

February

Memory Care

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 7:30AM: Breakfast 9:15AM: Devotional 10:30AM: Coffee Chats 11:30AM: Lunch 2:30PM: Sit & Be Fit 4:00PM: Bingo 4:30PM Dinner	2 Ground Hog Day 7:30AM: Breakfast 9:15AM: Mobility Monday 11:15AM: 60's Sing Along 11:30AM: Lunch 2:00PM: Sliding Puzzles 3:30PM: Memory Blast Game 4:00PM: Bingo 4:30PM Dinner	3 7:30AM: Breakfast 9:30AM: Breath of Fresh Air 10:00AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: 1:1 Visits 3:00PM: TTD 1910's Trivia 4:00PM: Bingo 4:30PM Dinner	4 7:30AM: Breakfast 9:30AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: Balloon Volleyball 1:30PM: Connect 4 3:00PM: Movie & Manicures 4:30PM Dinner	5 7:30AM: Breakfast 9:30AM: Ring Toss 10:00AM: TTD Charades! 11:30AM: Lunch 3:00PM: Puzzles 4:00PM: Bingo 4:30PM Dinner	6 7:30AM: Breakfast 8:45AM: Fitness Friday! 11:00AM: Puzzles 11:30AM: Lunch 12:15PM: Mindful Thinking 2:00PM: Chair Yoga 3:30PM: Word Detective 4:30PM Dinner	7 7:30AM: Breakfast 11:15AM: Saturday Stretches 11:30AM: Lunch 12:30PM: Water Doodles 3:30PM: Balloon Volleyball 4:30PM Dinner
8 Super Bowl Sunday 7:30AM: Breakfast 9:15AM: Devotional 10:30AM: Coffee Chats 11:30AM: Lunch 2:30PM: Sit & Be Fit 4:00PM: Bingo 4:30PM Dinner	9	10 7:30AM: Breakfast 9:30AM: Breath of Fresh Air 10:00AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: 1:1 Visits 3:00PM: TTD Guess The Price 1910's 4:00PM: Bingo 4:30PM Dinner	11 7:30AM: Breakfast 9:30AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: Balloon Volleyball 1:30PM: Share a Moment Cards 3:00PM: Movie & Manicures 4:30PM Dinner	12 7:30AM: Breakfast 9:30AM: Ring Toss 10:00AM: TTD Dominos 11:30AM: Lunch 3:00PM: Puzzles 4:00PM: Bingo 4:30PM Dinner	13 Galentine's Day 7:30AM: Breakfast 8:45AM: Fitness Friday! 10:30AM: Galantines Tea & Treats 11:00AM: Puzzles 11:30AM: Lunch 12:15PM: Mindful Thinking 2:00PM: Chair Yoga 3:30PM: Word Detective 4:30PM Dinner	14 Valentine's Day 7:30AM: Breakfast 11:15AM: Saturday Stretches 11:30AM: Lunch 12:30PM: Water Doodles 3:30PM: Balloon Volleyball 4:30PM Dinner
15 7:30AM: Breakfast 9:15AM: Devotional 10:30AM: Coffee Chats 11:30AM: Lunch 2:30PM: Sit & Be Fit 4:00PM: Bingo 4:30PM Dinner	16 7:30AM: Breakfast 9:15AM: Mobility Monday 11:15AM: 60's Sing Along 11:30AM: Lunch 2:00PM: Sliding Puzzles 3:30PM: Memory Blast Game 4:00PM: Bingo 4:30PM Dinner	17 7:30AM: Breakfast 10:45AM: Name That Tune & Snack Time with Suzie 11:30AM: Lunch 12:15PM: 1:1 Visits 3:00PM: TTD Guess That Invention 4:00PM: Bingo 4:30PM Dinner	18 Nat. Drink Wine Day 7:30AM: Breakfast 9:30AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: Balloon Volleyball 1:30PM: Connect 4 3:00PM: Movie & Manicures 4:30PM Dinner	19 7:30AM: Breakfast 9:30AM: Ring Toss 10:00AM: TTD Charades! 11:30AM: Lunch 3:00PM: Puzzles 4:00PM: Bingo 4:30PM Dinner	20 7:30AM: Breakfast 8:45AM: Fitness Friday! 11:00AM: Puzzles 11:30AM: Lunch 12:15PM: Mindful Thinking 2:00PM: Chair Yoga 3:30PM: Word Detective 4:30PM Dinner	21 7:30AM: Breakfast 11:15AM: Saturday Stretches 11:30AM: Lunch 12:30PM: Water Doodles 3:30PM: Balloon Volleyball 4:30PM Dinner
22 7:30AM: Breakfast 9:15AM: Devotional 10:30AM: Coffee Chats 11:30AM: Lunch 2:30PM: Sit & Be Fit 4:00PM: Bingo 4:30PM Dinner	23 Banana Bread Day 7:30AM: Breakfast 9:15AM: Mobility Monday 11:15AM: 60's Sing Along 11:30AM: Lunch 2:00PM: Sliding Puzzles 3:00PM: Baking Banana Bread 4:00PM: Bingo 4:30PM Dinner	24 7:30AM: Breakfast 9:30AM: Breath of Fresh Air 10:00AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: 1:1 Visits 3:00PM: TTD Shilouette Painting 4:00PM: Bingo 4:30PM Dinner	25 7:30AM: Breakfast 9:30AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: Balloon Volleyball 1:30PM: Share a Moment Cards 3:00PM: Movie & Manicures 4:30PM Dinner	26 7:30AM: Breakfast 9:30AM: Ring Toss 10:00AM: TTD Dominos 11:30AM: Lunch 3:00PM: Puzzles 4:00PM: Bingo 4:30PM Dinner	27 Nat. Retro Day 7:30AM: Breakfast 8:45AM: Fitness Friday! 11:00AM: Puzzles 11:30AM: Lunch 12:15PM: Mindful Thinking 2:00PM: Chair Yoga 3:30PM: Word Detective 4:30PM Dinner	28 7:30AM: Breakfast 11:15AM: Saturday Stretches 11:30AM: Lunch 12:30PM: Water Doodles 3:30PM: Balloon Volleyball 4:30PM Dinner
<p><i>*All activities are subject to change*</i></p>						