

2026 JANUARY: 1900's



Memory Care

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|--|--|--|--|
| | | | | 1 9:30- Morning Music 10:30- Seated Exercise 11 - Finish the Line 1- Balloon Volleyball 2- Name That Tune 3 - Atlas through the years | 2 9:30- Let's get backing 10- Scenic Bus ride 1:30- Noodle Ball 2:30 - Coloring Hour 3:30 Cream puff day 4:00 Science Experiments | 3 10 - Throwback TV 11-magazine collage 2- Ice Cream Social 3- Moving to the oldies 3:30 - Independent Reading 4-Crafting hour |
| 4 9 Sunday Morning Hymns 10- Sunday Morning News 11 Live Stream Church 11- Building Blocks 1- Creative Coloring 2- Movie Matinee 3- | 5 9:30 - Good News Broadcast 10- Scenic Bus Ride 10:30 - Creative Coloring 1- Talk Tracks 3 - Reading out loud reading 4 - Monday Movie 6 Tree Lighting | 6 9:30 - Morning coffee chat 10- Crafting; mixed media 1- Crafting Hour 2- Balloon Volleyball 3- Wizard of oz day 3 - Popcorn day 5 Dance Party | 7 9:30- Morning Music 10:30- Stretch and Strength 11 - Snacks from 1900's 1- Corn Hole 2- Trivia 3- Brain Games 4 - Talk Tracks | 8 9:30- Trinket Case 10:30- Seated Exercise 11 - Finish the Line 1- Balloon Volleyball 2- Name That Tune 3 - Atlas through the years | 9 9:30- Let's get backing 10- Scenic Bus Ride 1:30- Noodle Ball 2:30 - Sing Along 3:30-National Apricot day 4:00- Sensory Pads | 10 10 - Throwback TV 11- Courtyard Walk 1- Table Games 2- Ice cream Social 3:30 - Building Blocks 4 - Dance Party |
| 11 Sunday Morning Hymns 10- Sunday Morning News 11 Live Stream Church 11- Reminiscing 1- Creative Coloring 2- Movie Matinee 3 - Story time | 12 9:30 - Good News Broadcast 10- Scenic Bus Ride 10 -Brownies backing 1- Talk Tracks 2- All about the Wright Brothers 3 - Building Blocks 4 - Monday Movie | 13 9:30 - Hot Coco hour 10 - Daily Devotions 10:30 - Pool Noodle Exercise 1- Resident Counsel 2- Balloon Volleyball 3- Courtyard fun | 14 9:30- Morning Music 10:30- Stretch and Strength 11 -Music from the 1900's 1- Corn Hole 2- Trivia 3- Brain Games 4-International kite day | 15 9:30- Morning Music 10:30- Seated Exercise 11 - Finish the Line 1- Balloon Volleyball 2- Name That Tune 3 - Atlas Through the years 5: Dementia Support | 16 9:30 - Let's Get Baking 10- Scenic Bus ride 1:30 - Noodle Ball 2:30 - National Fig newton day 3:30- Movie Matinee 4:00 Outdoor Walk | 17 10 - Throwback TV 11 - Cornhole 1- Balloon Toss 2- Ice Cream Social 3 - Movie Matinee 4- ROM Exercise |
| 18 9 Sunday Morning Hymns 10- Sunday Morning News 11 Live Stream Church 11- Building Blocks 1- Creative Coloring 2- Movie Matinee 3 - Outdoor walk | 19 9:30 - Good News Broadcast 10- Scenic Bus Ride 10:30 - Creative Coloring 1- Talk Tracks 2-Baking Cupcakes/muffins day 3 - Building Blocks | 20 9:30 - Hot Cider / Doughnuts 10 - Daily Devotions 10:30 - Pool Noodle Exercise 1- Crafting Hour 2- Balloon Volleyball 3- Outdoor walk | 21 9:30- Morning Music 10:30- Stretch and Strength 11 - Lincoln logs 1- Corn Hole 2- Trivia 3- Brain Games 4 - Talk Tracks | 22 9:30- Morning Music 10:30- Seated Exercise 11 - Finish the Line 1- Balloon Volleyball 2- Name That Tune 3 - Atlas through the years 4-Celebrate our life day | 23 9:30 - Let's Get Baking 10-Scenic Bus ride 1:30 - Noodle Ball 2:30 - Jokes/ Global belly laugh day 3:30-Short stories 4:00 Outdoor Walk | 24 10 - Throwback TV 11 - Magazine Collage 1 - Picture painting 2- Ice Cream Social 3- Moving to the oldies 3:30 - Independent Reading |
| 25 9 Sunday Morning Hymns 10- Sunday Morning News 11 Live Stream Church 11- Table games 1- Creative Coloring 2- Movie Matinee 3 -Sensory boards | 26 9:30 - Good News Broadcast 10- Scenic Bus Ride 10:30 - Creative Coloring 1- Talk Tracks 2- short stories 3 - Building Blocks 4 - Basketball favorites day | 27 9:30 - Tea hour 10 - Daily Devotions 10:30 - Pool Noodle Exercise 1- Crafting Hour 2- Balloon Volleyball 3- Lego's 4 - Chocolate cake day | 28 9- Music hour 10 - Daily exercise 11 - Picture painting 1 - Soccer ball kicks 2 - Pablo Picasso/pop art day 3 - Daisy Day 4 - | 29 9:30- Morning Music 10:30- Seated Exercise 11 - Finish the Line 1- Balloon Volleyball 2- Name That Tune 3 - Atlas through the years 4-Puzzles | 30 9:30 - Let's Get Baking 10-Scenic bus ride 1:30 - Loud & Proud Boxing 2:30 Croissant day 3:30- Movie Matinee 4:00 Outdoor Walk | 31 10 - Throwback TV 11 - Cornhole 1- Balloon Toss 2- Ice cream Social 3 - Sensory boards 4- ROM Exercise |