

September: Scotland

2025

Memory Care

						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9 Daily Devotionals 10 Scenic drive 11 Making Music 1 Balloon Volleyball 2 What's in the bag 3 Matinee Movie	2 9 Short stories 10 Seated Exercise 11 Plenty of Puzzles 1 Balance leg moves 2 Art class 101 3 Mini Golf 5 Romance Movie	3 9 Poetry Favorites 10 Sing Along 11 Hand Massages 1 Basketball Hoops 2 Tea Time 3 Building Blocks/Cards	4 9 Motivational Moments 10 ROM exercise 11 Afternoon Singalong 1 Finish the phrase 2 Art of Scotland 3 Atlas Around the world	5 9 Baking Buddies 10 Chair Dancing 11 Sorts Stories 1 Music of the 1940's 2 Ice Cream Social 3 Courtyard walk	6 9 Morning Tea / Treats 10 Weekend wellness 11 Aart from Around the world 3 Music moves/Dancing 6 Movie Night
7 10 Virtual Church 11 Worship music 1 Bouncy Balloon ball 3 Coloring Scotland 6 Evening Movie	8 9 Daily Devotionals 10 Scenic drive 11 Making Music 1 Drumming 2 Talk Tracs 3 Matinee Movie	9 9 Short stories 10 Seated Exercise 11 Plenty of Puzzles 1 Balance leg moves 2 Art class 101 3 Mini Golf 5 Dementia Support Group	10 9 Poetry Favorites 10 Sing Along 11 Hand Massages 1 Basketball Hoops 2 Talk Tracks 3 Building Blocks/Cards	11 9 Motivational Moments 10 ROM exercise 11 Afternoon Singalong 1 Finish the phrase 2 Art of Scotland 3 Atlas Around the world	12 9 Baking Buddies 10 Chair Dancing 11 Sorts Stories 1 Music of the 1950's 2 Ice Cream Social 3 Cornhole	13 9 Morning Tea / Treats 10 Weekend wellness 11 Aart from Around the world 3 Music moves/Dancing 6 Movie Night
14 10 Virtual Church 11 Worship music 1 Bouncy Balloon ball 3 Coloring Scotland 6 Evening Movie	15 9 Daily Devotionals 10 Scenic drive 11 Making Music 1 Balloon Volleyball 2 What's in the bag 3 Matinee Movie	16 9 Short stories 10 Seated Exercise 11 Plenty of Puzzles 1 Balance leg moves 2 Art class 101 3 Mini Golf	17 9 Poetry Favorites 10 Sing Along 11 Hand Massages 1 Basketball Hoops 2 Soda's and snacks 3 Building Blocks/Cards	18 9 Motivational Moments 10 ROM exercise 11 Afternoon Singalong 1 Finish the phrase 2 Art of Scotland 3 Atlas Around the world	19 9 Baking Buddies 10 Chair Dancing 11 Sorts Stories 1 Music of the 1960's 2 Ice Cream Social 3 Courtyard walk	20 9 Morning Tea / Treats 10 Weekend wellness 11 Aart from Around the world 3 Music moves/Dancing 6 Movie Night
21 10 Virtual Church 11 Worship music 1 Bouncy Balloon ball 3 Coloring Scotland 6 Evening Movie	22 9 Daily Devotionals 10 Scenic drive 11 Making Music 1 Drumming 2 Talk Tracs 3 Matinee Movie	23 9 Short stories 10 Seated Exercise 11 Plenty of Puzzles 1 Balance leg moves 2 Art class 101 3 Mini Golf	24 9 Poetry Favorites 10 Sing Along 11 Hand Massages 1 Basketball Hoops 2 Talk Tracks 3 Building Blocks/Cards	25 9 Motivational Moments 10 ROM exercise 11 Afternoon Singalong 1 Finish the phrase 2 Art of Scotland 3 Atlas Around the world	26 9 Baking Buddies 10 Chair Dancing 11 Sorts Stories 1 Music of the 1940's 2 Ice Cream Social 3 Cornhole	27 9 Morning Tea / Treats 10 Weekend wellness 11 Aart from Around the world 3 Music moves/Dancing 6 Movie Night
28 10 Virtual Church 11 Worship music 1 Bouncy Balloon ball 3 Coloring Scotland 6 Evening Movie	29 9 Daily Devotionals 10 Scenic drive 11 Making Music 1 Balloon Volleyball 2 What's in the bag 3 Matinee Movie	30 9 Short stories 10 Seated Exercise 11 Plenty of Puzzles 1 Balance leg moves 2 Resident Counsel 3 Mini Golf 5 RomCom Movie				