

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
“As I walked out the door toward the gate that would lead to my freedom, I knew if I didn't leave my bitterness behind, I'd still be in prison.” — Nelson Mandela	👉 Creative ● Emotional/Sensory 👉 Environmental 💡 Intellectual ⊕ Physical 🌀 Professional Wellness 🕒 Social ✚ Spiritual	Location Keys Art Studio AS Bar Room BR Dining Patio DP Dining Room DR Florida Room FR Front Lobby FL Gym G Library L Sailfish Room SR	<i>The Goldton at Stuart</i> <i>650 NW Fork Rd</i> <i>Stuart, FL</i> <i>34994</i>	National Babe Ruth Day! 1 10:00 ☹ Balloon Ball [G] 10:30 ☹ Headlines & Brain Games [FR] 1:30 ☹ Afternoon Stretching [G] 2:00 👉 Art: Spider Web Painting [AS] 3:00 🕒 Puzzle Guru [SR] 3:00 🕒 Rummikub 4:00 ☹ Happy Hour-w/ Rocco 6:00 🕒 Golden Hollywood Returns	10:00 👉 Music Generations [FR] 2 10:00 🕒 Shopping: Publix 11:00 🕒 Headlines & Brain Games 12:00 🕒 Oktoberfest Luncheon @ The Kane Center 1:30 ☹ Afternoon Stretching [G] 2:00 🕒 Rummikub [BR] 3:00 🕒 Jenga [DP] 4:00 ☹ Happy Hour- Oktoberfest [BR] 6:00 🕒 Games w/ Friends	10:00 ☹ Golden Fitness to the 90's [G] 3 10:30 ☹ Headlines & Brain Games [FR] 1:30 ☹ Walking Group 2:00 🕒 Table Games [BR] 2:00 👉 Zen Coloring [FR] 4:00 🕒 Happy Hour-throwback tunes 6:00 🕒 Weekend Family Games [BR]
10:00 ✚ Headlines & Sunday Service [FR] 4 11:00 ☹ Brunch & Bubbly [DR] 1:30 ☹ Cornhole 2:00 ☹ Table Games or Puzzles 3:00 🕒 Cha-Ching Bingo (dimes) 4:00 ✚ Connection Time (1 on 1) [L] 6:00 🕒 Evening Tables Games [BR]	9:30 ✚ Catholic Service [FR] 10:00 ☹ Balloon Ball [G] 5 10:00 🕒 Shopping: Beall's 10:30 ☹ Headlines & Brain Games [FR] 1:30 ☹ Cornhole [FR] 2:00 👉 Art w/ Keira [AS] 3:00 🕒 Scenic Drive 3:00 👉 Table Games [BR] 4:00 ☹ Happy Hour-90's Pop 6:00 ● Hallmark Movie Night	10:00 ☹ Golden Fitness to the 90's [G] 6 10:30 ☹ Headlines & Brain Games [FR] 1:30 ☹ Walking Group [FL] 2:00 🕒 Mahjong [SR] 2:00 🕒 Table Games [BR] 3:00 ☹ Bowling [SR] 3:00 👉 Halloween Jars [AS] 4:00 🕒 Happy Hour-Destination Bar [BR] 6:00 🕒 Games w/ Friends	National Boost Your Brain Day! 7 10:00 ☹ Zumba [G] 10:30 ☹ Headlines & Brain Games [FR] 1:30 ☹ Afternoon Stretches 2:00 ☹ New Residents Welcoming -Apple Nachos [BR] 2:00 🕒 Table Games [BR] 3:00 ☹ B-I-N-G-O!! [FR] 4:00 🕒 Happy Hour- 90's Trivia [BR] 6:00 👉 Documentary Wednesday: Hoop Dreams [FR]	Big Red Bus-Blood Donation 10a-4p Front Parking Area 8 10:00 ☹ Balloon Ball [G] 10:30 ☹ Headlines & Brain Games [FR] 1:30 ☹ Afternoon Stretching [G] 2:00 👉 Boo Rocks! [AS] 3:00 🕒 Puzzle Guru [SR] 3:00 🕒 Rummikub 4:00 ☹ Happy Hour- w/ John Lobosco [DR] 6:00 🕒 Golden Hollywood Returns	National Pop,Pop,Pop Day! 9 10:00 👉 Music Generations [FR] 11:00 🕒 Headlines & Brain Games 11:15 🕒 Lunch Outing: Umiya (Japanese) 1:30 ☹ Afternoon Stretching [G] 2:00 ● Popcorn Cart 3:00 🕒 Rummikub [BR] 3:00 🕒 Walmart 4:00 ☹ Happy Hour-Sing together [BR] 6:00 🕒 Games w/ Friends	10:00 ☹ Golden Fitness to the 90's [G] 10 10:30 ☹ Headlines & Brain Games [FR] 1:30 ☹ Walking Group 2:00 🕒 Table Games [BR] 3:00 👉 Pumpkin Craft [BR] 4:00 🕒 Happy Hour-Big Band 6:00 🕒 Weekend Family Games [BR]
