

January

Memory Care

Happy
New Year

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>*All activities are subject to change*</p>			<p>1 New Years Day!</p> <p>7:30AM: Breakfast 9:30AM: Ring Toss 10:00AM: Mini Canvas Painting 11:30AM: Lunch 3:00PM: Puzzles 4:00PM: Bingo 4:30PM Dinner</p>	<p>2</p> <p>7:30AM: Breakfast 9:15AM: Fitness Friday! 11:00AM: Puzzles 11:30AM: Lunch 12:15PM: Mindful Thinking 2:00PM: Chair Yoga 3:30PM: Word Detective 4:30PM Dinner</p>	<p>3</p> <p>7:30AM: Breakfast 11:15AM: Saturday Stretches 11:30AM: Lunch 12:30PM: Water Doodles 3:30PM: Balloon Volleyball 4:30PM Dinner</p>
<p>4</p> <p>7:30AM: Breakfast 10:00AM: Devotional 10:30AM: Coffee Chats 11:30AM: Lunch 2:30PM: Chair Bowling 4:30PM Dinner</p>	<p>5</p> <p>7:30AM: Breakfast 9:30AM: Mobility Monday 10:30AM: 60's Sing Along 11:30AM: Lunch 2:00PM: "Snow Ball Fight" 3:30PM: Memory Blast Game 4:00PM: Bingo 4:30PM Dinner</p>	<p>6</p> <p>7:30AM: Breakfast 9:30AM: Breath of Fresh Air 10:00AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: 1:1 Visits 3:00PM: TTD Decorating Paper Hand Fans 4:00PM: Winter Bingo 4:30PM Dinner</p>	<p>7</p> <p>7:30AM: Breakfast 9:30AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: Balloon Volleyball 1:30PM: Share a Moment Cards 3:00PM: Movie & Manicures 4:30PM Dinner</p>	<p>8 Elvis' Birthday</p> <p>7:30AM: Breakfast 9:30AM: Ring Toss 10:00AM: Mini Canvas Painting 11:30AM: Lunch 3:00PM: Puzzles 4:00PM: Bingo 4:30PM Dinner</p>	<p>9</p> <p>7:30AM: Breakfast 9:15AM: Fitness Friday! 11:00AM: Puzzles 11:30AM: Lunch 12:15PM: Mindful Thinking 2:00PM: Chair Yoga 3:30PM: Word Detective 4:30PM Dinner</p>	<p>10</p> <p>7:30AM: Breakfast 11:15AM: Saturday Stretches 11:30AM: Lunch 12:30PM: Water Doodles 3:30PM: Balloon Volleyball 4:30PM Dinner</p>
<p>11</p> <p>7:30AM: Breakfast 10:00AM: Devotional 10:30AM: Coffee Chats 11:30AM: Lunch 2:30PM: Chair Bowling 4:30PM Dinner</p>	<p>12 Hot Tea Day</p> <p>7:30AM: Breakfast 9:30AM: Mobility Monday 10:30AM: 60's Sing Along 11:30AM: Lunch 2:00PM: High Tea 3:30PM: Memory Blast Game 4:00PM: Bingo 4:30PM Dinner</p>	<p>13</p> <p>7:30AM: Breakfast 9:30AM: Breath of Fresh Air 10:00AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: 1:1 Visits 4:00PM: TTD Gumball Bingo 4:30PM Dinner</p>	<p>14</p> <p>7:30AM: Breakfast 9:30AM: Sit & Be Fit 11:30AM: Lunch 12:00PM: TTD Banana Split Social (The Bistro) 12:15PM: Balloon Volleyball 1:30PM: Share a Moment Cards 3:00PM: Movie & Manicures 4:30PM Dinner</p>	<p>15</p> <p>7:30AM: Breakfast 9:30AM: Ring Toss 10:00AM: Mini Canvas Painting 11:30AM: Lunch 3:00PM: Puzzles 4:00PM: Bingo 4:30PM Dinner</p>	<p>16</p> <p>7:30AM: Breakfast 9:15AM: Fitness Friday! 11:00AM: Puzzles 11:30AM: Lunch 12:15PM: Mindful Thinking 2:00PM: Chair Yoga 3:30PM: Word Detective 4:30PM Dinner</p>	<p>17</p> <p>7:30AM: Breakfast 11:15AM: Saturday Stretches 11:30AM: Lunch 12:30PM: Water Doodles 3:30PM: Balloon Volleyball 4:30PM Dinner</p>
