

# 2026 JANUARY: 1900's

## Assisted Living



### SUNDAY

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

### SATURDAY

				<b>1</b> 10 Exercise with Meredith S 11 Rosebowl parade MS 2 Atlas through the years ET 3 Happy Hour BB 4 1900's Trivia BB	<b>2</b> 10 Exercise with Meredith S 11 Brain Games - CAC 1 The Loop OT 2 Bingo - 3rd FL 3 Happy Hour - BB 4 Chair Yoga S 7 Lord of the Rings weekend Movie series ET	<b>3</b> 10 Morning Walk - Lobby 1 Learning Bridge - AR 2 Ice Cream Social - Bistro 3 Happy Hour - BB 6 Puzzle Mania - AR 7 Lord of the Rings part II The two tower.
<b>4</b> 11 Virtual Church - ET 12 Prayer Group - ET 1 Matinee Movie - ET 3 Rummikub - AR 3 Happy Hour - BB 6 Calling all Card CR 7 Lord of the Ring Part III The return of the king ET	<b>5</b> 10 Exercise with Meredith S 11 Brain Games - CAC 1 Our Planet - ET 2 Bingo for Candy - 3rd FL 3 Happy Hour - BB 6 I spy in the nights sky - CY 7 The Lord Rings Series part IV The desolation of Smaug	<b>6</b> 10 Exercise with Meredith 11 Bible Study - PDR 1 Jeopardy - AR 1 Let's Bake - Shortbread 3FL 2 Bingo for Quarters - 3rd F 4 Stand-up Comedy - BB 7 Uno Tournament - AR	<b>7</b> 10 Exercise with Meredith S 10 The Loop OT 11 Brain Games - CAC 1 The development of technology through the 1900's. ET 2 Poetry Writing - 3 FL 3 Happy Hour - BB 7 Harlem Globetrotters ET	<b>8</b> 10 Exercise with Meredith 11 Brain Games - CAC 12 New Resident Mixer P 2 Atlas through the years ET 3 Happy Hour BB 4 Winter skin educational ET 5 Dementia Support Group ET 7 - Evening Movie - ET	<b>9</b> 9 Dress in 1900-1910 attire 10 Exercise with Meredith S 1 The Loop OT 2 Bingo - 3rd 3 Happy Hour BB 3 Black & White photo booths, 1900's pictures. ET	<b>10</b> 10 Morning Walk - Lobby 1 Learning Bridge - AR 2 Ice Cream Social - Bistro 3 Happy Hour - BB 6 Bingo w/ Chris BB 7 Movie Watchers - "The Wright Brothers"
<b>11</b> 11 Virtual Church - ET 12 Prayer Group - ET 1 Matinee Movie - ET 3 Rummikub - AR 3 Happy Hour - BB 6 Card Players night - CR	<b>12</b> 10 Exercise with Meredith 11 Brain Games - CAC 12 Activity Pow-Wow 2nd FL 1 Our Planet - ET 2 Bingo for Candy - 3rd FL 3 Happy Hour - BB 6 I spy in the nights sky CY	<b>13</b> 10 Exercise with Meredith S 11 Bible Study - PDR 11 Crafts with mixed media 3 2 Bingo for Quarters-3rd 3 Happy Hour - BB 4 National rubber duck day Bring a duck to share & trade	<b>14</b> 10 Exercise with Meredith 10 The Loop OT 11 Brain Games - CAC 3 Happy Hour - BB 4 Loud & Proud boxing S 7 The introduction of National Baseball & world series	<b>15</b> 10 Exercise with Meredith 11 Yoga for Beginners - AR 2 Atlas through the years ET 2 Balance Class - ET 3 Happy Hour - BB 4 The Next Chapter w/ Laura - PDR	<b>16</b> 10 Exercise with Meredith S 11 Baking the 1900's 3FL 12 Poetry Hour HL 1 The Loop OT 2 Bingo - 3rd FL 3 Happy Hour - BB 4 Remembering the Prohibition - BB	<b>17</b> 10 Morning Walk - Lobby 1 Learning Bridge - AR 3 Happy Hour - BB 6 Puzzle Mania - AR 7 Movie Night "The Great Train Robbery" ET
<b>18</b> 11 Virtual Church - ET 12 Prayer Group - ET 1 Matinee Movie - ET 2 Ice rCeam Socia - ET 3 Rummikub - AR 3 Happy Hour - BB 6 Card Players night - CR	<b>19</b> 10 Exercise with Meredith S 11 Brain games CAC 1 Our Planet - ET 2 Bingo for Candy - 3rd FL 3 Happy Hour - BB 4 Loud & Proud Boxing S Marrtin Luther King JR Day	<b>20</b> 10 Exercise with Meredith 11 Bible Study -PDR 11 Let's grow butterflies 3fl 1 The Great Disasters of 1900's educational - ET 2 Bingo for Quarters-3rd 3 Happy Hour - BB	<b>21</b> 10 Exercise with Meredith S 10 The Loop 11 Mixed Art / Paint 12 Beat the Directors - MS 1 Speak 2 Training - ET 2 Corn Hole AR 3 Happy Hour - BB 3 Jeopardy - ET	<b>22</b> 10 Exercise with Meredith S 11 Brain Games - CAC 1 Fit & Hit Boxing - S 2 Resident Counsel - 2FL 3 Happy Hour 4 Outdoor Walk 7 Evening cards - CR	<b>23</b> 10 Exercise with Meredith 11 Brain Games - 3rd FL 1 The Loop 2 Bingo for drinks - 3rd FL 3 Happy Hour - BB 4 All about Henry Ford & the automobile / Making Car Models	<b>24</b> 10 Morning Walk - Lobby 1 Learning Bridge - AR 3 Happy Hour - BB 6 Puzzle Mania - AR 7 Coal Mining through 1900's
<b>25</b> 11 Virtual Church - ET 12 Prayer Group - ET 1 Matinee Movie - ET 2 Ice Cream Social - B 3 Rummikub - AR 3 Happy Hour - BB 6 Card players Night - CR	<b>26</b> 10 Exercise with Meredith 11 Brain Games - CAC 1 Our Planet - ET 2 Bingo for Candy - 3rd FL 3 Happy Hour - BB 4 Weather Man educational ET All about meteorology 6 I spy in the nights sky CY	<b>27</b> 10 Exercise with Meredith 11 Bible Study - PDR 1 Jeopardy - AR 1 Learning Mah Jongg - AR 2 Bingo for Quarters - 3rd F 4 Stand-up Comedy - BB 7 Uno Tournament - AR	<b>28</b> 10 Exercise with Meredith 10 The Loop OT 1 Bocce Ball - S 2 Music for Music Lovers ET 3 Happy Hour - BB 4 Toys through the generation Trivia	<b>29</b> 10 Exercise with Meredith 11 Mix Media Art - Making Carnations CAC 1 Balance Class S 2 Atlas through the years ET 3 Happy Hour BB 4 All about planes, trains and automobiles	<b>30</b> 10 Exercise with Meredith S 11 Brain Games - CAC 1 The Loop OT 2 Bingo - 3rd FL 3 Happy Hour 4 Fit for life boxing - S	<b>31</b> 10 Morning Walk - Lobby 11 Beat Haley MS 1 Learning Bridge - AR 3 Happy Hour - BB 6 Puzzle Mania - AR