

# January

# Memory Care

Happy  
New Year

# 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>The OSCAR</b> AT GEORGETOWN	*All activities are subject to change*			<b>1</b> New Years Day! 7:30AM: Breakfast 9:30AM: Ring Toss 10:00AM: Mini Canvas Painting 11:30AM: Lunch 12:15PM: Mindful Thinking 3:00PM: Puzzles 4:00PM: Bingo 4:30PM Dinner	<b>2</b> 7:30AM: Breakfast 9:15AM: Fitness Friday! 11:00AM: Puzzles 11:30AM: Lunch 12:15PM: Mindful Thinking 2:00PM: Chair Yoga 3:30PM: Word Detective 4:30PM Dinner	<b>3</b> 7:30AM: Breakfast 11:15AM: Saturday Stretches 11:30AM: Lunch 12:30PM: Water Doodles 3:30PM: Balloon Volleyball 4:30PM Dinner
<b>4</b> 7:30AM: Breakfast 10:00AM: Devotional 10:30AM: Coffee Chats 11:30AM: Lunch 2:30PM: Chair Bowling 4:30PM Dinner	<b>5</b> 7:30AM: Breakfast 9:30AM: Mobility Monday 10:30AM: 60's Sing Along 11:30AM: Lunch 2:00PM: "Snow Ball Fight" 3:30PM: Memory Blast Game 4:00PM: Bingo 4:30PM Dinner	<b>6</b> 7:30AM: Breakfast 9:30AM: Breath of Fresh Air 10:00AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: 1:1 Visits 3:00PM: TTD Decorating Paper Hand Fans 4:00PM: Winter Bingo 4:30PM Dinner	<b>7</b> 7:30AM: Breakfast 9:30AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: 1:1 Visits 3:00PM: Share a Moment Cards 3:00PM: Movie & Manicures 4:30PM Dinner	<b>8</b> <b>Elvis' Birthday</b> 7:30AM: Breakfast 9:30AM: Ring Toss 10:00AM: Mini Canvas Painting 11:30AM: Lunch 3:00PM: Puzzles 4:00PM: Bingo 4:30PM Dinner	<b>9</b> 7:30AM: Breakfast 9:15AM: Fitness Friday! 11:00AM: Puzzles 11:30AM: Lunch 12:15PM: Mindful Thinking 2:00PM: Chair Yoga 3:30PM: Word Detective 4:30PM Dinner	<b>10</b> 7:30AM: Breakfast 11:15AM: Saturday Stretches 11:30AM: Lunch 12:30PM: Water Doodles 3:30PM: Balloon Volleyball 4:30PM Dinner
<b>11</b> 7:30AM: Breakfast 10:00AM: Devotional 10:30AM: Coffee Chats 11:30AM: Lunch 2:30PM: Chair Bowling 4:30PM Dinner	<b>12</b> <b>Hot Tea Day</b> 7:30AM: Breakfast 9:30AM: Mobility Monday 10:30AM: 60's Sing Along 11:30AM: Lunch 2:00PM: High Tea 3:30PM: Memory Blast Game 4:00PM: Bingo 4:30PM Dinner	<b>13</b> 7:30AM: Breakfast 9:30AM: Breath of Fresh Air 10:00AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: 1:1 Visits 4:00PM: TTD Gumball Bingo 4:30PM Dinner	<b>14</b> 7:30AM: Breakfast 9:30AM: Sit & Be Fit 11:30AM: Lunch 12:00PM: TTD Banana Split Social (The Bistro) 12:15PM: Balloon Volleyball 1:30PM: Share a Moment Cards 3:00PM: Movie & Manicures 4:30PM Dinner	<b>15</b> 7:30AM: Breakfast 9:30AM: Ring Toss 10:00AM: Mini Canvas Painting 11:30AM: Lunch 3:00PM: Puzzles 4:00PM: Bingo 4:30PM Dinner	<b>16</b> 7:30AM: Breakfast 9:15AM: Fitness Friday! 11:00AM: Puzzles 11:30AM: Lunch 12:15PM: Mindful Thinking 2:00PM: Chair Yoga 3:30PM: Word Detective 4:30PM Dinner	<b>17</b> 7:30AM: Breakfast 11:15AM: Saturday Stretches 11:30AM: Lunch 12:30PM: Water Doodles 3:30PM: Balloon Volleyball 4:30PM Dinner
<b>18</b> 7:30AM: Breakfast 10:00AM: Devotional 10:30AM: Coffee Chats 11:30AM: Lunch 2:30PM: Chair Bowling 4:30PM Dinner	<b>19</b> <b>MLK Day</b> 7:30AM: Breakfast 9:30AM: Mobility Monday 10:30AM: "I Have a Dream" Board 11:30AM: Lunch 2:00PM: Painting Snow Flakes 3:30PM: Memory Blast Game 4:00PM: Bingo 4:30PM Dinner	<b>20</b> 7:30AM: Breakfast 9:30AM: TTD Learn About the 1900's 10:00AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: 1:1 Visits 4:00PM: Winter Bingo 4:30PM Dinner	<b>21</b> 7:30AM: Breakfast 9:30AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: Balloon Volleyball 1:30PM: Share a Moment Cards 3:00PM: Movie & Manicures 4:30PM Dinner	<b>22</b> 7:30AM: Breakfast 9:30AM: Ring Toss 10:00AM: Mini Canvas Painting 11:30AM: Lunch 3:00PM: TTD Baking Poor Mans Cake 4:00PM: Bingo 4:30PM Dinner	<b>23</b> 7:30AM: Breakfast 9:15AM: Fitness Friday! 11:00AM: Puzzles 11:30AM: Lunch 12:15PM: Mindful Thinking 2:00PM: Chair Yoga 3:30PM: Word Detective 4:30PM Dinner	<b>24</b> 7:30AM: Breakfast 11:15AM: Saturday Stretches 11:30AM: Lunch 12:30PM: Water Doodles 3:30PM: Balloon Volleyball 4:30PM Dinner
<b>25</b> 7:30AM: Breakfast 10:00AM: Devotional 10:30AM: Coffee Chats 11:30AM: Lunch 2:30PM: Chair Bowling 4:30PM Dinner	<b>26</b> 7:30AM: Breakfast 9:30AM: Mobility Monday 10:30AM: 60's Sing Along 11:30AM: Lunch 2:00PM: TTD Making 1900's Cards 3:30PM: Memory Blast Game 4:00PM: Bingo 4:30PM Dinner	<b>27</b> 7:30AM: Breakfast 9:30AM: Breath of Fresh Air 10:00AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: 1:1 Visits 4:00PM: Winter Bingo 4:30PM Dinner	<b>28</b> 7:30AM: Breakfast 9:30AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: Balloon Volleyball 1:30PM: TTD Making Stuffed Baked Apples 3:00PM: Movie & Manicures 4:30PM Dinner	<b>29</b> 7:30AM: Breakfast 9:30AM: Ring Toss 10:00AM: Mini Canvas Painting 11:30AM: Lunch 3:00PM: Puzzles 4:00PM: Bingo 4:30PM Dinner	<b>30</b> 7:30AM: Breakfast 9:15AM: Fitness Friday! 11:00AM: Puzzles 11:30AM: Lunch 12:15PM: Mindful Thinking 2:00PM: Chair Yoga 3:30PM: Word Detective 4:30PM Dinner	<b>31</b> 7:30AM: Breakfast 11:15AM: Saturday Stretches 11:30AM: Lunch 12:30PM: Water Doodles 3:30PM: Balloon Volleyball 5:00PM: Family Night!