

August

Independent Living

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 10:00AM: Catholic Service (TR) 11:15AM: The Worship Place (TR) 2:30PM: Women's Bible Study (TR) 3:00PM: Chess & Checkers (CR) 4:00PM: Social Hour (2FL) 5:00PM: The Chosen (TR) 6:00PM: Shuffleboard (GR) 6:00PM: The Chosen Round Table (TR)	3 9:00AM: Beginner Chair Yoga (TR) 9-4: Massage Therapist Visit (Must Sign Up) 10:30AM: Speak2 Help (TR) 1:00PM: Bridge Group (AR) 1:30PM: Movie Matinee (TR) 3:00PM: Mexican Train (CR) 6:30PM: Billiards (GR)	4 Nat. Chocolate Chip Cookie Day 9:15AM: Trip to HEB (Must Sign Up) 9:30AM: Water Aerobics (Pool) 10:30AM: Singing Bowl Sound Bath Meditation (TR) 11:30AM: Cookie Baking (APT 2105) (Must Sign Up) 1:00PM: Mahjong (AR) 1:00PM: Trip to Round Rock City Arts Center (Must Sign Up) 2:00PM: Rummikub (CR) 2:30PM: FREE Hearing Aid Cleaning (APT 2105) 4:00PM: Happy Hour (JSB) 7:00PM: Mexican Train (CR) 7:00PM: Classic Movie Tuesday (TR)	5 9:00AM: Beginner Balance Class (TR) 10:30AM: Chair Pilates (GYM) 10:45AM: WowMobile GTX Library (LIB) 12:00PM: TTD 70's Cookie Decorating (APT 2105) (Must Sign Up) 11:00 AM: The Oscar Card Team! (AS) 12:30PM: Pinochle (AR) 2:30PM: Rummikub (CR) 4:00PM: Social Hour (2FL) 7:00PM: Western Wednesday (TR)	6 9:15AM: Trip to Walmart (Must Sign Up) 10:30AM: Exercise with Fox Rehab (GYM) 10:30AM: Kona Ice Truck (Lobby) 11:00AM: The Book Worms Book Club (2FL) 1:00PM: Bridge Group (AR) 2:00PM: BUNCO (AS) 4:00PM: TTD Guess The Price 70s Happy Hour (JSB) 6:30PM: Billiards (GR) 7:00PM: Rummikub (CR)	7 9:00AM: Beginner Strength & Stamina Class (TR) 10:30AM: Devotional (TR) 10:30AM: Lower Body with Hannah (GYM) 12:15PM: Water Aerobics (Pool) 12:30PM: Hand & Foot Canasta (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 2:00PM: Blood Pressure Clinic (TR) 3:00PM: Mexican Train (CR) 4:00PM: Hymn Singing (TR) 5:30PM: Shuffleboard (GR) 7:00PM: Friday Night Flicks (TR)	1/8 9:00AM: Open Gym Time (GYM) 10:00AM: Music Therapy (TR) 10:30AM: The Next Chapter (JSB) 1st 1:00PM: Rummikub (CR) 2:00PM: Bingo (TR) 3:00PM: Chinese Mahjong (AR) 6:30PM: Shuffleboard (GR) 7:00PM: The Weekend Watch Party (TR)
9 10:00AM: Catholic Service (TR) 11:15AM: The Worship Place (TR) 2:30PM: Women's Bible Study (TR) 3:00PM: Chess & Checkers (CR) 4:00PM: Social Hour (2FL) 5:00PM: The Chosen (TR) 6:00PM: Shuffleboard (GR) 6:00PM: The Chosen Round Table (TR)	10 9:00AM: Beginner Chair Yoga (TR) 9-4: Massage Therapist Visit (Must Sign Up) 10:30AM: Speak2 Help (TR) 1:00PM: Bridge Group (AR) 2:00PM: TTD DIY Mini Tote Painting (AS) 3:00PM: Mexican Train (CR) 6:30PM: Billiards (GR)	11 9:15AM: Trip to HEB (Must Sign Up) 