Independent Living



2025

Sunday Tuesday Wednesday **Thursday** Friday Monday Saturday eptember's 9:00AM: Trip to Walmart 5 Nat. Cheese Pizza Day **Labor Day!** 9:00AM: Trip to HEB 10:00AM: Open Gym Time (GYM) 10:00AM: Chair Pilates (GYM) 10:00AM: Exercise with Fox Rehab (AR) 10:00AM: Upper Body with Hannah (GYM) 10:00AM: Upper Body with Hannah 10:30 AM: Upper Body with World (ATW) 10:00AM: Lower Body with Hannah 11:00 AM: Welcome Group: 11:00AM: The Book Worms Book Club 11:00AM: Men's Lunch to Torchy's Tacos Heather (GYM) (GYM) Card Making (AS) 1:00PM: Mahjong (AR) 1:00PM: Rummikub (AR) 12:00PM: LABOR DAY COOK OUT (The 10:30AM: Devotional (TR) 11:30AM: Trip to Dollar Tree 1:00PM: Poker "Texas Hold' Em" (GR) 12:30PM: Pinochle (AR) 11:00AM: Pizza Special (The Bistro) 2:00PM: The Weekend Watch Country is scotland! Bistro) 1:00PM: Bridge Group (AR) 1:30PM: ATW VR Scotland (TR) 1:00PM: Bingo with Joyce (TR) 12:30PM: Hand & Foot Canasta (AR) Party (TR) 1:00PM: Bridge Group (AR) 2:00PM: Rummikub (CR) 1:00PM: BUNCO (AS) 1:00PM: Poker "Texas Hold' Em" (GR) 2:30PM: Rummikub (CR) 3:30PM: Drinks with Heather 3:00PM: Mexican Train (CR) 4:00PM:ATW Viking Themed Happy 2:30PM: Free Hearing Aid Cleaning (Apt 3:00PM: Mexican Train (CR) 4:00PM: Social Hour (2FL) 3:30PM: The Chosen (TR) 4:00PM: Ladies Night (JSB) 6:30PM: Shuffleboard (GR) 7:00PM: Western Wednesday 6:30PM: Billiards (GR) 6:30PM: Billiards (GR) 5:30PM: Shuffleboard (GR) 7:00PM: Mexican Train (CR) 7:00PM: The Reacher (TR) 7:00PM: Friday Night Flicks (TR) 7:00PM: Rummikub (CR) 7:00PM: Untaimed (TR) 7:00PM: Classic Movie Tuesday (TR) 7 Nat. Grandparents Day 13 10:00AM: Open Gym Time 10:00AM: Chair Pilates (GYM) Nat. Chocolate Milkshake Day 9:00AM: Trip to Sprouts 10:45AM: WowMobile GTX Library 10:00AM: Exercise with Fox Rehab 9:00AM: Trip to HEB 10:00AM: Lower Body with Hannah 1:00PM: Bridge Group (AR) 10:00AM: Catholic Service (TR) 10:30 AM: Upper Body with 10:30AM: Singing Bowl Sound (GYM) 11:00 AM: Welcome Group: Card 11:30AM: Trip to Michael's (Must Sian 10:45AM: The Worship Place (TR) 2:30PM: Exercise with Fox 10:30AM: Devotional (TR) Hannah (GYM) **Bath Meditation (TR)** 11:30AM: Grandparents Brunch (The Poppy) Making (AS) 12:00PM: Speak2 Training 11:30AM: Monthly Activity Meeting (2FL) Rehab (GYM) 12:00PM: Cookie Decorating with Grand 1:00PM: Mahjong (AR) 12:00PM: Speak2 Training (TR) 12:30PM: Pinochle (AR) 12:30PM: Hand & Foot Canasta (AR) (TR) 1:00PM: Speak2 1:1 (Must Sign Up) **Kids! (The Bistro)** 1:00PM: Poker "Texas Hold' Em" 1:00PM: Bridge Group (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 3:00PM: Mexican Train (CR) 1:00PM: Rummikub (AR) 1:00PM: BUNCO (AS) 2:30PM: Women's Bible Study (2FL) 1:30PM: ATW VR Scotland (TR) 1:00PM: Chocolate Shake Social (Bistro) (GR) 2:00PM: The Weekend Watch 3:30PM: The Chosen (TR) 3:00PM: Chess & Checkers (CR) 2:00PM: Kona Ice Truck 3:00PM: Mexican Train (CR) 2:30PM: Rummikub (CR) 2:00PM: Rummikub (CR) Party (TR) 3:00PM: Scrabble (CR) 4:00PM: ATW Scottish Whiskey Tastina 4:00PM: ATW Unicorn Themed Happy 3:00PM: BINGO with Ama (TR) 6:30PM: Billiards (GR) 6:30PM: Shuffleboard (GR) 7:00PM: Mexican Train (CR) 4:00PM: Social Hour (2FL) with Kim (TR) 4:00PM: Social Hour (2FL) 7:00PM: Untaimed (TR) 7:00PM: The Reacher (TR) 7:00PM: Classic Movie Tuesday 6:00PM: Shuffleboard (GR) 7:00PM: Western Wednesday 7:00PM: Euchre (Card Game) (AR) 7:00PM: Friday Night Flicks (TR) 7:00PM: Rummikub (CR) (TR) (TR) Nat. Cinnamon Raisin **Bread Day** 10:00AM: Catholic Service (TR) 10:00AM: Chair Pilates (GYM) 10:00AM: Lower Body with Hannah 10:00AM: Open Gym Time (GYM) 9:00AM: Trip to Walmart 10:45AM: The Worship Place (TR) 9:00AM: Trip to HEB 1:00PM: Bridge Group (AR) 11:00 AM: Welcome Group: Card 10:30 AM: Upper Body with 10:00AM: Exercise with Fox 10:00AM: Upper Body with Hannah 2:30PM: Women's Bible Study 10:30AM: Devotional (TR) Making (AS) Hannah (GYM) 2:30PM: Exercise with Fox Rehab (AR) 11:30AM: ATW Painting Celtic Knots (2FL) 12:30PM: Pinochle (AR) 1:00PM: Rummikub (AR) 11:00AM: Making Cinnamon Raisin Rehab (GYM) 1:00PM: Bridge Group (AR) 12:30PM: Hand & Foot Canasta (AR) 3:00PM: Chess & Checkers (CR) 2:30PM: Rummikub (CR) 1:00PM: Making Fall Wreaths (AS) Bread with Susan (Must Sign Up) 1:00PM: Poker "Texas Hold' Em" (GR) 1:00PM: BUNCO (AS) 3:00PM: Scrabble (CR) 4:00PM: ATW Gin & Tonic BINGO 2:00PM: The Weekend Watch 3:00PM: Mexican Train (CR) 11:00AM: Trip to Hobby Lobby 3:00PM: Mexican Train (CR) 4:00PM: Wild, Wild Oscar 4:00PM: Social Hour (2FL) WITH CARING HANDS Party (TR) 1:00PM: Mahjong (AR) 3:30PM: The Chosen (TR) 4:00PM: Guys Night VR Golf/ put put 6:00PM: Shuffleboard (GR) 4:00PM: Social Hour (2FL) 6:30PM: Shuffleboard (GR) 1:00PM: Poker "Texas Hold' Em" (GR) (JSB) 6:30PM: Billiards (GR) 7:00PM: Euchre (Card Game) 2:00PM: Rummikub (CR) 7:00PM: Western Wednesday 6:30PM: Billiards (GR) 7:00PM: The Reacher (TR) 5:30PM: Shuffleboard (GR) 7:00PM: Mexican Train (CR) (TR) 7:00PM: Rummikub (CR) 7:00PM: Untaimed (TR) 7:00PM: Friday Night Flicks (TR) 7:00PM: Classic Movie Tuesday (TR) 26 **Nat. Checkers Day** 24 25 Nat. Quesadilla Day 10:00AM: