

Independent Living

Breast Cancer Awareness Month



2025

Sunday Monday Tuesday Wednesday **Thursday** Friday Saturday 4 10:00AM: Open Gym Time Wear Pink! Nat. Techies Day 9:00AM; LifeLong Learners; Worldwide Trave 10:00AM: Lower Body with Hannah (GYM) 10:30 AM: Upper Body with Sara OSCAR 10:00AM: Chair Pilates (GYM) 9:00AM: Lifelong Learners: Genealogy & DNA (JSB) 10:00AM: Exercise with Fox Rehab (GYM) 10:30AM: Lifelong Learners: Great Conductors of 20th Century (JSB) 12:30PM: Tech Services Presentation (TR) 12:30PM: Hand & Foot Canasta (AR) 1:00PM: Rummikub (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 12:30PM: Pinochle (AR) 2:00PM: The Weekend Watch 11:00AM: The Book Worms Book Club (2FL) 2:00PM: 1:1 Tech Support (Must Sign Up) Party (TR) 3:00PM: Mexican Train (CR) 1:30PM: Sun City Mountain Dulcimers (JSB) 4:00PM: Ladies Night (JSB) 6:30PM: Shuffleboard (GR) 2:15PM: Lifelong Learners: Fascinating Potp *All activities are subject 5:30PM: Shuffleboard (GR) 4:00PM: ATW Oktobe II (TR) 7:00PM: (TR) Contest! 6:30PM: Billiards (GR) 7:00PM: Rummikub (CR) 7:00PM: Friday Night Flicks (TR) to change* AT GEORGETOWN 4:00PM: Social Hour (2FL) 7:00PM: Western Wednesday (TR) 6 10:00AM: SCAM Alert with 9:00AM: Trip to HEB Wear Pink! 9:00AM: Trip to Aldi 10:00AM: Lower Body with Hannah 10:00AM: Open Gym Time (GYM) 9:00AM: Lifelong Learners: Translating the Bible i the Jungle (TR) 10:00AM: Catholic Service (TR) 10:00AM: Upper Body with Hannah Gloria (TR) 9:00AM: LifeLong Learners: Worldwide Travel 10:30 AM: Upper Body with Hannah 10:45AM: The Worship Place (TR) 1:00PM: Bridge Group (AR) 9:00AM: Lifelong Learners: Genealogy & DNA 10:30AM: Devotional (TR) 12:00PM: Bingo (TR) 10:00AM: Chair Pilates (GYM) 11:00AM: Men's Lunch to Tony & Luigi's 11:30AM: Monthly Activity Meeting 2:30PM: Women's Bible Study (2FL) 2:30PM: Exercise with Fox 10:30AM: Lifelong Learners: Grea 1:00PM: Mahjong (AR) 11:00AM: Gym Equipment Training 10:00AM; Exercise with Fox Rehab (GYM) Conductors of 20th Century (JSB) 3:00PM: Chess & Checkers (CR) 10:30AM: Lifelong Learners: Geological Feast (TR) Rehab (GYM) 1:00PM: ATW Nutcracker Painting (AS) (GYM) 11:00 AM: Welcome Group: Card Making (AS) 12:30PM: Pinochle (AR) 12:30PM: Hand & Foot Canasta (AR) 10:30AM: Lifelong Learners: American Sign 3:00PM: Scrabble (CR) 1:00PM: Poker "Texas Hold' Em" (GR) Language (JSB) 1:00PM: Rummikub (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 4:00PM: Social Hour (2FL) 3:00PM: Mexican Train (CR) 1:00PM: Lifelong Learners: Fascinating Potpourri | (TR) 2:00PM: Rummikub (CR) 4:00PM: The Worship Place Choir 3:00PM: Mexican Train (CR) 3:30PM: The Chosen (TR) 4:00PM: Dining Discussion Happy Hour Outing (Must Sign Up) 2:15PM: Lifelong Learners: Fascinating Potpourri || (TR) 4:00PM: ATW German Beer Tastina

2:30PM: Rummikub (CR)

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4:00PM: Social Hour (2FL)
7:00PM: Western Wednesday (TR)

Wear Pink!

