









July



Independent Living

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00AM: Upper Body with Hannah (GYM) 11:00AM: Patriotic Sing Along with Joyful Praise Singers (TR) 11:00AM: Men's Lunch to La Margarita 1:00PM: Mahjong (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 2:00PM: Rummikub (CR) 2:30PM: Free Hearing Aid Cleaning (Apt 2105) 7:00PM: Mexican Train (CR) 7:00PM: Classic Movie Tuesday (TR)	2 11:00 AM: Welcome Group: Card Making (AS) 12:30PM: Pinochle (AR) 1:00PM: Speak2 1:1 (Must Sign Up) 2:30PM: Rummikub (CR) 3:00PM: BINGO (TR) with Tiffany 4:00PM: Social Hour (2FL) 7:00PM: Western Wednesday (TR)	3 9:00AM: Trip to Walmart 10:00AM: Exercise with Fox Rehab (AR) 11:00AM: The Book Worms! Book Club (2FL) 1:00PM: Bridge Group (GR) 1:00PM: BUNCO (AS) 4:00PM: ATW "Celebrate American Freedom" Happy Hour 6:30PM: Billiards (GR) 7:00PM: Rummikub (CR)	4 Happy 4 th of July! 10:15AM: Sertoma's 4 th of July Celebration (Must Sign Up) 10:30AM: Devotional (TR) 12:30PM: Hand & Foot Canasta (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 3:00PM: Mexican Train (CR) 5:30PM: Shuffleboard (GR) 7:00PM: ATW Yankee Doodle Dandy (TR)	5 10:00AM: Open Gym Time (GYM) 10:30 AM: Upper Body with Hannah (GYM) 11:30AM: Urban Rendezvous: Lunch at Wildfire and Fiddler on the Roof at The Palace Theater! 1:00PM: ATW Tie Dye Shirts (AS) 1:00PM: Rummikub (AR) 2:00PM: The Weekend Watch Party (TR) 6:30PM: Shuffleboard (GR) 7:00PM: The Reacher (TR)
6 New York Week! 10:00AM: Catholic Service (TR) 10:45AM: The Worship Place (TR) 2:30PM: Women's Bible Study (2FL) 3:00PM: Chess & Checkers (CR) 3:00PM: Scrabble (CR) 6:00PM: Shuffleboard (GR) 7:00PM: Euchre (Card Game) (AR) 	7 ATW - Walk America -New York! 1:00PM: Bridge Group (AS) 2:00PM: Kitchen Tours (Must Sign Up) 2:30PM: Exercise with Fox Rehab (GYM) 3:00PM: Mexican Train (CR) 3:30PM: The Chosen (TR) 6:30PM: Billiards (GR) 7:00PM: Bridgerton (TR)	8 9:00AM: Trip to HEB 10:00AM: Upper Body with Hannah (GYM) 1:00PM: Mahjong (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 1:00PM: Trip to Sprouts 2:00PM: Rummikub (CR) 7:00PM: Mexican Train (CR) 7:00PM: Classic Movie Tuesday (TR)	9 11:00 AM: Welcome Group: Card Making (AS) 12:30PM: Pinochle (AR) 1:00PM: Speak2 1:1 (Must Sign Up) 2:30PM: Rummikub (CR) 4:00PM: Social Hour (2FL) 7:00PM: Western Wednesday (TR)	10 9:00AM: Trip to Public Library 10:00AM: Exercise with Fox Rehab (AR) 1:00PM: Bridge Group (AS) 4:00PM: ATW The Big Apple "Name That Tune" Happy Hour 6:30PM: Billiards (GR) 7:00PM: Rummikub (CR)	11 10:00AM: Lower Body with Hannah (GYM) 10:30AM: Devotional (TR) 11:30AM: Monthly Activity Meeting (2FL) 12:30PM: Hand & Foot Canasta (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 3:00PM: Mexican Train (CR) 4:00PM: Ladies Night Happy Hour (JSB) 5:30PM: Shuffleboard (GR) 7:00PM: Friday Night Flicks (TR)	12 10:00AM: Open Gym Time (GYM) 10:30 AM: Upper Body with Hannah (GYM) 1:00PM: ATW New York Mementos & Memories (TR) 1:00PM: Rummikub (AR) 2:00PM: The Weekend Watch Party (TR) 6:30PM: Shuffleboard (GR) 7:00PM: The Reacher (TR)
13 Texas Week! 10:00AM: Catholic Service (TR) 10:45AM: The Worship Place (TR) 2:30PM: Women's Bible Study (2FL) 3:00PM: Chess & Checkers (CR) 3:00PM: Scrabble (CR) 6:00PM: Shuffleboard (GR) 7:00PM: Euchre (Card Game) (AR) 	14 ATW - Walk America -Texas! 