Catholic Service (TR) 10:00AM: Lower Body with Hannah 10:00AM: Open Gym Time 10:00AM: Chair Pilates (GYM) 11:00AM: Checkers! (GR) 9:00AM: Trip to Public Library 9:00AM: Trip to HEB 10:45AM: The Worship Place (GYM) 11:00 AM: Welcome Group: Card (GYM) 10:00AM: Upper Body with Hannah 10:00AM: Exercise with Fox Rehab (AR) 1:00PM: Bridge Group (AR) 10:30AM: Devotional (TR) Making (AS) 10:30 AM: Upper Body with 11:30AM: Trip to Dale Essenhaus (GYM) 2:30PM: Women's Bible Study 12:30PM: Hand & Foot Canasta (AR) 12:30PM: Pinochle (AR) 12:00PM: Speak2 Training (TR) 2:30PM: Exercise with Fox Hannah (GYM) 11:00AM: Townhall with Brian (TR) 1:00PM: Poker "Texas Hold' Em" 1:00PM: Speak2 1:1 (Must Sign Up) 1:00PM: Bridge Group (AR) 1:00PM: Mahjong (AR) 12:00PM: Speak2 Training (TR) Rehab (GYM) 3:00PM: Chess & Checkers (CR) 1:00PM: BUNCO (AS) (GR) 2:30PM: Rummikub (CR) 1:00PM: Poker "Texas Hold' Em" (GR) 1:00PM: Rummikub (AR) 3:00PM: Scrabble (CR) 3:00PM: Mexican Train (CR) 2:00PM: ATW Cooking Shepheard's Pic 3:00PM: Mexican Train (CR) 3:00PM: BINGO (Fun with Fox) (TR) 1:30PM: GAPS Art Class (AS) 2:00PM: The Weekend Watch with Chef! (APT 2105) 4:00PM: Social Hour (2FL) 4:00PM: VIP Welcome Group (JSB) 5:30PM: Shuffleboard (GR) 2:00PM: Rummikub (CR) 3:30PM: The Chosen (TR) Party (TR) 4:00PM: September Birthday Party 6:00PM: Shuffleboard (GR) 7:00PM: Mexican Train (CR) SHRIMP BOIL on PATIO 6:00PM: ATW Bagpipes and Drinks 6:30PM: Billiards (GR) Happy Hour! (JSB) 6:30PM: Shuffleboard (GR) 7:00PM: Classic Movie Tuesday (TR) 7:00PM: Euchre (Card Game) 4:00PM: Social Hour (2FL) in the Courtyard 7:00PM: Untaimed (TR) 7:00PM: The Reacher (TR) (AR) 7:00PM: Western Wednesday (TR) 7:00PM: Friday Night Flicks (TR) 7:00PM: Rummikub (CR) 30

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10:00AM: Catholic Service (TR) 10:45AM: The Worship Place (TR) 2:30PM: Women's Bible Study (2FL) 3:00PM: Chess & Checkers (CR)

3:00PM: Scrabble (CR) 4:00PM: Social Hour (2FL) 6:00PM: Shuffleboard (GR)

3:30PM: The Chosen (TR) 6:30PM: Billiards (GR) 7:00PM: Euchre (Card Game) 7:00PM: Untaimed (TR)

1:00PM: Bridge Group (AR) 2:30PM: Exercise with Fox Rehab (GYM)

3:00PM: Mexican Train (CR)

7:00PM: Mexican Train (CR) 7:00PM: Classic Movie Tuesday (TR)

9:00AM: Trip to HEB

10:00AM: Upper Body with Hannah (GYM) 11:00AM: Ladies Lunch Salt Traders 11:30AM: ATW Making Scotish Snowball

1:00PM: Mahjong (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 2:00PM: Rummikub (CR) 4:00PM: Freddie The Singing Cowboy

All activities are subject to change

OSCAR

AT GEORGETOWN