

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 7:30AM: Breakfast 9:15AM: Devotional 10:30AM: Coffee Chats 11:30AM: Lunch 2:30PM: Sit & Be Fit 4:00PM: Bingo 4:30PM Dinner	2 7:30AM: Breakfast 9:15AM: Mobility Monday 11:15AM: breath of Fresh air 11:30AM: Lunch 2:00PM: Sliding Puzzles 3:30PM: Memory Blast Game 4:00PM: Bingo 4:30PM Dinner	3 7:30AM: Breakfast 9:15AM: Breath of Fresh Air 10:00AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: 1:1 Visits 3:00PM: TTD 1920's Trivia 4:00PM: Bingo 4:30PM Dinner	4 7:30AM: Breakfast 9:15AM: Sit & Be Fit 10:00AM: Movie & Manicures 11:30AM: Lunch 1:30PM: Connect 4 3:30PM Breath of Fresh air 4:30PM Dinner	5 7:30AM: Breakfast 9:15AM: Sit and Fit 10:00AM TTD 20's Sing along 11:30AM: Lunch 3:00PM: Puzzles 4:00PM: Bingo 4:30PM Dinner	6 7:30AM: Breakfast 8:45AM: Fitness Friday! 11:00AM: Puzzles 11:30AM: Lunch 12:15PM: Mindful Thinking 2:00PM: Chair Yoga 3:30PM: Word Detective 4:30PM Dinner	7 7:30AM: Breakfast 11:15AM: Saturday Stretches 11:30AM: Lunch 12:30PM: Water Doodles 3:30PM: Balloon Volleyball 4:30PM Dinner
8 Daylight Savings 7:30AM: Breakfast 9:15AM: Devotional 10:30AM: Coffee Chats 11:30AM: Lunch 2:30PM: Sit & Be Fit 4:00PM: Bingo 4:30PM Dinner	9 7:30AM: Breakfast 9:15AM: Mobility Monday 11:15AM: Breath of Fresh air 11:30AM: Lunch 2:00PM: Sliding Puzzles 3:30PM: Memory Blast Game 4:00PM: Bingo 4:30PM Dinner	10 7:30AM: Breakfast 9:15AM: Breath of Fresh Air 10:00AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: 1:1 Visits 3:00PM: TTD Old Maid game 4:00PM: Bingo 4:30PM Dinner	11 7:30AM: Breakfast 9:15AM: Sit & Be Fit 10:00AM: Movie & Manicures 11:30AM: Lunch 1:30PM: Connect 4 3:30PM Breath of Fresh air 4:30PM Dinner	12 Nat. Plant A Flower Day 7:30AM: Breakfast 9:15AM: plant a flower 10:00AM TTD 20's Sing Along 11:30AM: Lunch 3:00PM: Puzzles 4:00PM: Bingo 4:30PM Dinner	13 7:30AM: Breakfast 8:45AM: Fitness Friday! 11:00AM: Puzzles 11:30AM: Lunch 12:15PM: Mindful Thinking 2:00PM: Chair Yoga 3:30PM: Word Detective 4:30PM Dinner	14 7:30AM: Breakfast 11:15AM: Saturday Stretches 11:30AM: Lunch 12:30PM: Water Doodles 3:30PM: Remembering St. Patrick's 4:30PM Dinner
15 7:30AM: Breakfast 9:15AM: Devotional 10:30AM: Coffee Chats 11:30AM: Lunch 2:30PM: Sit & Be Fit 4:00PM: Bingo 4:30PM Dinner	16 7:30AM: Breakfast 9:15AM: Mobility Monday 11:15AM: Breath of Fresh air 11:30AM: Lunch 2:00PM: Sliding Puzzles 3:30PM: Memory Blast Game 4:00PM: Bingo 4:30PM Dinner	17 St. Patrick's Day 7:30AM: Breakfast 9:15AM: Breath of Fresh Air 10:00AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: 1:1 Visits 3:00PM: TTD Old Maid game 4:00PM: Bingo 4:30PM Dinner	18 7:30AM: Breakfast 9:15AM: Sit & Be Fit 10:00AM: Movie & Manicures 11:30AM: Lunch 1:30PM: Connect 4 3:30PM Breath of Fresh air 4:30PM Dinner	19 7:30AM: Breakfast 9:15AM: Sit and Fit 10:00AM TTD 20's Sing along 11:30AM: Lunch 3:00PM: Puzzles 4:00PM: Bingo 4:30PM Dinner	20 First Day of Spring 7:30AM: Breakfast 8:45AM: Fitness Friday! 11:00AM: Puzzles 11:30AM: Lunch 12:15PM: Mindful Thinking 2:00PM: Chair Yoga 3:30PM: Word Detective 4:30PM Dinner	21 Nat. Memory Day 7:30AM: Breakfast 11:15AM: Saturday Stretches 11:30AM: Lunch 12:30PM: Water Doodles 3:30PM: Balloon Volleyball 4:30PM Dinner
22 7:30AM: Breakfast 9:15AM: Devotional 10:30AM: Coffee Chats 11:30AM: Lunch 2:30PM: Sit & Be Fit 4:00PM: Bingo 4:30PM Dinner	23 7:30AM: Breakfast 9:15AM: Mobility Monday 11:15AM: Breath of Fresh air 11:30AM: Lunch 2:00PM: Sliding Puzzles 3:30PM: Memory Blast Game 4:00PM: Bingo 4:30PM Dinner	24 7:30AM: Breakfast 9:15AM: Breath of Fresh Air 10:00AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: 1:1 Visits 3:00PM: TTD Old Maid game 4:00PM: Bingo 4:30PM Dinner	25 7:30AM: Breakfast 9:15AM: Sit & Be Fit 10:00AM: Movie & Manicures 11:30AM: Lunch 1:30PM: Connect 4 3:30PM Breath of Fresh air 4:30PM Dinner	26 7:30AM: Breakfast 9:15AM: Sit and Fit 10:00AM TTD 20's Sing along 11:30AM: Lunch 3:00PM: Puzzles 4:00PM: Bingo 4:30PM Dinner	27 7:30AM: Breakfast 8:45AM: Fitness Friday! 11:00AM: Puzzles 11:30AM: Lunch 12:15PM: Mindful Thinking 2:00PM: Chair Yoga 3:30PM: Word Detective 4:30PM Dinner	28 7:30AM: Breakfast 11:15AM: Saturday Stretches 11:30AM: Lunch 12:30PM: Water Doodles 3:30PM: Balloon Volleyball 4:30PM Dinner
29 7:30AM: Breakfast 9:15AM: Devotional 10:30AM: Coffee Chats 11:30AM: Lunch 2:30PM: Sit & Be Fit 4:00PM: Bingo 4:30PM Dinner	30 7:30AM: Breakfast 9:15AM: Mobility Monday 11:15AM: Breath of Fresh air 11:30AM: Lunch 2:00PM: Sliding Puzzles 3:30PM: Memory Blast Game 4:00PM: Bingo 4:30PM Dinner	31 7:30AM: Breakfast 9:15AM: Breath of Fresh Air 10:00AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: 1:1 Visits 3:00PM: TTD Old Maid Game 4:00PM: Bingo 4:30PM Dinner	*All activities are subject to change*			