

2026 JANUARY: 1900's

Independent Living



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

6:30-8:00
New Years Eve party

The Year of the horse

1 9 to 1:00 Bloody Mary Morning
BB (served with a Good Luck
brunch)
10 Exercise with Meredith S
11 Rosebowl parade MS
2 Atlas through the years ET
4 1900's Trivia BB
7 Evening Movie - ET

2 10 Exercise with Meredith S
11 Brain Games - CAC
1 Built for Boxing - S
2 Bingo - 3rd FL
3 Happy Hour - BB
4 Chair Yoga S
5 Dinner Out - OT \$\$\$
7 Lord of the Rings weekend
Movie series ET

3 10 Morning Walk - Lobby
1 Learning Bridge - AR
2 Pen Pals from TX PDR
3 Happy Hour - BB
6 Puzzle Mania - AR
7 Lord of the Rings part II The
two tower.

4 11 Virtual Church - ET
12 Prayer Group - ET
1 Matinee Movie - ET
3 Rummikub - AR
3 Happy Hour - BB
6 Calling all Card CR
7 Lord of the Ring Part III The
return of the king ET

5 10 Exercise with Meredith S
11 Brain Games - CAC
1 Our Planet - ET
2 Bingo for Candy - 3rd FL
3 Happy Hour - BB
6 I spy in the nights sky - CY
7 The Lord Rings Series part IV
The desolation of Smaug

6 10 Exercise with Meredith
11 Bible Study - PDR
11 Professional Art CAC
1 Jeopardy - AR
1 Let's Bake - Shortbread 3FL
2 Bingo for Quarters - 3rd F
4 Stand-up Comedy - BB
7 Uno Tournament - AR

7 10 Exercise with Meredith S
10 The Loop OT
11 Brain Games - CAC
12 Lunch at Old Salty Dog \$\$
1 The development of technology
through the 1900's. ET
2 Poetry Writing - 3 FL
3 Happy Hour - BB
7 Harlem Globetrotters ET

8 10 Exercise with Meredith
11 Brain Games - CAC
12 New Resident Mixer P
2 Atlas through the years ET
3 Happy Hour BB
4 Winter skin educational ET
5 Dementia Support Group ET
7 - Evening Movie - ET

9 9 Dress in 1900-1910 attire
10 Exercise with Meredith S
1 Built for Balance S
2 Bingo - 3rd
3 Happy Hour BB
3 Black & White photo booths,
1900's pictures. ET
4 Town Hall - ET

10 10 Morning Walk - Lobby
1 Learning Bridge - AR
1 Mutts gone nuts Unleashed -
Dog Show \$\$ (Vanwezel)
2 Pen Pals Across the world
PDR
3 Happy Hour - BB
6 Bingo w/ Chris BB

11 11 Virtual Church - ET
12 Prayer Group - ET
1 Matinee Movie - ET
2 Ice Cream Social B
3 Rummikub - AR
3 Happy Hour - BB
7 Tango after Dark (Vanwezel)
\$\$\$

12 10 Exercise with Meredith
11 Brain Games - CAC
12 Activity Pow-Wow 2nd FL
1 Our Planet - ET
2 Bingo for Candy - 3rd FL
3 Happy Hour - BB
6 I spy in the nights sky CY

13 10 Exercise with Meredith S
11 Bible Study - PDR
11 Professional Art CAC
1 Learn Morse Code - CAC
2 Bingo for Quarters-3rd
3 Goldton Jazz ensemble BB
4 National rubber duck day Bring a
duck to share & trade

14 10 Exercise with Meredith
10 The Loop OT
11 Brain Games - CAC
12 Building Legos-CAC
12 Lunch at 500 Degree's OT \$\$
3 Happy Hour - BB
4 Loud & Proud boxing S
7 The introduction of National
Baseball & world series

15 10 Exercise with Meredith
11 Yoga for Beginners - AR
1 Write your Story - 3rd FL
2 Atlas through the years ET
2 Balance Class - ET
3 Happy Hour - BB
4 The Great Train Robbery dinner
- Palmers

