

November 2023

Assisted Living



(941) 259-6412
108 Bella Verde Blvd, Nokomis, FL 34275
TheGoldtonAtVenice.com

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

***All activities subject to change based on time changes and weather permitting.**

5 730- Newspaper & coffee
9- Devotions
11- Sit & stretch
1- Board games
3-- Matinee Movie

6 730- Newspaper & coffee
9- Meditation
1- Cards UNO
2- Music
230- Root beer floats
6- Movie Night- ET

7 730- Newspaper & coffee
9- Exercise group
1- Sing-a-long
2- Popcorn
345- Yoga in Emory Theater

1 730- Newspaper & coffee
9- Sit & Stretch
10- Kitchen Corner
1- Current Events
3- Clay play

8 730- Newspaper & coffee
10- Kitchen Corner
1- Current Events
2- Exercise & BP check w Patients First
3- Drawing
4- **Mark Greenberg performs**

2 730- Newspaper & coffee
9- Exercise group
3-Trivia
5-6 Dance Class with Bridget 3rd floor

9 730- Newspaper & coffee
9- Exercise Group
3- Word finds
5-6 Dance Class with Bridget 3rd floor

3 730- Newspaper & coffee
9 - Sit & Stretch
10-Bingo
1- Scrabble- AR
2- Game Time
3- Afternoon stroll

10 730- Newspaper & coffee
9- Sit & Stretch
10- Bingo
1- Scrabble- AR
2- Puzzles
3- Afternoon stroll

4 730- Newspaper & coffee
930- Exercise Group
10- Gametime
2- Ice Cream Social
630- Movie Watchers

11 730- Newspaper & coffee
9- Exercise Group
10- Game Time
1130- Lunch outside
3- Word finds
630- Movie Watchers

12 730- Newspaper & coffee
9- Devotions
11- Exercise
1- Puzzles
3- Matinee Movie

13 730- Newspaper & coffee
9- Meditation
1- Cards Gin Rumi
2- Music
230- Milkshakes
6- Movie Night- ET

14 730- Newspaper & coffee
9- Exercise group
1- Sing-a-long
230- Popcorn
345- Yoga in Emory Theater

15 730- Newspaper & coffee
9- Exercise
10- Kitchen Corner
1- Current Events
3- Painting

16 730- Newspaper & coffee
9- Exercise group
3- Trivia
5-6 Dance Class with Bridget 3rd floor

17 730- Newspaper & coffee
9- Sit & Stretch
10-Bingo
1- Scrabble- AR
2- Game Time
3- Afternoon stroll
5-6 **Joe Thayer performs**

18 30- Newspaper & coffee
9- Exercise Group
10- Gametime
2- Ice Cream Social
630- Movie Watchers

19 730- Newspaper & coffee
9- Devotions
11- Sit & stretch
1-Boardgames
3- Matinee Movie

20 730- Newspaper & coffee
9- Meditation
1-Cards 21
2- Music
230- Smoothies
6- Movie Night- ET

21 730- Newspaper & coffee
9- Exercise group
1- Sing-a-long
230- Popcorn
345- Yoga in Emory Theater

22 730- Newspaper & coffee
10- Current Events
1-Family Day
2- Exercise & BP check w Patients First
3- Fun with color

23 **THANKSGIVING**
730- Newspaper & coffee
9- Exercise Group
1- **Resident Council Meeting**
3- 6 Thanksgiving Feast
No dance class today

24 730- Newspaper & coffee
9- Sit & Stretch
10- Bingo
11-November Birthday celebration
1- Scrabble- AR
2-Puzzles
3- Afternoon stroll

25 730- Newspaper & coffee
9- Exercise Group
10- Game Time
1130- Lunch outside
3- Word finds
630- Movie Watchers

26 730- Newspaper & coffee
9- Devotions
11- Exercise
1- Puzzles
3- Matinee Movie

27 730- Newspaper & coffee
9- Meditation
1- Cards Slap Jack
2- Music
230- Root beer floats
6- Movie Night- ET

28 730- Newspaper & coffee
9- Exercise group
1- Sing-a-long
230- Popcorn
345- Yoga in Emory Theater

29 730- Newspaper & coffee
9- Sit & Stretch
10- Kitchen Corner
1- Current Events
3- Clay play

30 730- Newspaper & coffee
9- Exercise group
3-Trivia
5-6 Dance Class with Bridget 3rd floor

