


September

Memory Care

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labor Day! 8:30AM: Breakfast 9:30AM: BINGO 11:30AM: Mindful Thinking 12:00PM: LABOR DAY COOK OUT (The Bistro) 3:30PM: Nail Care 5:00:PM Dinner	2 8:30AM: Breakfast 9:30AM: ATW Building a Model Train 12:00PM: Lunch 2:30PM: Free Hearing Aid Cleaning (Apt 2105) 3:00PM: Sit & Be Fit 5:00:PM Dinner	3 8:30AM: Breakfast 9:30AM: Cornhole 10:30AM: Fall Garland Craft with Katie! 12:00PM: Lunch 3:00PM: Sit & Be Fit 3:30PM: Mindful Thinking 5:00:PM Dinner	4 8:30AM: Breakfast 9:30AM: Aromatherapy Hand Massages 10:00M: ATW Shortbread Kilts 12:00PM: Lunch 2:00PM: Bingo 5:00:PM Dinner	5 8:30AM: Breakfast 9:30AM: Breath of Fresh Air 11:00AM: Puzzles 12:00PM: Lunch 2:00PM: Chair Yoga 3:30PM: Word Detective 5:00:PM Dinner	6 8:30AM: Breakfast 11:30AM: Chair Bowling 12:00PM: Lunch 2:30PM: Ballon Volleyball 5:00:PM Dinner
7 8:30AM: Breakfast 9:30AM: Devotional 10:00AM: Sit & Be Fit 12:00PM: Cookie Decorating with Grand Kids! (The Bistro) 12:00PM: Lunch 4:00PM: Bingo 5:00:PM Dinner	8 8:30AM: Breakfast 9:30AM: BINGO 11:30AM: Checkers 12:00PM: Lunch 2:30PM: ATW Raspberry Jam 3:30PM: Nail Care 5:00:PM Dinner	9 8:30AM: Breakfast 9:30AM: Breath of Fresh Air 10:00AM: Sit & Be Fit 12:00PM: Lunch 3:30PM:Peaceful Painting 5:00:PM Dinner	10 8:30AM: Breakfast 9:30AM: Cornhole 10:45AM: WowMobile GTX Library (TR) 12:00PM: Lunch 1:30PM: ATW VR Scotland (TR) 3:00PM: Sit & Be Fit 3:30PM: Mindful Thinking 5:00:PM Dinner	11 8:30AM: Breakfast 9:30AM: Aromatherapy Hand Massages 10:00AM: Puzzles 12:00PM: Lunch 2:00PM: Kona Ice Truck 3:30PM: Bingo 5:00:PM Dinner	12 8:30AM: Breakfast 9:30AM: Breath of Fresh Air 11:00AM: Pop Darts 12:00PM: Lunch 1:00PM: Chocolate Shake Social (Bistro) 2:00PM: Chair Yoga 3:30PM: Word Detective 5:00:PM Dinner	13 8:30AM: Breakfast 11:30AM: Workstations 12:00PM: Lunch 2:30PM: Ballon Volleyball 5:00:PM Dinner
14 8:30AM: Breakfast 9:30AM: Devotional 11:30AM: Sit & Be Fit 12:00PM: Lunch 4:30PM: Family Night! 4:00PM: Bingo 5:00:PM Dinner	15 8:30AM: Breakfast 9:30AM: BINGO 11:00AM: ATW Paper Thistle Craft 12:00PM: Lunch 3:30PM: Nail Care 5:00:PM Dinner	16 8:30AM: Breakfast 9:30AM: Breath of Fresh Air 10:00AM: Sit & Be Fit 12:00PM: Lunch 3:00PM: ATW Unicorn Soap Making 5:00:PM Dinner	17 8:30AM: Breakfast 9:30AM: Chair Bowling 11:30AM: Fall Flower Arrangements 12:00PM: Lunch 3:00PM: Sit & Be Fit 3:30PM: Mindful Thinking 5:00:PM Dinner	18 8:30AM: Breakfast 10:00AM: Sit & Be Fit 12:00PM: Lunch 2:00PM: Bingo 4:00PM: Wild, Wild Oscar Event 5:00:PM Dinner	19 8:30AM: Breakfast 9:30AM: Breath of Fresh Air 11:00AM: Puzzles 12:00PM: Lunch 2:00PM: Chair Yoga 3:30PM: Word Detective 5:00:PM Dinner	20 8:30AM: Breakfast 11:30AM: Workstations 12:00PM: Lunch 2:30PM: Ballon Volleyball 4:00PM: Resident council* 5:00:PM Dinner
21 8:30AM: Breakfast 9:30AM: Devotional 11:30AM: Sit & Be Fit 12:00PM: Lunch 2:30PM: Chair Bowling 4:00PM: Bingo 5:00:PM Dinner	22 Nat. Checkers Day 8:30AM: Breakfast 9:30AM: BINGO 11:30AM: Checkers 12:00PM: Lunch 3:30PM: Nail Care 5:00:PM Dinner	23 8:30AM: Breakfast 9:30AM: Breath of Fresh Air 10:00AM: Sit & Be Fit 12:00PM: Lunch 3:00PM: Scenic Drive & Ice Cream Outing 5:00:PM Dinner	24 8:30AM: Breakfast 9:30AM: Cornhole 11:30AM: ATW Painting Celtic Knots 12:00PM: Lunch 3:00PM: Sit & Be Fit 3:00PM: Bingo with Ama 4:00PM: VIP Welcome Group (JSB) SHRIMP BOIL on PATIO 5:00:PM Dinner	25 8:30AM: Breakfast 9:30AM: Aromatherapy Hand Massages 10:00AM: Puzzles 12:00PM: Lunch 2:00PM: Bingo 3:30PM: Mindful Thinking 4:00PM: September Birthday Party Happy Hour! (JSB) 5:00:PM Dinner	26 8:30AM: Breakfast 9:30AM: Breath of Fresh Air 11:00AM: Chair Bowling 12:00PM: Lunch 2:00PM: Chair Yoga 3:30PM: Word Detective 5:00:PM Dinner 6:00PM: ATW Bagpipes and Drinks in the Courtyard	27 8:30AM: Breakfast 11:30AM: Pop Darts 12:00PM: Lunch 2:30PM: Ballon Volleyball 5:00:PM Dinner
28 8:30AM: Breakfast 9:30AM: Devotional 12:00PM: Lunch 4:00PM: Bingo 5:00:PM Dinner	29 8:30AM: Breakfast 9:30AM: BINGO 11:30AM: Mindful Thinking 12:00PM: Lunch 3:30PM: Nail Care 5:00:PM Dinner	30 8:30AM: Breakfast 9:30AM: Breath of Fresh Air 10:00AM: Sit & Be Fit 12:00PM: Lunch 3:00PM:Peaceful Painting 5:00:PM Dinner	*All activities are subject to change*			