

July Independent Living 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The OSCAR AT GEORGETOWN			1 9:00AM: Beginner Balance Class (TR) 10:30AM: Chair Pilates (GYM) 11:00 AM: The Oscar Card Team! (AS) 11:30AM: Men's Bible Study and Lunch with Michael (CY) (Please Sign Up) 12:30PM: Pinochle (AR) 2:00PM: Learn About SoulShine Rhythm with Appetizers (TR) 2:30PM: Rummikub (CR) 4:00PM: Social Hour (2FL) 7:00PM: Western Wednesday (TR)	2 9:15AM: Trip to Walmart (Must Sign Up) 10:30AM: Exercise with Fox Rehab (GYM) 11:00AM: The Book Worms Book Club (2FL) 1:00PM: TTD Yahtzee (CR) 1:00PM: Bridge Group (AR) 2:00PM: BUNCO (AS) 3:00PM: Patriotic Watercolor with Wendra (AS) 4:00PM: Patrotic Karoke Happy Hour (JSB) 6:30PM: Billiards (GR) 7:00PM: Rummikub (CR)	3 9:00AM: Beginner Strength & Stamina Class (TR) 10:30AM: Devotional (TR) 10:30AM: Lower Body with Hannah (GYM) 12:15PM: Water Aerobics (Pool) 12:30PM: Hand & Foot Canasta (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 3:00PM: Mexican Train (CR) 4:00PM: Hymn Singing (TR) 5:30PM: Shuffleboard (GR) 7:00PM: Friday Night Flicks (TR)	4 Fourth of July 9:00AM: Open Gym Time (GYM) <u>11:30AM-1:30PM: BBQ Lunch in The Poppy</u> 1:00PM: Rummikub (CR) 3:00PM: Chinese Mahjong (AR) 6:30PM: Shuffleboard (GR) 7:00PM: The Weekend Watch Party (TR)
5 10:00AM: Catholic Service (TR) 10:45AM: The Worship Place (TR) 2:30PM: Women's Bible Study (TR) 3:00PM: Chess & Checkers (CR) 4:00PM: Social Hour (2FL) 5:000PM: The Chosen (TR) 6:00PM: Shuffleboard (GR) 6:00PM: The Chosen Round Table (TR)	6 9:00AM: Beginner Chair Yoga (TR) 10-1: Complimentary 10 Minute Massages (LIB) 1:00PM: Bridge Group (AR) 1:30PM: Movie Matinee (TR) 3:00PM: Mexican Train (CR) 3:30PM: Euchre (AR) 6:30PM: Billiards (GR)	7 Nat. Day of Rock n Roll 9:15AM: Trip to HEB (Must Sign Up) 9:30AM: Water Aerobics (Pool) 10:30AM: Upper Body with Hannah (GYM) 1:00PM: Mahjong (AR) 1:00PM: TTD Yahtzee (CR) 2:00PM: Rummikub (CR) 2:30PM: Trip to Hobby Lobby (Must Sign Up) 3:00PM: FREE Hearing Aid Cleaning (APT 2105) 4:00PM: Happy Hour (JSB) 7:00PM: Mexican Train (CR) 7:00PM: Classic Movie Tuesday (TR)	8 9:00AM: Beginner Balance Class (TR) 10:30AM: Chair Pilates (GYM) 10:45AM: WowMobile GTX Library (LIB) 11:00 AM: The Oscar Card Team! (AS) 12:30PM: Pinochle (AR) 2:00PM: Monthly Activity Meeting (TR) 2:30PM: Rummikub (CR) 4:00PM: Social Hour (2FL) 7:00PM: Western Wednesday (TR)	9 9:15AM: Trip to Walmart (Must Sign Up) 10:30AM: Exercise with Fox Rehab (GYM) 1:00PM: Bridge Group (AR) 2:00PM: BUNCO (AS) 4:00PM: TTD Luau Happy Hour (JSB) 6:30PM: Billiards (GR) 7:00PM: Rummikub (CR)	10 9:00AM: Beginner Strength & Stamina Class (TR) 10:30AM: Devotional (TR) 10:30AM: Lower Body with Hannah (GYM) 12:15PM: Water Aerobics (Pool) 12:30PM: Hand & Foot Canasta (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 2:00PM: Blood Pressure Clininc (TR) 3:00PM: Mexican Train (CR) 4:00PM: Hymn Singing (TR) 4:00PM: Ladies Night Out to Junipers Tapas Bar (Must Sign Up) 5:30PM: Shuffleboard (GR) 7:00PM: Friday Night Flicks (TR)	11 9:00AM: Open Gym Time (GYM) 10:00AM: Music Therapy (TR) 10:30 AM: Upper Body with Hannah (GYM) 10:30AM: The Next Chapter (JSB) 1:00PM: Rummikub (CR) 2:00PM: Bingo (TR) 3:00PM: Chinese Mahjong (AR) 6:30PM: Shuffleboard (GR) 7:00PM: The Weekend Watch Party (TR)
