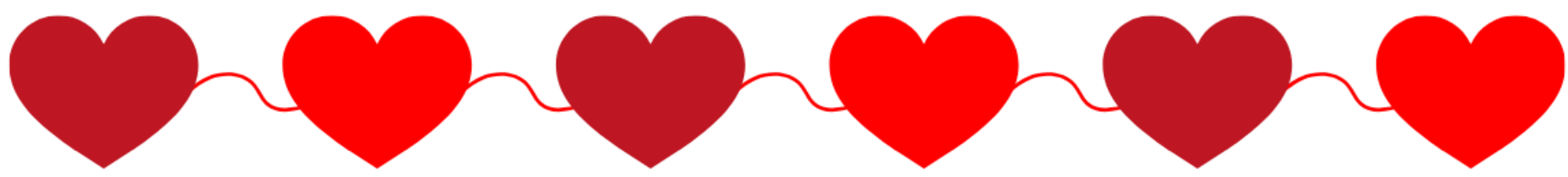

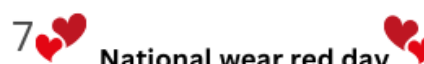




# FEBRUARY Assisted Living 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>1</p> <p>10:00AM: Open Gym Time (GYM) 10:30 AM: Upper Body with Hannah (GYM) 11:30 AM: Wine Bottle Decorating (AS) 1:00PM: Rummikub (AR) 4:30PM: Gentleman's Evening (JSB) 6:30PM: Shuffleboard (GR):</p>
<p>2</p> <p><b>Groundhog Day!</b> </p> <p>10:00AM: Catholic Service (TR) 10:45AM: The Worship Place (TR) 1:30PM: Skip-Bo (AR) 2:00 PM: Walking Group (LR) 3:00PM: Groundhog Day Movie (DR) 4:00 PM: Mindful Color (DR)</p>	<p>3</p> <p>9:30 AM: Morning Move and Stretch (DR) 10:30 PM: Iceland Community Puzzle (ATW) (DR) 11:00 AM: Lets Get Crafty (DR) 11:00AM: Book Club (2FL) 3:00PM: Mexican Train (CR) 2:00 PM: Walking Group (LR) 4:00 PM: Mindful Color (DR)</p>	<p>4</p> <p>11:00:00 AM: Chair Yoga (DR) 11:00 AM: Blackjack (DR) 11:30AM: Pre- Planning Presentation with Carisa from Cook- Walden 11:30AM: Salon Day (Hair Services) 2:00PM: Rummikub (CR) 3:00PM: Classic Movie Tuesday (TR)</p>	<p>5</p> <p>9:00AM: World Wide Travel LLL (TR) 9:00AM: Genealogy &amp; DNA Research LLL (JSB) 11:00PM: Dominoes 2:30PM: Exercise with Fox Rehab (DR) 2:30PM: Rummikub (CR) 3:00PM: Western Wednesday</p>	<p>6</p> <p><b>National chopstick day</b> </p> <p>9:30AM: Seated Yoga with Hannah (GYM) 10:30AM: Oil Its Origins to Your Tank LLL (TR) 10:30AM: Readers Circle: Great American Shorts LLL (JSB) 1:00PM: BUNCO Group (AS) 4:00PM: Iceland Viking Happy Hour (ATW) 6:00 PM: Personal Music Therapy</p>	<p>7</p> <p><b>National wear red day</b> </p> <p>9:30AM: Lower Body with Hannah (GYM) 10:30AM: Devotional (2FL) 11:30AM: March Activity Planning (TR) 1:30 PM: Knitting/ Crocheting by the Fireside (LR) 3:00PM: Mexican Train (CR) 3:00PM: Friday Flicks (TR)</p>	<p>8</p> <p>10:00AM: Open Gym Time (GYM) 10:30 AM: Upper Body with Hannah (GYM) 1:00 PM: Rummikub (AR) 3:00 PM: Paint and Sip (AS) 6:00PM: Community Lantern Send OFF (ATW) 6:30PM: Shuffleboard (GR)</p>
<p>9</p> <p><b>Super Bowl Sunday &amp; National Pizza Day</b> </p> <p>10:00AM: Catholic Service (TR) 10:45AM: The Worship Place (TR) 1:30PM: Skip-Bo (AR) 3:00PM: Chess &amp; Checkers (GR) 2:00 PM: Walking Group (LR) 4:00 PM: Mindful Color (DR) 6:30PM: SUPERBOWL &amp; Pizza Party!</p>	<p>10</p> <p>9:30 AM: Morning Move and Stretch (DR) 10:30 PM: Iceland Community Puzzle (ATW) (DR) 11:00 AM: Lets Get Crafty (DR) 3:00PM: Mexican Train (CR) 2:00 PM: Walking Group (LR) 4:00 PM: Mindful Color (DR)</p>	<p>11</p> <p>11:00:00 AM: Chair Yoga (DR) 11:00 AM: Blackjack (DR) 11:30AM: Salon Day (Hair Services) 2:00PM: Rummikub (CR) 3:00PM: Classic Movie Tuesday (TR)</p>	<p>12</p> <p>9:00AM: World Wide Travel LLL (TR) 9:00AM: Genealogy &amp; DNA Research LLL (JSB) 11:00PM: Dominoes 2:30PM: Exercise with Fox Rehab (DR) 1:00PM: VR Whale Watching Iceland (ATW) 2:30PM: Rummikub (CR) 3:00PM: Western Wednesday</p>	<p>13</p> <p><b>Galentines Day</b> </p> <p>9:30AM: Seated Yoga with Hannah (GYM) 10:30AM: Oil Its Origins to Your Tank LLL (TR) 10:30AM: Readers Circle: Great American Shorts LLL (JSB) 1:00PM: BUNCO Group (AS) 4:00PM: Galantines Dinner (TR) 6:00 PM: Personal Music Therapy</p>	<p>14</p> <p><b>HAPPY Valentine's Day</b> </p> <p>9:30AM: Lower Body with Hannah (GYM) 10:30AM: Devotional (2FL) 1:30 PM: Knitting/ Crocheting by the Fireside (LR) 3:00PM: Mexican Train (CR) 4:00PM: Private Valentines Dinner 3:00PM: Friday Flicks (TR)</p>	<p>15</p> <p>10:00AM: Open Gym Time (GYM) 10:30 AM: Upper Body with Hannah (GYM) 1:00PM: Rummikub (AR) 6:30PM: Shuffleboard (GR)</p>