10:00AM: Catholic Service (TR) 10:45AM: The Worship Place 12:00PM: Bingo (TR) 2:30PM: Women's Bible Study 3:00PM: Chess & Checkers (CR) 3:00PM: Scrabble (CR) 4:00PM: Social Hour (2FL) 6:00PM: Shuffleboard (GR) 7:00PM: Euchre (Card Game)

10:00AM: Catholic Service (TR)

10:45AM: The Worship Place

2:30PM: Women's Bible Study

3:00PM: Chess & Checkers (CR)

12:00PM: Bingo (TR)

3:00PM: Scrabble (CR)

4:00PM: Social Hour (2FL)

6:00PM: Shuffleboard (GR)

7:00PM: Euchre (Card Game)

26 10:00AM: Catholic Service (TR)

3:00PM: Scrabble (CR)

4:00PM: Social Hour (2FL)

6:00PM: Shuffleboard (GR)

6:15PM: AcTag Dress Rehearsa

"Exit The Body" (Must Sign Up)

7:00PM: Euchre (Card Game) (AR)

10:45AM: The Worship Place (TR)

3:00PM: Chess & Checkers (CR)

2:30PM: Women's Bible Study (2FL)

6:00PM: Shuffleboard (GR)

7:00PM: Euchre (Card Game) (AR)

3:30PM: The Chosen (TR) 6:30PM: Billiards (GR) 7:00PM: Untamed (TR) 1:00PM: Bridge Group (AR) 2:30PM: Exercise with Fox

6:30PM: Billiards (GR)

7:00PM: Untamed (TR)

1:00PM: Bridge Group (AR)

3:00PM: Mexican Train (CR)

(GYM)

Colombus Day

10:30AM: Hydration Class with Susy

1:30PM: ATW VR Dresden & Leipzig

2:30PM: Exercise with Fox Rehab

Rehab (GYM) 3:00PM: Mexican Train (CR) 3:30PM: The Chosen (TR) 6:30PM: Billiards (GR) 7:00PM: Untamed (TR)

3:00PM: Mexican Train (CR)

3:30PM: The Chosen (TR)

6:30PM: Billiards (GR)

7:00PM: Untamed (TR)

27 11:00AM: ATW VR Frankfurt & Nurnberg (TR) 1:00PM: Decorate Your Ride 1:00PM: Bridge Group (AR) 2:30PM: Exercise with Fox Rehab

7:00PM: Mexican Train (CR) 7:00PM: Classic Movie Tuesday (TR) 14 9:00AM: Trip to HEB 10:30AM: Singing Bowl Sound Bath Meditation (TR) 12:00PM: Dining Committe Meeting (JSB) 1:00PM: Mahjong (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 1:30PM: Pink Streaks for Breast Cancer! 2:00PM: Rummikub (CR) 4:00PM: Dining Discussion Happy Hour

7:00PM: Mexican Train (CR)

(JSB)

7:00PM: Classic Movie Tuesday (TR) Nat. Apple Day 9:00AM: Trip to HEB 10:00AM: Upper Body with Hannah (GYM) 11:00AM: Townhall with Carol (TR) 12:30PM: ATW Cooking with Chef David (APT 2105) 1:00PM: Mahjong (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 2:00PM: Rummikub (CR) 4:00PM: Dining Discussion Happy Hour (JSB) 7:00PM: Mexican Train (CR) 7:00PM: Classic Movie Tuesday (TR)

289:00AM: Trip to HEB
10:00AM: Upper Body with Hannah (GYM) 11:00AM: Ladies Lunch to Longho Steakhouse 1:00PM: Mahjong (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 1:30PM: GAPS Art Class (AS) 2:00PM: Rummikub (CR) 3:00PM: The Walker & Wheelchair Jamboree (TR) 4:00PM: Dining Discussion Happy Hou (JSB)

7:00PM: Mexican Train (CR)

9:00AM: LifeLong Learners: Worldwide Travel (TR) 10:00AM: Chair Pilates (GYM) 10:30AM: Lifelong Learners: Great Conductors of 20th Century (JSB) 10:45AM: WowMobile GTX Library (LIB) 11:00 AM: Welcome Group: Card Making (AS) 12:30PM: Pinochle (AR) 1:00PM: Lifelong Learners: Fascinating Potpourri 2:15PM: Lifelong Learners: Fascinating Potpourri 2:30PM: Rummikub (CR) 4:00PM: Social Hour (2FL) 4:00PM: OscarFest! 7:00PM: Western Wednesday (TR) Wear Pink! 9:00AM: LifeLong Learners: Worldwide Travel (TR) 10:00AM: Chair Pilates (GYM) 10:30AM: Lifelong Learners: Great Conductors of 20th Century (JSB)

11:00 AM: Welcome Group: Card Making (AS) 12:30PM: Pinochle (AR) 1:00PM: Lifelong Learners: Fascinating Potpourri 2:15PM: Lifelong Learners: Fascinating Potpourri 2:30PM: Rummikub (CR) 4:00PM: VIP Welcome Group (JSB) 4:00PM: Social Hour (2FL) 7:00PM: Western Wednesday (TR) Wear Pink!

