November 2026 - Independent Living

An Atlas Senior Living Community

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9 AM Catholic Service 11 AM Virtual Church 12 PM Prayer Group 2 PM Ice Cream Social 3 PM Happy Hour 3 PM Rummikub Group	**2** 10 AM Exercise 11 AM Brain Games 1 PM Scavenger Hunt for circles 2 PM Bingo 3 PM Happy Hour 4 PM Trivia 6:30 PM Our Planet	**3** 7 AM New Breakfast in Palmer's 10 AM Exercise 11 AM Brain Games 11 AM Bible Study 11 AM New menu in the Bistro 1 PM New Friends New Stories 2 PM Bingo 3 PM Happy Hour 3:30 PM Bernard's has a new menu 4 PM One on One's 5 PM Spin the Vinyl	**4** 10 AM Exercise 10 AM The Loop 11 AM Brain Games 1 PM Mixed Media 2 PM Jeopardy 3 PM Happy Hour 4 PM Chair Dancing 4:45 PM Dinner Club-Allegro Bistro	**5** 10 AM Exercise 11 AM Brain Games 2 PM Atlas through the years 3 PM Happy Hour 4 PM Chinese Night in Palmer's 5 PM Game Night 6 PM Calling all Card Players	**6** 10 AM Exercise with Meredith 11 AM Brain Games 1 PM The Loop 2 PM Bingo 3 PM Happy Hour 3 PM Fri-yay Happy Hour 3 PM New resident Mixer, Bar 4 PM Gardening	**7** 10 AM Water Aerobics with H2O 1 PM Learning Bridge 2 PM Book Exchange Day 3 PM Happy Hour 4 PM Walking Group
8 9 AM Catholic Service 10 AM Courtyard walk 11 AM Virtual Church 12 PM Prayer Group 2 PM Ice Cream Social 3 PM Rummikub Group 3 PM Happy Hour	**9** 10 AM Exercise 11 AM Brain Games 12 PM Let's go Baking 2 PM Bingo 3 PM Happy Hour 4 PM Chair Dancing 6:30 PM Firepit Smores 7 PM Calling all Card Players 8 PM Evening Meditation	**10** 10 AM Exercise 11 AM Trivia 11 AM Bible Study 1 PM Walking Group 2 PM Bingo 3 PM Happy Hour 4 PM Bridge 6:30 PM TV - Rewinds	**11** 10 AM The Loop 10 AM Exercise with Meredith 11 AM Brain Games 1 PM Scrabble Group 2:30 PM Veterans Pinning & Music 3 PM Happy Hour 5:30 PM Shoot a game of pool	**12** 10 AM Exercise 11 AM Brain Games 12:30 PM AmeriLife Meeting, theater 3 PM Happy Hour 4 PM Outdoor walk 6:30 PM Our Planet	**13** 10 AM Exercise 11 AM Brain Games 12 PM Beat the Director 1 PM The Loop 2 PM Bingo 3 PM Fri-yay Happy Hour 4 PM Hand and Foot 6:30 PM Hot Coco Hour 7 PM I spy in the nights sky	**14** 10 AM Water Aerobics with H2O 10 AM National Pickle Day 11 AM Open House 12 PM Get your pickles Day! 1 PM Learning Bridge 2 PM Hydration Station 3 PM Happy Hour 4 PM Jeopardy 7 PM Bingo with Chris
15 9 AM Catholic Service 11 AM Virtual Church 12 PM Prayer Group 2 PM Ice Cream Social 3 PM Rummikub Group 3 PM Happy Hour 6:30 PM Movie Night	**16** 10 AM Exercise with Meredith 11 AM Brain Games 1 PM Arts & Crafts 2 PM Bingo 3 PM Happy Hour 3:30 PM Let's go Baking	**17** 10 AM Exercise with Meredith 11 AM Professional Art 11 AM Bible Study 2 PM Bingo 3 PM Happy Hour 4 PM Pasta Night in Palmers	**18** 9 AM Morning Coffee Chat 10 AM Exercise with Meredith 11 AM Brain Games 1 PM Walking Group 2 PM Mexican Train 3 PM Happy Hour 3 PM Goldton Jazz Ensemble 4:30 PM Stand-up Comedy 4:45 PM Dinner Club 5:30 PM Music with Joe 7 PM Firepit Smores	**19** 10 AM Exercise with Meredith 11 AM Brain Games 1 PM Name That Tune 2 PM Atlas through the years 3 PM Happy Hour 4 PM The Next Chapter 7 PM Our Planet	**20** 10 AM Exercise with Meredith 11 AM Brain Games 12 PM Mixed Media 2 PM Bingo 3 PM Happy Hour 4 PM Town Hall Meeting 7 PM I spy in the nights sky	**21** 10 AM Water Aerobics with H2O 12 PM Learning Bridge 1 PM Learning Bridge 1 PM Sip and Paint 3 PM Happy Hour 4 PM Outdoor walk 6:30 PM Movie Night
22 9 AM Catholic Service 10 AM Hydration Station 11 AM Virtual Church 12 PM Prayer Group 2 PM Ice Cream Social 3 PM Rummikub Group 4 PM Outdoor walk 6:30 PM Our Planet	**23** 10 AM Exercise with Meredith 11 AM Brain Games 11 AM Expreeso and coffee bar 11 AM Coffee Day! 1 PM One on One's 2 PM Bingo 3 PM Moving to the Oldies 4 PM New Friends New Stories	**24** 10 AM Exercise with Meredith 11 AM Bible Study 11 AM Brain Games 1 PM Jeopardy 2 PM Bingo 3 PM Let's go Baking 4 PM Outdoor walk 5 PM Thanksgiving music with Groovy 7 PM Throwback TV	**25** 10 AM Exercise with Meredith 11 AM Brain Games 12:30 PM Courtyard Picnic 2 PM Arts & Crafts 3 PM Wine Down Wednesday 4 PM Volunteer Group 5 PM Jeopardy	**26** 9:15 AM Bar Closed all day 10 AM Exercise with Meredith 11 AM Brain Games 12 PM Mixed Media 1 PM Thanksgiving, Palmers 1:30 PM Thrift Shopping 3 PM Happy hour w/ mocktails 4 PM Gardening 6 PM Venice Shelling Group	**27** 8 AM Black out Friday 9 AM Exercise with Meredith 10 AM Brain Games 12 PM Book Club 1 PM Beat the Director 2 PM Bingo 3 PM Fri-yay Happy Hour 4 PM Game Night 7 PM Evening Meditation	**28** 10 AM Water Aerobics with H2O 12 PM Painting Pictures 1 PM Learning Bridge 2 PM Fun, fit boxing 3 PM Karaoke 7 PM Evening Meditation
29 9 AM Catholic Service 11 AM Virtual Church 12 PM Prayer Group 2 PM Ice Cream Social 3 PM Rummikub Group 3:30 PM Scrabble Group 6:30 PM Night of Worship (NOW)	**30** 10 AM Cyber Monday shopping 10 AM Exercise with Meredith 11 AM Trivia 1 PM Reflection Circle 2 PM Bingo 3 PM Hand and Foot 3 PM Happy Hour 4 PM Gardening 6:30 PM Walking Group					