9:30AM: Water Aerobics (Pool) 10:30AM: Upper Body with Hannah (GYM) 11:30AM: Men's Lunch to Rudy's (Must Sign Up) 1:00PM: Mahjong (AR) 2:00PM: Rummikub (CR) 2:30PM: San Gabriel Presbyterian Church Concert (Must Sign Up) 4:00PM: VIP Welcome Group Happy Hour (JSB) 7:00PM: Mexican Train (CR) 7:00PM: Classic Movie Tuesday (TR)	12 9:00AM: Beginner Balance Class (TR) 10:30AM: Chair Pilates (GYM) 11:00 AM: The Oscar Card Team! (AS) 12:00PM: Monthly Activity Meeting (TR) 12:30PM: Pinochle (AR) 2:30PM: Rummikub (CR) 4:00PM: Social Hour (2FL) 7:00PM: Western Wednesday (TR)	13 Nat. Prosecco Day 9:15AM: Trip to Walmart (Must Sign Up) 10:30AM: Exercise with Fox Rehab (GYM) 11:00AM: Bracelet Making with Amber (AS) 1:00PM: Bridge Group (AR) 2:00PM: BUNCO (AS) 4:00PM: TTD 70s Name That Tune Happy Hour (JSB) 6:30PM: Billiards (GR) 7:00PM: Rummikub (CR)	14 9:00AM: Beginner Strength & Stamina Class (TR) 10:30AM: Devotional (TR) 10:30AM: Lower Body with Hannah (GYM) 12:15PM: Water Aerobics (Pool) 12:30PM: Hand & Foot Canasta (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 2:00PM: Blood Pressure Clinic (TR) 3:00PM: Mexican Train (CR) 4:00PM: Hymn Singing (TR) 5:30PM: Shuffleboard (GR) 7:00PM: Friday Night Flicks (TR)	15 9:00AM: Open Gym Time (GYM) 10:00AM: Music Therapy (TR) 1:00PM: Rummikub (CR) 2:00PM: Bingo (TR) 3:00PM: Chinese Mahjong (AR) 6:30PM: Shuffleboard (GR) 7:00PM: The Weekend Watch Party (TR)
16 10:00AM: Catholic Service (TR) 11:15AM: The Worship Place (TR) 2:30PM: Women's Bible Study (TR) 3:00PM: Chess & Checkers (CR) 4:00PM: Social Hour (2FL) 5:00PM: The Chosen (TR) 6:00PM: Shuffleboard (GR) 6:00PM: The Chosen Round Table (TR)	17 9:00AM: Beginner Chair Yoga (TR) 9-4: Massage Therapist Visit (Must Sign Up) 10:00AM: Fire Marshal Presentation (TR) 1:00PM: Bridge Group (AR) 1:30PM: Movie Matinee (TR) 3:00PM: Mexican Train (CR) 6:30PM: Billiards (GR)	18 9:15AM: Trip to HEB (Must Sign Up) 9:30AM: Water Aerobics (Pool) 10:00AM: Blanton Museum of Art Outing (Must Sign Up) 10:00AM: SoulShine Rhythm Drumming (TR) 1:00PM: Mahjong (AR) 2:00PM: Rummikub (CR) 5:00PM 70's Disco (The Poppy) (Must Sign Up) 7:00PM: Mexican Train (CR) 7:00PM: Classic Movie Tuesday (TR)	19 9:00AM: Beginner Balance Class (TR) 10:30AM: Chair Pilates (GYM) 11:00 AM: The Oscar Card Team! (AS) 12:30PM: Pinochle (AR) 1:30PM: TTD Flower Pot Painting (AS) 2:30PM: Rummikub (CR) 4:00PM: Social Hour (2FL) 7:00PM: Western Wednesday (TR)	20 9:15AM: Trip to Walmart (Must Sign Up) 10:30AM: Exercise with Fox Rehab (GYM) 1:00PM: Bridge Group (AR) 2:00PM: BUNCO (AS) 4:00PM: Western Happy Hour with Freddie the Singing Cowboy (JSB) 6:30PM: Billiards (GR) 7:00PM: Rummikub (CR)	21 9:00AM: Beginner Strength & Stamina Class (TR) 10:30AM: Devotional (TR) 10:30AM: Lower Body with Hannah (GYM) 12:15PM: Water Aerobics (Pool) 12:30PM: Hand & Foot Canasta (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 2:00PM: Blood Pressure Clinic (TR) 3:00PM: Mexican Train (CR) 4:00PM: Hymn Singing (TR) 5:30PM: Shuffleboard (GR) 7:00PM: Friday Night Flicks (TR)	22 9:00AM: Open Gym Time (GYM) 10:00AM: Music Therapy (TR) 1:00PM: Rummikub (CR) 2:00PM: Bingo (TR) 3:00PM: Chinese Mahjong (AR) 6:30PM: Shuffleboard (GR) 7:00PM: The Weekend Watch Party (TR)
23 10:00AM: Catholic Service (TR) 11:15AM: The Worship Place (TR) 2:30PM: Women's Bible Study (TR) 3:00PM: Chess & Checkers (CR) 4:00PM: Social Hour (2FL) 5:00PM: The Chosen (TR) 6:00PM: Shuffleboard (GR) 6:00PM: The Chosen Round Table (TR)	24 9:00AM: Beginner Chair Yoga (TR) 9-4: Massage Therapist Visit (Must Sign Up) 10:30AM: Speak2 Help (TR) 11:00AM: Card Class with Ann (AS) 12:00PM: TTD 70s Memory Lane Chat (TR) 1:00PM: Bridge Group (AR) 1:30PM: Movie Matinee (TR) 3:00PM: Mexican Train (CR) 6:30PM: Billiards (GR)	25 9:15AM: Trip to HEB (Must Sign Up) 9:30AM: Water Aerobics (Pool) 10:30AM: Upper Body with Hannah (GYM) 11:30AM: Ladies Lunch to Blue Corn Harvest (Must Sign Up) 1:00PM: Mahjong (AR) 1:30PM: GAPS Art Class (AS) 2:00PM: Rummikub (CR) 2:30PM: Trip to The Frozen Flamingo (Must Sign Up) 4:00PM: TTD Groovy Trivia Happy Hour (JSB) 7:00PM: Mexican Train (CR) 7:00PM: Classic Movie Tuesday (TR)	26 9:00AM: Beginner Balance Class (TR) 10:30AM: Chair Pilates (GYM) 11:00 AM: The Oscar Card Team! (AS) 12:30PM: Pinochle (AR) 1:00PM: Texas History Talk (TR) 2:30PM: Rummikub (CR) 3:00PM: Fun with Fox Bingo (TR) 4:00PM: Social Hour (2FL) 7:00PM: Western Wednesday (TR)	27 9:15AM: Trip to Walmart (Must Sign Up) 10:30AM: Exercise with Fox Rehab (GYM) 1:00PM: Bridge Group (AR) 2:00PM: BUNCO (AS) 4:00PM: August Birthday Party Happy Hour (JSB) 6:30PM: Billiards (GR) 7:00PM: Rummikub (CR)	28 9:00AM: Beginner Strength & Stamina Class (TR) 10:30AM: Devotional (TR) 10:30AM: Lower Body with Hannah (GYM) 12:15PM: Water Aerobics (Pool) 12:30PM: Hand & Foot Canasta (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 2:00PM: Blood Pressure Clinic (TR) 3:00PM: Mexican Train (CR) 4:00PM: Hymn Singing (TR) 5:30PM: Shuffleboard (GR) 7:00PM: Friday Night Flicks (TR)	29 9:00AM: Open Gym Time (GYM) 10:00AM: Music Therapy (TR) 1:00PM: Rummikub (CR) 2:00PM: Bingo (TR) 3:00PM: Chinese Mahjong (AR) 6:30PM: Shuffleboard (GR) 7:00PM: The Weekend Watch Party (TR)
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The OSCAR

AT GEORGETOWN

All activities are subject to change