November 2026 - Memory Care

An Atlas Senior Living Community

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 • 9 AM Catholic Service • 11 AM Virtual Church • 12 PM Prayer Group • 2:30 PM Ice Cream Social • 4 PM Independant Reading	**2** • 9 AM Coffee & News Chat • 10 AM The Loop • 11 AM Karaoke • 12 PM Hydration Station • 1 PM One on One's • 2 PM Arts & Crafts • 3 PM Luycent Table Laughs • 4 PM Hydration Station • 5 PM Dinner prep	**3** • 9 AM Coffee & News Chat • 10 AM Daily Devotions • 11 AM Sing Along • 1 PM Throwback TV • 2 PM Puzzle Mania • 3 PM Courtyard walk • 4 PM Hydration Station • 5 PM Dinner prep	**4** • 9 AM Good News Broadcast • 10 AM Exercise with Karis • 11 AM Painting Pictures • 12 PM Hydration Station • 2 PM Famous Faces • 2:30 PM Protein Power! • 3:30 PM Gardening • 4:30 PM Bocce Ball	**5** • 9 AM Moving to the Oldies • 10 AM Trinket Case • 11 AM Hydration Station • 11:30 AM Exercise with Karis • 1:30 PM Reading out loud • 2:30 PM One on One's • 3 PM Arts & Crafts	**6** • 9 AM Morning Coffee Chat • 10 AM The Loop • 11 AM Hot Coco Hour • 1 PM Beachball Kicks • 2 PM Finish the Phrase • 3 PM Karaoke • 4 PM Dinner prep	**7** • 9 AM Morning Music • 10 AM Virtual Exercise • 11 AM Throwback TV • 1 PM Atlas through the years • 2 PM Independant Reading • 3 PM Moving to the Oldies • 4 PM Hydration Station
8 • 9 AM Catholic Service • 11 AM Virtual Church • 12 PM Prayer Group • 2:30 PM Ice Cream Social	**9** • 9 AM Reflection Circle • 10 AM The Loop • 11 AM Music for Music Lovers • 12 PM Hydration Station • 2 PM Bingo • 2:30 PM Protein Power! • 3:30 PM Happy hour w/ mocktails • 4:30 PM Trivia • 6 PM Our Planet	**10** • 9 AM Coffee & News Chat • 10 AM Exercise with Karis • 11 AM Tell Me Tuesdays • 1 PM Talk Tracks • 2 PM Arts & Crafts • 3 PM Beachball Kicks • 4 PM Independant Reading	**11** • 9 AM Armchair Travels • 10 AM Exercise with Karis • 11 AM Hydration Station • 11 AM Luycent Table Laughs • 1 PM Ribbon Dancing • 2 PM Let's go Baking • 3 PM Bean Bag Toss • 4 PM Dinner prep	**12** • 9 AM One on One's • 10 AM Resident Council Meeting • 11 AM Outdoor walk • 11:30 AM Tea Time • 1 PM Taste Tests • 2 PM Puzzle Mania • 3 PM Protein Power! • 4 PM Luycent Table Laughs	**13** • 9 AM Morning Music • 10 AM The Loop • 11 AM Courtyard walk • 1 PM Sensory pads • 2 PM Memory match • 3 PM Matinee Movie	**14** • 9 AM Throwback TV • 10 AM Virtual Exercise • 11 AM Karaoke • 1 PM Independant Reading • 2 PM Atlas through the years • 3 PM Hot Coco Hour
15 • 9 AM Catholic Service • 11 AM Virtual Church • 12 PM Prayer Group • 2:30 PM Ice Cream Social • 4 PM Good News Broadcast	**16** • 9 AM Good News Broadcast • 10 AM Scenic Ride • 11 AM One on One's • 12 PM Hydration Station • 1 PM Painting Pictures • 2 PM Noodle ball • 3 PM Protein Power! • 4 PM Independant Reading	**17** • 9 AM Tell Me Tuesdays • 10 AM Seated ROM Exercise • 11 AM Courtyard walk • 12 PM Hydration Station • 1 PM Finish the Phrase • 2 PM Dance Party • 3 PM Happy hour w/ mocktails • 4 PM Brain Games	**18** • 9 AM Coffee & News Chat • 10 AM Exercise with Karis • 11 AM Balloon Volleyball • 12 PM Hydration Station • 1 PM Sensory pads • 2 PM Karaoke • 3 PM Bingo • 4 PM Gardening	**19** • 9 AM Good News Broadcast • 10 AM Trinket Case • 11 AM Exercise with Karis • 1 PM Remember when • 2 PM Arts & Crafts • 2:30 PM Hydration Station • 3:30 PM Noodle ball • 4:30 PM Dinner prep • 6 PM Movie Night	**20** • 9 AM Morning Music • 10 AM Scenic Ride • 11 AM Courtyard walk • 12 PM Hydration Station • 1 PM Building Blocks • 2 PM Throwback TV • 3 PM Table games • 4 PM Independant Reading	**21** • 9 AM Good News Broadcast • 10 AM Virtual Exercise • 11 AM Armchair Travels • 1 PM Lincoln Logs • 2 PM Atlas through the years • 3 PM Karaoke • 4 PM Hydration Station • 5 PM Dinner prep
22 • 9 AM Catholic Service • 11 AM Virtual Church • 12 PM Prayer Group • 2 PM Ice Cream Social • 3 PM Chair Dancing • 3:30 PM Hydration Station • 4:30 PM Dinner prep	**23** • 9 AM Coffee & News Chat • 10 AM Scenic Ride • 11 AM Sing Along • 1 PM Talk Tracks • 2 PM Tea Time • 3 PM Scavenger Hunt • 4 PM Throwback TV	**24** • 9 AM Good News Broadcast • 10 AM Exercise with Karis • 11 AM Gardening • 1 PM Building Blocks • 2 PM Let's go Baking • 3 PM Karaoke • 3:30 PM Chair Dancing • 4:30 PM Dinner prep	**25** • 9 AM Coffee & News Chat • 10 AM Moving to the Oldies • 11 AM Arts & Crafts • 1 PM Bean Bag Toss • 2 PM Creative Coloring • 3 PM Finish the Phrase • 4 PM Hot Coco Hour	**26** • 9 AM Exercise with Karis • 10 AM Daily Devotions • 11 AM Courtyard walk • 1 PM Lincoln Logs • 2 PM Memory match • 3 PM Luycent Table Laughs • 4 PM Dinner prep	**27** • 9 AM Morning Coffee Chat • 10 AM Scenic Ride • 11 AM Sensory pads • 1 PM Reflection Circle • 2 PM Poetry Hour • 3 PM Seated ROM Exercise • 4 PM Happy hour w/ mocktails	**28** • 9 AM Morning Music • 10 AM Moving to the Oldies • 11 AM Creative Coloring • 12 PM Hydration Station • 2 PM Atlas through the years • 4 PM Balloon Volleyball • 5 PM Armchair Travels
29 • 9 AM Catholic Service • 11 AM Virtual Church • 12 PM Prayer Group • 2 PM Ice Cream Social • 3 PM Dance Party • 4 PM Our Planet	**30** • 9 AM Coffee & News Chat • 10 AM Scenic Ride • 11 AM Arts & Crafts • 12 PM Hydration Station • 1 PM Sing Along • 2 PM Cornhole Tournament • 3 PM Protein Power! • 4 PM Dance Party • 5 PM Dinner prep					