

September

Assisted Living

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All activities are subject to change		110:30AM: SoulShine Rhythm Drumming (2FL LR) 2:00PM: Rummikub (CR) 2:00PM: Bingo (2nd Floor Dining) 3:00PM: Meet the New Executive Director! (TR) 4:00PM: Happy Hour (JSB) 7:00PM: Mexican Train (CR) 7:00PM: Movie Tuesday (TR)	29:00AM–2:00PM: Blood Drive (TR) 10:30AM: Exercise W/Fox 10:45AM: WowMobile GTX Library (LOBBY) 11:00AM: LRC Game 2:00PM: Bible Study with Lisa 2:30PM: Rummikub (CR) 3:30PM: 1:1 Visits 7:00PM: Western Wednesday (TR)	310:00AM: Exercise W/Lisa 10:30AM: TTD: Sing Along To The 80s 1:00PM: Movies & Manicures 2:00PM: BUNCO (AS) 2:00PM: Trip to The Caring Place (Must Sign up) 4:00PM: Happy Hour (JSB) 6:30PM: Billiards (GR) 7:00PM: Rummikub (CR)	410:00AM: Fitness Friday! 10:30AM: Bingo with Olivia (2FL) 3:00PM: Word Detective 3:00PM: Mexican Train (AR) *RL 7:00PM: Friday Night Flicks	59:30 AM: Exercise! 10:00AM: Music Therapy (TR) 1:00PM: Rummikub (CR) 2:00PM: Bingo (TR) 6:30PM: Shuffleboard (GR) 7:00PM: The Weekend Watch Party (TR)
610:00AM: Catholic Service (TR) 11:15AM: The Worship Place (TR) 1:00PM: Bingo (2nd Floor Dining) 2:30PM: Women’s Bible Study (TR) 5:000PM: The Chosen (TR) 6:00PM: Shuffleboard (GR) 6:00PM: The Chosen Round Table (TR)	7Labor Day 10:30AM: Puzzles 1:00PM: Mindful Coloring 3:00PM: Mexican Train (CR) *RL 4:00PM: Word Search	810:00AM: Sit & Be Fit 10:30AM: TTD: Ball Hoops W/Lisa To The 80s 2:00PM: Rummikub (CR) 2:00PM: Bingo (2nd Floor Dining) 4:00PM: Happy Hour (JSB) 7:00PM: Mexican Train (CR) 7:00PM: Movie Tuesday (TR)	99:30AM: Breath of fresh air 10:30AM: Exercise W/Fox 11:00AM: Toss Game (3rd Floor) 2:00PM: Bible Study with Lisa 2:30PM: Rummikub (CR) 3:30PM: 1:1 Visits 7:00PM: Western Wednesday (TR)	1010:00AM: Exercise W/Lisa 10:30AM: Karaoke 1:00PM: Movies & Manicures 2:00PM: Wall of Stars Photo Booth (2FL) 4:00PM: Happy Hour (JSB) 6:30PM: Billiards (GR) 7:00PM: Rummikub (CR)	1110:00AM: Fitness Friday! 1:30PM: Word Detective 2:30PM: Bingo (2FL) 3:00PM: Mexican Train (AR) *RL 7:00PM: Friday Night Flicks	129:30 AM: Exercise! 10:00AM: Caregiver to Care Partner Workshop (TR) 1:00PM: Rummikub (CR) 2:00PM: Bingo (TR) 6:30PM: Shuffleboard (GR) 7:00PM: The Weekend Watch Party (TR)
13Nat. Assisted Living Week! 10:00AM: Catholic Service (TR) 10:00AM: Complimentary 10 Minute Massages! (Must Sign Up) 11:15AM: The Worship Place (TR) 1:00PM: Jewlery Booth with Tracy (LIB) 2:30PM: Women’s Bible Study (TR) 5:000PM: The Chosen (TR) 6:00PM: Shuffleboard (GR) 6:00PM: The Chosen Round Table (TR)	14Nat. Assisted Living Week! 9–4: Massage Therapist Visit (Must Sign Up) 10:00AM: TTD Running Man Marathon to Michael Jackson 10:30AM: Spa Day W/Lisa (2nd Floor) 2:00PM: Bubble Wrap Tree Painting (AS) 3:00PM: Bingo (2nd Floor Dining) 3:00PM: Mexican Train (CR) *RL 3:00PM: 1:1 Visits	15Nat. Assisted Living Week! 10:30AM: SoulShine Rhythm Drumming (3FL LR) 2:00PM: Rummikub (CR) 2:00PM: 20’s Themed Tea with Michael 4:00PM: Happy Hour (JSB) 7:00PM: Mexican Train (CR) 7:00PM: Movie Tuesday (TR)	16Nat. Assisted Living Week! 9:30AM: Breath of fresh air 10:30AM: Exercise W/Fox 11:00AM: Cottontail Wonder Bunny Visit 2:00PM: Coooking with Chef Craig, 3rd floor. 