12 10:00AM: Catholic Service (TR) 10:45AM: The Worship Place (TR) 2:30PM: Women's Bible Study (TR) 3:00PM: Chess & Checkers (CR) 4:00PM: Social Hour (2FL) 5:000PM: The Chosen (TR) 6:00PM: Shuffleboard (GR) 6:00PM: The Chosen Round Table (TR)	13 9:00AM: Beginner Chair Yoga (TR) 9-4: Massage Therpist Visit (Must Sign Up) 1:00PM: Bridge Group (AR) 1:30PM: Movie Matinee (TR) 3:00PM: Mexican Train (CR) 3:30PM: Euchre (AR) 6:30PM: Billiards (GR)	14 9:15AM: Trip to HEB (Must Sign Up) 9:30AM: Water Aerobics (Pool) 10:30AM: Singing Bowl Sound Bath Meditation (TR) 11:30AM: Men's Lunch to Walburg German Restaurant (Must Sign Up) 12:00PM: TTD Flower Power Coloring (AS) 1:00PM: Mahjong (AR) 2:00PM: Rummikub (CR) 2:30PM: Home Goods Outing (Must Sign Up) 4:00PM: Happy Hour (JSB) 7:00PM: Mexican Train (CR) 7:00PM: Classic Movie Tuesday (TR)	15 9:00AM: Beginner Balance Class (TR) 11:00 AM: The Oscar Card Team! (AS) 12:30PM: Pinochle (AR) 2:00PM: Kona Ice Truck (Lobby) 2:30PM: Rummikub (CR) 4:00PM: Social Hour (2FL) 7:00PM: Western Wednesday (TR)	16 9:15AM: Trip to Walmart (Must Sign Up) 10:30AM: Exercise with Fox Rehab (GYM) 1:00PM: Bridge Group (AR) 1:00PM: TTD Yahtzee (CR) 2:00PM: BUNCO (AS) 3:30PM: Dining Discussions (JSB) 4:00PM: Western Happy Hour with Live Music (JSB) 6:30PM: Billiards (GR) 7:00PM: Rummikub (CR)	17 9:00AM: Beginner Strength & Stamina Class (TR) 10:30AM: Devotional (TR) 10:30AM: Lower Body with Hannah (GYM) 12:15PM: Water Aerobics (Pool) 12:30PM: Hand & Foot Canasta (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 2:00PM: Blood Pressure Clininc (TR) 3:00PM: Mexican Train (CR) 4:00PM: Hymn Singing (TR) 5:30PM: Shuffleboard (GR) 7:00PM: Friday Night Flicks (TR)	18 9:00AM: Open Gym Time (GYM) 10:00AM: Music Therapy (TR) 11:00AM: Christmas in July Market (Mainstreet) 1:00PM: Rummikub (CR) 3:00PM: Chinese Mahjong (AR) 6:30PM: Shuffleboard (GR) 7:00PM: The Weekend Watch Party (TR)
19 10:00AM: Catholic Service (TR) 10:45AM: The Worship Place (TR) 2:30PM: Women's Bible Study (TR) 3:00PM: Chess & Checkers (CR) 4:00PM: Social Hour (2FL) 5:000PM: The Chosen (TR) 6:00PM: Shuffleboard (GR) 6:00PM: The Chosen Round Table (TR)	20 9:00AM: Beginner Chair Yoga (TR) 9-4: Massage Therpist Visit (Must Sign Up) 1:00PM: Bridge Group (AR) 1:30PM: Movie Matinee (TR) 3:00PM: Mexican Train (CR) 3:30PM: Euchre (AR) 6:30PM: Billiards (GR)	21 9:15AM: Trip to HEB (Must Sign Up) 9:30AM: Water Aerobics (Pool) 10:30AM: Upper Body with Hannah (GYM) <u>11:30AM: Townhall (TR)</u> 1:00PM: Mahjong (AR) 2:00PM: Rummikub (CR) 2:30PM: Trip to Dollar Tree (Must Sign Up) 4:00PM : Happy Hour (JSB) 7:00PM: Mexican Train (CR) 