10:00 ✚ Headlines & Sunday Service [FR] 11 11:00 ☹ Brunch & Bubbly [DR] 1:30 ☹ Cornhole 2:00 ☹ Table Games or Puzzles 3:00 🕒 Cha-Ching Bingo (dimes) 4:00 ✚ Connection Time (1 on 1) [L] 6:00 🕒 Evening Tables Games [BR]	Columbus Day National Clergy Appreciation Day! 12 9:30 ✚ Catholic Service [FR] 10:00 ☹ Balloon Ball [G] 10:00 🕒 Shopping: Fresh Market 10:30 ☹ Headlines & Brain Games [FR] 1:30 ☹ Cornhole [FR] 2:00 👉 Art w/ Keira [AS] 3:00 🕒 Scenic Drive 3:00 👉 Table Games [BR] 4:00 ☹ Happy Hour-90's Grunge/Alternative [BR] 6:00 ● Hallmark Movie Night	10:00 ☹ Golden Fitness to the 90's [G] 13 10:30 ☹ Headlines & Brain Games [FR] 1:30 ☹ Walking Group [FL] 2:00 🕒 Mahjong [SR] 2:00 👉 Table Games [BR] 3:00 🕒 Technology Tuesday's [FR] 4:00 🕒 Happy Hour-Classic Country [BR] 6:00 🕒 Games w/ Friends	10:00 ☹ Zumba [G] 14 10:30 ☹ Headlines & Brain Games [FR] 1:30 ☹ Afternoon Stretching [G] 2:00 🌀 Culinary Meeting [FR] 2:00 🕒 Table Games [BR] 3:00 ☹ B-I-N-G-O!! [FR] 4:00 ☹ Happy Hour-Trivia [BR] 6:00 👉 90's Movie Night [FR]	10:00 ☹ Balloon Ball [G] 15 10:30 ☹ Headlines & Brain Games [FR] 1:30 ☹ Afternoon Stretching [G] 2:00 👉 Seasonal Wreath-sign up @ FL [AS] 3:00 🕒 Rummikub 3:00 👉 Zen Coloring [FR] 4:00 ☹ Happy Hour-Broadway Night [BR] 6:00 🕒 Golden Hollywood Returns	10:00 👉 Music Generations [FR] 16 11:00 🕒 Headlines & Brain Games 11:15 🕒 Lunch Outing: Dolphin Bar & Shrimp House 1:30 ☹ Afternoon Stretching [G] 2:00 🕒 Rummikub [BR] 2:00 ● Shopping: Kohl's 2:30 👉 Pumpkin Decorating Contest [FL] 4:00 ☹ Happy Hour-50's [BR] 6:00 🕒 Games w/ Friends	National Sweetest Day! 17 10:00 ☹ Golden Fitness to the 90's [G] 10:30 ☹ Headlines & Brain Games [FR] 1:30 ☹ Walking Group 2:00 🕒 Table Games [BR] 2:00 👉 Zen Coloring [FR] 4:00 🕒 Happy Hour-Making Candy Packages [BR] 6:00 🕒 Weekend Family Games [BR]
10:00 ✚ Headlines & Sunday Service [FR] 18 11:00 ☹ Brunch & Bubbly [DR] 1:30 ☹ Cornhole 2:00 ☹ Table Games or Puzzles 3:00 🕒 Cha-Ching Bingo (dimes) 4:00 ✚ Connection Time (1 on 1) [L] 6:00 🕒 Evening Tables Games [BR]	9:30 ✚ Catholic Service [FR] 19 10:00 ☹ Balloon Ball [G] 10:00 🕒 Shopping: Publix 10:30 ☹ Headlines & Brain Games [FR] 1:30 ☹ Cornhole [FR] 2:00 👉 Art w/ Keira [AS] 3:00 🕒 Scenic Drive 3:00 👉 Table Games [BR] 4:00 ☹ Happy Hour-90's Hip-Hop [BR] 6:00 ● Hallmark Movie Night	10:00 ☹ Golden Fitness to the 90's [G] 20 10:30 ☹ Headlines & Brain Games [FR] 11:00 🌀 Health Chat: Psychiatric [FR] 1:30 ☹ Afternoon Stretching [G] 2:00 ☹ Ladies: The Witches Tea Party [BR] 3:00 ● Memories & Mementos [BR] 4:00 🕒 Happy