16 10 Exercise with Meredith S
11 Baking the 1900's 3FL
12 Poetry Hour HL
1 Grooving to the music S
2 Bingo - 3rd FL
3 Happy Hour - BB
4 Remembering the
Prohibition - BB
5 Dinner Out - \$\$\$

17 10 Morning Walk - Lobby
1 Learning Bridge - AR
2 Ice Cream Social - Bistro
3 Happy Hour - BB
6 Puzzle Mania - AR
7 Movie Night "The Great Train
Robbery" ET

18 11 Virtual Church - ET
12 Prayer Group - ET
1 Matinee Movie - ET
2 Ice Cream Social B
3 Rummikub - AR
3 Happy Hour - BB
6 Card Players night CR CR

19 10 Exercise with Meredith S
11 Brain games CAC
1 Our Planet - ET
2 Bingo for Candy - 3rd FL
3 Happy Hour - BB
4 Loud & Proud Boxing S
5 Chili Cook-off - BB
Marrtin Luther King JR Day

20 10 Exercise with Meredith
11 Bible Study -PDR
11 Professional Art - CAC
1 The Great Disasters of 1900's
educational - ET
2 Bingo for Quarters-3rd
3 Happy Hour - BB
4 Buy a drink for your friend

21 10 Exercise with Meredith S
10 The Loop
11 Mixed Art / Paint
12 Beat the Directors - MS
1 Speak 2 Training - ET
2 Corn Hole AR
3 Happy Hour - BB
3 Jeopardy - ET

22 10 Exercise with Meredith S
11 Brain Games - CAC
1 Fit & Hit Boxing - S
2 Book Club - ET
3 Happy Hour
4 The Next Chapter with Laura - PDR
7 Slow your roll, evening tea HL
7 Evening cards - CR

23 10 Exercise with Meredith
11 Brain Games - 3rd FL
12 Poetry Hour - HL
1 The Loop
2 Bingo for drinks - 3rd FL
3 Happy Hour - BB
4 Henry Ford & the automobile /
Making Car Models

24 10 Morning Walk - Lobby
1 Learning Bridge - AR
2 Pen Pals from Home -PDR
1 Some Like it Hot (Venwezel) \$\$\$
3 Happy Hour - BB
6 Puzzle Mania - AR
7 Coal Mining through 1900's

25 11 Virtual Church - ET
12 Prayer Group - ET
1 Matinee Movie - ET
2 Ice Cream Social B
3 Rummikub - AR
3 Happy Hour - BB
6 Card Players Night CR
6 Card players Night CR

26 10 Exercise with Meredith
11 Brain Games - CAC
1 Our Planet - ET
2 Bingo for Candy - 3rd FL
3 Happy Hour - BB
4 Weather Man educational ET All
about meteorology
6 I spy in the nights sky CY

27 10 Exercise with Meredith
11 Bible Study - PDR
1 Jeopardy - AR
1 Learning Mah Jongg - AR
2 Bingo for Quarters - 3rd F
4 Stand-up Comedy - BB
7 River Dance (Vanwezel) OT
\$\$\$

28 10 Exercise with Meredith
10 The Loop OT
11 National LEGO DAY Let's Build CAC
1 Bocce Ball - S
2 Music for Music Lovers ET
3 Happy Hour - BB
4 Toys through the generation Trivia

29 10 Exercise with Meredith
11 Mix Media Art - Making Carnations CAC
1 Balance Class S
2 Atlas through the years ET
3 Happy Hour BB
4 All about planes, trains and automobiles
5 Goldton night in to go out (4 coarse wine
pairing dinner \$\$

30 10 Exercise with Meredith S
11 Brain Games - CAC
1 The Loop OT
2 Bingo - 3rd FL
3 Happy Hour
4 Dinner out on the town \$\$\$

31 10 Morning Walk - Lobby
12-4 Family Brunch - P
1 Learning Bridge - AR
2 Pen Pal's from TX - PDR
3 Happy Hour - BB
4 Palmers is closed
6 Puzzle Mania - AR
7 Movie Night - Drama ET