devotional Hour With Rev. Marek 1:00PM: Movie & Manicures with Elizabeth 2:30PM: TTD Folding Club 3:00PM: TTD 80's Mocktail Social	**10** 9:30AM: Sit & Be Fit! 10:15AM: TTD Totally Rad Crafts- Puff Paint Art 11:30AM: Setting Tables 12:15PM: Mindful Thinking 2:00PM: Chair Yoga 3:30PM: Scenic Drive & Ice Cream	**11** 9:30AM: Fitness Friday! 10:30AM: Flour Power Friday- Dirt Cups 12:15PM: 1:1 PROM Visits 2:00PM: Chair Yoga 3:30PM: Painting 4:00PM: TGIF Ice Cream Social	**12** 8:30AM: Exercise 10:00AM: Caregiver to Care Partner Workshop (TR) 10:30AM:Coloring Time 1:15PM: Ballon Volleyball 3:30PM: Bingo
13 9:15AM: Coffee Chats 10:45AM: Devotional 2:00PM: Sit & Be Fit 4:00PM: Bingo	**14** 9:30AM: Monday Memories 10:30AM: Monday Mobility 1:30PM: Word Search 2:00PM:Music Time 3:30PM: Arts & Crafts 4:00PM: Bingo	**15** 9:15AM: Breath of Fresh Air 10:30AM: Memory Match Game! 11:00AM: SoulShine Rhythm Drumming 12:15PM: 1:1 PROM Visits 1:30PM: Hand Massages 2:30PM: TTD 80s Name That Tune 4:00PM: Bingo	**16** 9:15AM: Sit & Be Fit 10:00AM: Devotional Hour With Rev. Marek 1:00PM: Movie & Manicures 2:30PM: Flower Arrangements 3:00PM: TTD 80's Mocktail Social	**17** 9:30AM: Sit & Be Fit! 10:15AM: TTD Totally Rad Crafts- Neon Art 11:30AM: Setting Tables 12:15PM: Mindful Thinking 2:00PM: Making Shadow Boxes 3:30PM: Scenic Drive & Ice Cream	**18** 9:30AM: Fitness Friday! 10:30AM: Flour Power Friday- Rum Balls 12:15PM: 1:1 PROM Visits 2:00PM: Chair Yoga 3:30PM: Painting 4:00PM: TGIF Ice Cream Social	**19** 8:30AM: Exercise 10:30AM: Coloring Time 1:15PM: Ballon Volleyball 3:30PM: Bingo
20 9:15AM: Coffee Chats 10:45AM: Devotional 2:30PM: Sit & Be Fit 3:30PM: Bingo	**21** 9:30AM: Monday Memories 10:30AM: Monday Mobility 11:00AM: TTD: Running Man Marathon to Michael Jackson 1:30PM: Word Search 2:00PM: TTD Music Monday 80s Dance Party 3:30PM: Arts & Crafts 4:00PM: Bingo	**22** 9:15AM: Breath of Fresh Air 11:00AM: SoulShine Rhythm Drumming 1:30PM: Hand Massages 2:30PM: Coloring Table 4:30-7:00PM: Casino Night (Must Sign Up)	**23** 9:15AM: Sit & Be Fit 10:00AM: Devotional Hour With Rev. Marek 1:00PM: Movie & Manicures 2:30PM: Folding Club 3:00PM: TTD 80's Mocktail Social	**24** 9:30AM: Sit & Be Fit! 10:15AM: TTD Totally Rad Crafts- Friendship Bracelets 11:30AM: Setting Tables 12:15PM: Mindful Thinking 2:00PM: Chair Yoga 3:30PM: Scenic Drive & Ice Cream	**25** 9:30AM: Fitness Friday! 10:30AM: Flour Power Friday-Pudding Parfaits 12:15PM: 1:1 PROM Visits 2:00PM: Chair Yoga 3:30PM: Painting 4:00PM: TGIF Ice Cream Social	**26** 8:30AM: Exercise 10:30AM: Coloring Time 1:15PM: Ballon Volleyball 3:30PM: Bingo
27 9:15AM: Coffee Chats 10:45AM: Devotional 2:30PM: Sit & Be Fit 3:30PM: Bingo	**28** Nat. Drink Beer Day 9:30AM: Monday Memories 10:30AM: Monday Mobility 1:30PM: Painting What We Hear 2:00PM: Bingo	**29** 9:15AM: Breath of Fresh Air 9:45AM: Sit & Be Fit 12:15PM: 1:1 PROM Visits 1:30PM: Hand Massages 2:30PM: Tea & Treats 4:00PM: Bingo	**30** 9:15AM: Sit & Be Fit 10:00AM: Devotional Hour With Rev. Marek 1:00PM: Movie & Manicures 2:30PM: Flower Arrangements 3:00PM: TTD 80's Mocktail Social	The OSCAR AT GEORGETOWN		