Hour- w/ John Bros [DR] 6:00 🕒 Games w/ Friends	National Chefs Day! 21 10:00 ☹ Zumba [G] 10:30 ☹ Headlines & Brain Games [FR] 1:30 ☹ Cornhole [G] 2:00 🌀 Resident Council [FR] 3:00 ☹ B-I-N-G-O!! [FR] 4:00 🕒 Happy Hour- w/ Bro Band 6:00 👉 Scavenger Art Hunt	10:00 ☹ Balloon Ball [G] 22 10:30 ☹ Headlines & Brain Games [FR] 1:30 ☹ Afternoon Stretching [G] 2:00 ● Recipe Testing: Potato Chip Cookies [BR] 3:00 ☹ Men's Sports Chat [BR] 3:00 🕒 Rummikub 4:00 🕒 Happy Hour-Trivia 6:00 🕒 Golden Hollywood Returns	Trick or Treat Event 5-8p 23 10:00 👉 Music Generations [FR] 11:00 🕒 Headlines & Brain Games 11:15 🕒 Lunch Outing:Uncle Giuseppe's 1:30 ☹ Afternoon Stretching [G] 2:00 👉 Event Decorating Crew 2:00 🕒 Rummikub [BR] 2:00 🕒 Shopping: Target 4:00 🕒 Trick or Treat Event [FL] 6:00 🕒 Games w/ Friends	10:00 ☹ Golden Fitness to the 90's [G] 24 10:30 ☹ Headlines & Brain Games [FR] 1:30 ☹ Walking Group 2:00 🕒 Table Games [BR] 3:00 👉 Pumpkin Craft [BR] 4:00 🕒 Happy Hour-Frank Sinatra tribute 6:00 🕒 Weekend Family Games [BR]
10:00 ✚ Headlines & Sunday Service [FR] 25 11:00 ☹ Brunch & Bubbly [DR] 1:30 ☹ Cornhole 2:00 ☹ Table Games or Puzzles 3:00 🕒 Cha-Ching Bingo (dimes) 4:00 ✚ Connection Time (1 on 1) [L] 6:00 🕒 Evening Tables Games [BR]	National Pumpkin Day! 26 9:30 ✚ Catholic Service [FR] 10:00 ☹ Balloon Ball [G] 10:30 ☹ Headlines & Brain Games [FR] 11:15 🕒 Lunch Outing: Sailors Return 1:30 ☹ Cornhole [FR] 2:00 👉 Afternoon Pumpkin Lattes [FL] 3:00 🕒 Scenic Drive 3:00 👉 Table Games [BR] 4:00 🕒 Happy Hour- 90's Rewind 6:00 ● Hallmark Movie Night	National Navy Day! 27 10:00 ☹ Golden Fitness to the 90's [G] 10:30 ☹ Headlines & Brain Games [FR] 1:30 ☹ Afternoon Stretching [G] 2:00 🕒 Mahjong [SR] 2:00 👉 Table Games [BR] 3:00 🕒 Technology Tuesday's [FR] 4:00 🕒 Happy Hour-Trivia [BR] 6:00 🕒 Games w/ Friends	10:00 ☹ Zumba [G] 28 10:30 ☹ Headlines & Brain Games [FR] 1:30 ☹ Afternoon Stretching [G] 2:00 🕒 Table Games 2:00 🌀 Town Hall Meeting 3:00 ☹ B-I-N-G-O!! [FR] 4:00 ☹ Happy Hour- "The Nineties" w/ Linda Kane [BR] 6:00 👉 Book Nook Night [L]	National World Stroke Day! 29 10:00 ☹ Balloon Ball [G] 10:30 ☹ Headlines & Brain Games [FR] 1:30 ☹ Afternoon Stretching [G] 2:00 🌀 Health Chat: F.A.S.T. Challenge [FR] 3:00 🕒 Rummikub 4:00 ☹ Happy Hour-90's Singalong [BR] 6:00 🕒 Golden Hollywood Returns	10:00 👉 Music Generations [FR] 30 10:00 🕒 Shopping: Publix 11:00 🕒 Headlines & Brain Games 1:30 ☹ Afternoon Stretching [G] 2:00 🕒 Outing: St. Lucie Botanical Garden 2:00 🕒 Rummikub [BR] 3:00 👉 Jewelry Making [AS] 4:00 ☹ Happy Hour-Jim & Elizabeth [BR] 6:00 🕒 Games w/ Friends	Halloween 31 10:00 ☹ Golden Fitness to the 90's [G] 10:30 ☹ Headlines & Brain Games [FR] 1:30 ☹ Walking Group 2:00 🕒 Table Games [BR] 2:00 👉 Zen Coloring [FR] 4:00 ☹ Happy Hour-Halloween Costume Party 6:00 🕒 Weekend Family Games [BR]