3:30PM: Nails with Sales (2nf FL) 3:30PM: 1:1 Visits 7:00PM: Western Wednesday (TR)	17Nat. Assisted Living Week! 10:00AM: Exercise W/Lisa 10:30AM: Painting Fans 11:00AM: TTD DIY Friendship Bracelet (AS) 2:00PM: BUNCO (AS) 2:00PM: Bingo (2nd Floor) 3:00PM: Hand Messages (3rd Floor) 4:00PM: Happy Hour (JSB) 6:30PM: Billiards (GR) 7:00PM: Rummikub (CR)	18Nat. Assisted Living Week! 10:00AM: AL Olympics with Fox! 1:30PM: Word Detective 2:30PM: Dirty Soda Social (2FL) 3:00PM: Mexican Train (AR) *RL 7:00PM: Friday Night Flicks	19Nat. Assisted Living Week! 9:30 AM: Exercise! 10:00AM: Music Therapy (TR) 1:00PM: Rummikub (CR) 2:00PM: Bingo (TR) 6:30PM: Shuffleboard (GR) 7:00PM: The Weekend Watch Party (TR)
2010:00AM: Catholic Service (TR) 11:15AM: The Worship Place (TR) 1:00PM: Bingo (2nd Floor Dining) 2:30PM: Women’s Bible Study (TR) 5:000PM: The Chosen (TR) 6:00PM: Shuffleboard (GR) 6:00PM: The Chosen Round Table (TR)	219–4: Massage Therapist Visit (Must Sign Up) 10:00AM: Exercise With Lisa 10:30AM: TTD: 1980s Trivia 1:30AM: TTD: Movie Maitnee, 80s Movie 2:00PM: Bingo (2nd Floor Dining) 3:00PM: Mexican Train (CR) *RL 3:00PM: 1:1 Visits	2210:00AM: Sit & Be Fit 2:00PM: Rummikub (CR) 2:00PM: Bingo (2nd Floor Dining) 4:30–7:00PM: Casino Night (Must Sign Up) 7:00PM: Mexican Train (CR) 7:00PM: Movie Tuesday (TR)	239:30AM: Breath of fresh air 10:30AM: Exercise W/Fox 11:00AM: Let’s Paint! 2:00PM: Bible Study with Lisa 2:30PM: Rummikub (CR) 3:30PM: Resident Council (TR) 3:30PM: 1:1 Visits 7:00PM: Western Wednesday (TR)	2410:00AM: Exercise W/Lisa 10:30AM: TTD 80s Karaoke! 1:00PM: Movies & Manicures 2:00PM: BUNCO (AS) 2:00PM: Trip to Second Helping (Must Sign up) 4:00PM: Happy Hour (JSB) 6:30PM: Billiards (GR) 7:00PM: Rummikub (CR)	2510:00AM: Fitness Friday! 1:30PM: Word Detective 2:30PM: Bingo (2FL) 3:00PM: Mexican Train (AR) *RL 7:00PM: Friday Night Flicks	269:30 AM: Exercise! 10:00AM: Music Therapy (TR) 1:00PM: Rummikub (CR) 2:00PM: Bingo (TR) 6:30PM: Shuffleboard (GR) 7:00PM: The Weekend Watch Party (TR)
2710:00AM: Catholic Service (TR) 11:15AM: The Worship Place (TR) 1:00PM: Bingo (2nd Floor Dining) 2:30PM: Women’s Bible Study (TR) 5:000PM: The Chosen (TR) 6:00PM: Shuffleboard (GR) 6:00PM: The Chosen Round Table (TR)	28Nat. Drink Beer Day 9–4: Massage Therapist Visit (Must Sign Up) 10:30AM: Speak2 Help (TR) 1:00PM: Bridge Group (AR) 1:30PM: Movie Matinee (TR) 3:00PM: Mexican Train (CR) 4:00PM: Drinking Games Happy Hour (JSB) 6:30PM: Billiards (GR)	2910:00AM: Sit & Be Fit 12:00PM: Lunch & Learn with Pain Specialists of America (TR) (Must Sign Up) 2:00PM: Rummikub (CR) 2:00PM: Bingo (2nd Floor Dining) 4:00PM: Happy Hour (JSB) 7:00PM: Mexican Train (CR) 7:00PM: Movie Tuesday (TR)	309:30AM: Breath of fresh air 10:30AM: Exercise W/Fox 10:45AM: WowMobile GTX Library (TR) 11:00AM: Let’s Play Football 2:00PM: Bible Study with Sherry 2:30PM: Rummikub (CR) 3:00PM: Fun with Fox Bingo (TR) 3:30PM: 1:1 Visits 7:00PM: Western Wednesday (TR)	The OSCAR AT GEORGETOWN		