4:00PM; ATW German Trivia Happy Hour! 6:30PM: Billiards (GR) 9:00AM: LifeLong Learners: Worl 10:00AM: Chair Pilates (GYM) 11:00 AM: Welcome Group: Card Making (AS) 12:30PM: Pinochle (AR) 1:00PM: Lifelong Learners: Fascinating Potpourri

1:00PM: Bridge Group (AR) 1:00PM: Lifelong Learners: Fascinating Potpou 2:00PM: BUNCO (AS) 4:00PM:Happy Hour! 6:30PM: Billiards (GR) 7:00PM: Rummikub (CR)

the Jungle (TR) 9:00AM: Lifelong Learners: Genealogy & DNA (JSB)

10:30AM: Lifelong Learners: Geological Feast (TR) 10:30AM: Lifelong Learners: American Sign

9:00AM: Lifelong Learners: Genealogy & DNA (JSB)

10:30AM: Lifelong Learners: Geological Feast (TR)

10:00AM: Exercise with Fox Rehab (GYM)

10:30AM: Lifelong Learners: American Sign

1:00PM: Lifelong Learners: Fascinating Potpo

9:00AM: Trip to Walmart

Language (JSB) 1:00PM: Bridge Group (AR) 1:00PM: Lifelong Learners: Fo

2:00PM: BUNCO (AS)

Happy Hour! 6:30PM: Billiards (GR)

9:00AM: Trip to Public Library

1:00PM: Bridge Group (AR)

2:00PM: BUNCO (AS)

the Jungle (TR)

Language (JSB)

7:00PM: Friday Night Flicks (TR) Nat. Pasta Day 10:00AM: Lower Body with Hannah (GYM) 10:30AM: Devotional (TR) 12:30PM: Hand & Foot Canasta (AR) 1:00PM: Poker "Texas Hold' Em" 1:00PM: Making Pasta (AS) 3:00PM: Mexican Train (CR) 4:00PM: Guys Night (JSB) 5:30PM: Shuffleboard (GR) 7:00PM: Friday Night Flicks (TR)

5:30PM: Shuffleboard (GR)

with Kim (TR)

11:00AM: Pop Jewlery Con with Tracy 1:00PM: Rummikub (AR) 2:00PM: The Weekend Watch Party (TR) 4:30PM: ATW Wahlberg German **Restaurant Outing** 6:30PM: Shuffleboard (GR) 7:00PM: (TR)

10:00AM: Lower Body with Hannah 10:30AM: Devotional (TR) 12:30PM: Hand & Foot Canasta (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 1:00PM: Dementia 101 with Kim-Interactive Presentation (JSB) 3:00PM: Mexican Train (CR) 4:00PM: Monster Mansion Murder Mystery (TR) 5:30PM: Shuffleboard (GR) 7:00PM: Friday Night Flicks (TR)

10:00AM: Open Gym Time (GYM) 10:30 AM: Upper Body with Hannah (GYM) 12:00PM FAMILY FUN DAY 1:00PM: Rummikub (AR) 2:00PM: The Weekend Watch Party (TR) 6:30PM: Shuffleboard (GR) 7:00PM: (TR)

ctober's Around the-World (ATW) Country is Germany!

2:15PM: Lifelong Learners: Fascinating Potpourri 2:30PM: Rummikub (CR) 3:00PM: BINGO (Fun with Fox) (TR) 4:00PM: Social Hour (2FL) 7:00PM: Western Wednesday (TR)

7:00PM: Rummikub (CR) 9:00AM: Trip to Walmart

9:00AM: Lifelong Learners: Translating the Bible in the Jungle (TR) 9:00AM: Lifelong Learners: Genealogy & DNA (JSB) 10:00AM: Exercise with Fox Rehab (GYM) 10:30AM: Lifelong Learners: Geological Feast (TR) 10:30AM: Lifelong Learners: American Sign Langue 1:00PM: Bridge Group (AR)
1:00PM: Lifelong Learners: Fascinating Potpourri ||| 2:00PM: BUNCO (AS) 4:00PM: October Birthday Party Happy Ho 6:30PM: Billiards (GR) 7:00PM: Rummikub (CR)

10:30AM: Devotional (TR) 11:00AM: Mummy Wrapping Contest 12:30PM: Hand & Foot Canasta (AR)

1:00PM: Poker "Texas Hold' Em" (GR) 1:00PM: Ghost & Ghoul Race (CY) 3:00PM: Mexican Train (CR) 3:00PM: Bobbing for Apples & Bat Bean Bag Toss (CY) 5:30PM: Shuffleboard (GR) 7:00PM: Halloween Party! (TR)

Halloween

2:00PM: The Weekend Watch Party

6:30PM: Shuffleboard (GR) 7:00PM: (TR)

10:00AM: Open Gym Time (GYM) 10:30 AM: Upper Body with Hannah

12:00PM: Cookie Decorating-Invite your

25 Nat. Trick or Treat Day