7:00PM: Classic Movie Tuesday (TR)	22 9:00AM: Beginner Balance Class (TR) 11:00 AM: The Oscar Card Team! (AS) 12:30PM: Pinochle (AR) 1:00PM: TTD Woodstock Event (JSB) 2:30PM: Rummikub (CR) 4:00PM: Social Hour (2FL) 7:00PM: Western Wednesday (TR)	23 9:15AM: Trip to Walmart (Must Sign Up) 10:30AM: Exercise with Fox Rehab (GYM) 11:30AM: Making Magnet Art with Ann (AS) 1:00PM: Bridge Group (AR) 1:00PM: TTD Yahtzee (CR) 2:00PM: BUNCO (AS) 4:00PM: VIP Welcome Group with Live Music (JSB) 6:30PM: Billiards (GR) 7:00PM: Rummikub (CR)	24 9:00AM: Beginner Strength & Stamina Class (TR) 10:30AM: Devotional (TR) 10:30AM: Lower Body with Hannah (GYM) 12:15PM: Water Aerobics (Pool) 12:30PM: Hand & Foot Canasta (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 2:00PM: Blood Pressure Clininc (TR) 3:00PM: Mexican Train (CR) 4:00PM: Hymn Singing (TR) 4:00PM: Guys Night Out to The Barking Armadillo (Must Sign Up) 5:30PM: Shuffleboard (GR) 7:00PM: Friday Night Flicks (TR)	25 9:00AM: Open Gym Time (GYM) 10:00AM: Music Therapy (TR) 10:30 AM: Upper Body with Hannah (GYM) 1:00PM: Rummikub (CR) 2:00PM: Bingo (TR) 3:00PM: Chinese Mahjong (AR) 6:30PM: Shuffleboard (GR) 7:00PM: The Weekend Watch Party (TR)
26 10:00AM: Catholic Service (TR) 10:45AM: The Worship Place (TR) 2:30PM: Women's Bible Study (TR) 3:00PM: Chess & Checkers (CR) 4:00PM: Social Hour (2FL) 5:000PM: The Chosen (TR) 6:00PM: Shuffleboard (GR) 6:00PM: The Chosen Round Table (TR)	27 9:00AM: Beginner Chair Yoga (TR) 9-4: Massage Therpist Visit (Must Sign Up) 1:00PM: Bridge Group (AR) 1:30PM: Movie Matinee (TR) 3:00PM: Mexican Train (CR) 3:30PM: Euchre (AR) 6:30PM: Billiards (GR)	28 9:15AM: Trip to HEB (Must Sign Up) 9:30AM: Water Aerobics (Pool) 10:30AM: Upper Body with Hannah (GYM) 11:30AM: Ladies Lunch to Roots (Must Sign Up) 1:00PM: Mahjong (AR) 1:30PM: GAPS Art Class (AS) 2:00PM: Rummikub (CR) 2:30PM: Trip to Michaels (Must Sign Up) 4:00PM: Happy Hour (JSB) 7:00PM: Mexican Train (CR) 7:00PM: Classic Movie Tuesday (TR)	29 9:00AM: Beginner Balance Class (TR) 10:30AM: Chair Pilates (GYM) 11:00 AM: The Oscar Card Team! (AS) 12:30PM: Pinochle (AR) 1:00PM TTD Flower Cake Art (AS) 2:30PM: Rummikub (CR) 3:00PM: Fun with Fox Blngo (TR) 4:00PM: Social Hour (2FL) 7:00PM: Western Wednesday (TR)	30 9:15AM: Trip to Walmart (Must Sign Up) 10:30AM: Exercise with Fox Rehab (GYM) 11:00AM: TTD Remebering hte 60s Discussion Jar (TR) 1:00PM: Bridge Group (AR) 1:00PM: TTD Yahtzee (CR) 2:00PM: BUNCO (AS) 4:00PM: July Birthday Party Happy Hour (JSB) 6:30PM: Billiards (GR) 7:00PM: Rummikub (CR)	31 9:00AM: Beginner Strength & Stamina Class (TR) 10:30AM: Devotional (TR) 10:30AM: Lower Body with Hannah (GYM) 12:15PM: Water Aerobics (Pool) 12:30PM: Hand & Foot Canasta (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 2:00PM: Blood Pressure Clininc (TR) 3:00PM: Mexican Train (CR) 4:00PM: Hymn Singing (TR) 5:30PM: Shuffleboard (GR) 7:00PM: Friday Night Flicks (TR)	*All activities are subject to change*