1:00PM: Bridge Group (AS) 2:00PM: Kitchen Tours (Must Sign Up) 2:30PM: Exercise with Fox Rehab (GYM) 3:00PM: Mexican Train (CR) 3:30PM: The Chosen (TR) 6:30PM: Billiards (GR) 7:00PM: Bridgerton (TR)	15 9:00AM: Trip to HEB 10:00AM: Upper Body with Hannah (GYM) 11:00AM: Ladies Lunch to 2020 Scratch Kitchen 1:00PM: Mahjong (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 2:00PM: Rummikub (CR) 3:00PM: Paint & Sip Watermelons with Wendra (AS) 7:00PM: Mexican Train (CR) 7:00PM: Classic Movie Tuesday (TR) 	16 10:45AM: WowMobile GTX Library (TR) 11:00AM: Welcome Group: Card Making (AS) 12:30PM: Pinochle (AR) 1:00PM: Speak2 1:1 (Must Sign Up) 2:30PM: Rummikub (CR) 3:00PM: BINGO (TR) with Tiffany 4:00PM: Social Hour (2FL) 7:00PM: Western Wednesday (TR)	17 9:00AM: Trip to Walmart 10:00AM: Exercise with Fox Rehab (AR) 12:00PM: Back Yard BBQ Event 1:00PM: Bridge Group (AS) 6:30PM: Billiards (GR) 7:00PM: Rummikub (CR)	18 10:00AM: Lower Body with Hannah (GYM) 10:30AM: Devotional (TR) 12:30PM: Hand & Foot Canasta (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 3:00PM: Mexican Train (CR) 4:00PM: ATW Western Murder Mystery Dinner (TR) 5:30PM: Shuffleboard (GR) 7:00PM: Friday Night Flicks (TR)	19 10:00AM: Open Gym Time (GYM) 10:30 AM: Upper Body with Hannah (GYM) 11:30 AM: Speak2 Q&A Families Encouraged to Attend! (TR) 1:00PM: Rummikub (AR) 2:00PM: The Weekend Watch Party (TR) 2:00PM: ATW Texas- Oplology (CR) 6:30PM: Shuffleboard (GR) 7:00PM: The Reacher (TR)
20 LA Week! 10:00AM: Catholic Service (TR) 10:45AM: The Worship Place (TR) 2:30PM: Women's Bible Study (2FL) 3:00PM: Chess & Checkers (CR) 3:00PM: Scrabble (CR) 6:00PM: Shuffleboard (GR) 7:00PM: Euchre (Card Game) (AR) 	21 ATW - Walk America - California! 11:00AM: Townhall with Brian (TR) 1:00PM: Bridge Group (AS) 2:00PM: Kitchen Tours (Must Sign Up) 2:30PM: Exercise with Fox Rehab (GYM) 3:00PM: Mexican Train (CR) 3:30PM: The Chosen (TR) 6:30PM: Billiards (GR) 7:00PM: Bridgerton (TR)	22 9:00AM: Trip to HEB 10:00AM: Upper Body with Hannah (GYM) 11:30AM: Trip to Kohl's 1:00PM: Mahjong (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 1:30PM: GAPS Art Class (AS) 2:00PM: Rummikub (CR) 7:00PM: Mexican Train (CR) 7:00PM: Classic Movie Tuesday (TR)	23 11:00 AM: Welcome Group: Card Making (AS) 12:30PM: Pinochle (AR) 1:00PM: Speak2 1:1 (Must Sign Up) 2:30PM: Rummikub (CR) 4:00PM: VIP Welcome Group Meet & Greet (JSB) 4:00PM: Social Hour (2FL) 7:00PM: Western Wednesday (TR)	24 9:00AM: Trip to Target 10:00AM: Exercise with Fox Rehab (AR) 1:00PM: Bridge Group (AS) 1:00PM: BUNCO (AS) 4:00PM: West Coast Happy Hour with Tiffany 6:30PM: Billiards (GR) 7:00PM: Rummikub (CR)	25 10:00AM: Lower Body with Hannah (GYM) 10:30AM: Devotional (TR) 12:30PM: Hand & Foot Canasta (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 3:00PM: Mexican Train (CR) 4:00PM:Guys Night Happy Hour (JSB) 5:30PM: Shuffleboard (GR) 7:00PM: Friday Night Flicks (TR)	26 10:00AM: Open Gym Time (GYM) 10:30 AM: Upper Body with Hannah (GYM) 1:00PM: Rummikub (AR) 2:00PM: The Weekend Watch Party (TR) 6:30PM: Shuffleboard (GR) 7:00PM: The Reacher (TR)
27 Chicago Week! 10:00AM: Catholic Service (TR) 10:45AM: The Worship Place (TR) 12:00PM: ATW Lunch to Wise Guys (Must Sign Up) 2:30PM: Women's Bible Study (2FL) 3:00PM: Chess & Checkers (CR) 3:00PM: Scrabble (CR) 6:00PM: Shuffleboard (GR) 7:00PM: Euchre (Card Game) (AR) 	28 ATW - Walk America -Chicago! 1:00PM: Bridge Group (AS) 1:30PM: ATW Musical Monday-Chicago (TR) 2:00PM: Kitchen Tours (Must Sign Up) 2:30PM: Exercise with Fox Rehab (GYM) 3:00PM: Mexican Train (CR) 3:30PM: The Chosen (TR) 6:30PM: Billiards (GR) 7:00PM: Bridgerton (TR)	29 9:00AM: Trip to HEB 10:00AM: Upper Body with Hannah (GYM) 1:00PM: Mahjong (AR) 1:00PM: Poker "Texas Hold' Em" (GR) 1:30PM: Treasures Thrift Store Outing 2:00PM: Rummikub (CR) 7:00PM: Mexican Train (CR)	30 11:00 AM: Welcome Group: Card Making (AS) 11:30AM: ATW Cooking Class with Chef David 12:30PM: Pinochle (AR) 1:00PM: Speak2 1:1 (Must Sign Up) 2:30PM: Rummikub (CR) 3:00PM: Fun with Fox 4:00PM: Social Hour (2FL) 7:00PM: Western Wednesday (TR)	31 National Mutt Day 9:00AM: Trip to Walmart 10:00AM: Exercise with Fox Rehab (AR) 1:00PM: Bridge Group (AS) 1:00PM: Dog Parade (TR) 4:00PM: July Birthday Party Happy Hour (Javier S.) 6:30PM: Billiards (GR) 7:00PM: Rummikub (CR)	 *All activities are subject to change*	July's Around the World (ATW) Country is The United States!