<p>16</p> <p>10:00AM: Catholic Service (TR) 10:45AM: The Worship Place (TR) 1:30PM: Skip-Bo (AR) 2:00 PM: Walking Group (LR) 4:00 PM: Mindful Color (DR)</p>	<p>17</p> <p>9:30 AM: Morning Move and Stretch (DR) 10:30 PM: Iceland Community Puzzle (ATW) (DR) 11:00 AM: Lets Get Crafty (DR) 1:00 PM: Walmart Shopping Trip 3:00PM: Mexican Train (CR) 2:00 PM: Walking Group (LR) 4:00 PM: Mindful Color (DR)</p>	<p>18</p> <p><b>National Drink Wine Day!</b> </p> <p>11:00:00 AM: Chair Yoga (DR) 11:00 AM: Blackjack (DR) 11:30AM: Salon Day (Hair Services) 2:00PM: Rummikub (CR) 3:00PM: Classic Movie Tuesday (TR) 4:00 PM: Wine Tasting (DR)</p>	<p>19</p> <p>9:00AM: World Wide Travel LLL (TR) 9:00AM: Genealogy &amp; DNA Research LLL (JSB) 10:45AM: Outreach Library (LIB) 11:00PM: Dominoes 2:30PM: Exercise with Fox Rehab (DR) 1:30PM: Julie Latson Speaking (TR) 2:30PM: Rummikub (CR) 3:00PM: Western Wednesday</p>	<p>20</p> <p>9:30AM: Seated Yoga with Hannah (GYM) 10:30AM: Oil Its Origins to Your Tank LLL (TR) 10:30AM: Readers Circle: Great American Shorts LLL (JSB) 11:00AM: Making an Aurora Borealis in a jar (ATW) (AS) 1:00PM: BUNCO Group (AS) 4:00PM: Feb Bday Party Happy Hour 6:00 PM: Personal Music Therapy</p>	<p>21</p> <p><b>National Caregivers Day</b></p> <p>9:30AM: Lower Body with Hannah (GYM) 10:30AM: Devotional (2FL) 11:30AM: March Activity Planning (TR) 1:30 PM: Knitting/ Crocheting by the Fireside (LR) 3:00PM: Mexican Train (CR) 3:00PM: Friday Flicks (TR)</p>	<p>22</p> <p><b>National Margarita Day!</b> </p> <p>10:00AM: Open Gym Time (GYM) 10:30 AM: Upper Body with Hannah (GYM) 11:30 AM: Volcano Art Painting (ATW) (AS) 1:00PM: Rummikub (AR) 4:00 PM: Margarita Tasting (DR) 6:30PM: Shuffleboard (GR)</p>
<p>23</p> <p>10:00AM: Catholic Service (TR) 10:45AM: The Worship Place (TR) 1:30PM: Skip-Bo (AR) 2:00 PM: Walking Group (LR) 4:00 PM: Mindful Color (DR)</p>	<p>24</p> <p>9:30 AM: Morning Move and Stretch (DR) 10:30 PM: Iceland Community Puzzle (ATW) (DR) 11:00 AM: Lets Get Crafty (DR) 3:00PM: Mexican Train (CR) 2:00 PM: Walking Group (LR) 4:00 PM: Mindful Color (DR)</p>	<p>25</p> <p>11:00:00 AM: Chair Yoga (DR) 11:00 AM: Blackjack (DR) 11:30AM: Salon Day (Hair Services) 1:30PM: GAPS Art Class (AS) 2:00PM: Rummikub (CR) 3:00PM: Classic Movie Tuesday (TR)</p>	<p>26</p> <p>9:00AM: World Wide Travel LLL (TR) 9:00AM: Genealogy &amp; DNA Research LLL (JSB) 11:00PM: Dominoes 1:00 PM: Around the World Cooking Class (ATW) 2:00PM: Day of Decadence at The Oscar 2:30PM: Exercise with Fox Rehab (DR) 2:30PM: Rummikub (CR) 3:00PM: Western Wednesday</p>	<p>27</p> <p><b>National Retro Day</b> </p> <p>9:30AM: Seated Yoga with Hannah (GYM) 10:30AM: Oil Its Origins to Your Tank LLL (TR) 10:30AM: Readers Circle: Great American Shorts LLL (JSB) 11:00AM: Making an Aurora Borealis in a jar (ATW) (AS) 1:00PM: BUNCO Group (AS) 4:00PM: Retro Happy Hour 6:00 PM: Personal Music Therapy</p>	<p>28</p> <p>9:30AM: Lower Body with Hannah (GYM) 10:30AM: Devotional (2FL) 11:30AM: March Activity Planning (TR) 1:30 PM: Knitting/ Crocheting by the Fireside (LR) 3:00PM: Mexican Train (CR) 3:00PM: Friday Flicks (TR)</p>	

\*Please note that all activities are subject to change.