<p>18</p> <p>7:30AM: Breakfast 10:00AM: Devotional 10:30AM: Coffee Chats 11:30AM: Lunch 2:30PM: Chair Bowling 4:30PM Dinner</p>	<p>19 MLK Day</p> <p>7:30AM: Breakfast 9:30AM: Mobility Monday 10:30AM: "I Have a Dream" Board 11:30AM: Lunch 2:00PM: Painting Snow Flakes 3:30PM: Memory Blast Game 4:00PM: Bingo 4:30PM Dinner</p>	<p>20</p> <p>7:30AM: Breakfast 9:30AM: TTD Learn About the 1900's 10:00AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: 1:1 Visits 4:00PM: Winter Bingo 4:30PM Dinner</p>	<p>21</p> <p>7:30AM: Breakfast 9:30AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: Balloon Volleyball 1:30PM: Share a Moment Cards 3:00PM: Movie & Manicures 4:30PM Dinner</p>	<p>22</p> <p>7:30AM: Breakfast 9:30AM: Ring Toss 10:00AM: Mini Canvas Painting 11:30AM: Lunch 3:00PM: TTD Baking Poor Mans Cake 4:00PM: Bingo 4:30PM Dinner</p>	<p>23</p> <p>7:30AM: Breakfast 9:15AM: Fitness Friday! 11:00AM: Puzzles 11:30AM: Lunch 12:15PM: Mindful Thinking 2:00PM: Chair Yoga 3:30PM: Word Detective 4:30PM Dinner</p>	<p>24</p> <p>7:30AM: Breakfast 11:15AM: Saturday Stretches 11:30AM: Lunch 12:30PM: Water Doodles 3:30PM: Balloon Volleyball 4:30PM Dinner</p>
<p>25</p> <p>7:30AM: Breakfast 10:00AM: Devotional 10:30AM: Coffee Chats 11:30AM: Lunch 2:30PM: Chair Bowling 4:30PM Dinner</p>	<p>26</p> <p>7:30AM: Breakfast 9:30AM: Mobility Monday 10:30AM: 60's Sing Along 11:30AM: Lunch 2:00PM: TTD Making 1900's Cards 3:30PM: Memory Blast Game 4:00PM: Bingo 4:30PM Dinner</p>	<p>27</p> <p>7:30AM: Breakfast 9:30AM: Breath of Fresh Air 10:00AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: 1:1 Visits 4:00PM: Winter Bingo 4:30PM Dinner</p>	<p>28</p> <p>7:30AM: Breakfast 9:30AM: Sit & Be Fit 11:30AM: Lunch 12:15PM: Balloon Volleyball 1:30PM: TTD: Making Stuffed Baked Apples 3:00PM: Movie & Manicures 4:30PM Dinner</p>	<p>29</p> <p>7:30AM: Breakfast 9:30AM: Ring Toss 10:00AM: Mini Canvas Painting 11:30AM: Lunch 3:00PM: Puzzles 4:00PM: Bingo 4:30PM Dinner</p>	<p>30</p> <p>7:30AM: Breakfast 9:15AM: Fitness Friday! 11:00AM: Puzzles 11:30AM: Lunch 12:15PM: Mindful Thinking 2:00PM: Chair Yoga 3:30PM: Word Detective 4:30PM Dinner</p>	<p>31</p> <p>7:30AM: Breakfast 11:15AM: Saturday Stretches 11:30AM: Lunch 12:30PM: Water Doodles 3:30PM: Balloon Volleyball 5:00PM: Family Night!</p>