

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 2026						10:00 Saturday Morning Groove 1 10:30 Rosery Meditation (YT) 1:00 Sunshine Steps? 2:30 Saturday Sips & 70s Hits 3:00 Virtual Travel Experience 6:00 ? Comedy & Laughter
10:00 Chair Fitness (YT) 2 10:30 Virtual Mass (YT) 11:30 Walk to Dine 1:00 Sunshine Therapy (CY) 2:00 Ice Cream Social 3:00 Broadway Musical 6:00 All in the Family Show	10:00 70's Sit, Stretch & Groove 3 10:30 Famous Faces Bingo 1:00 Sunshine Steps? 2:00 Ocean Breeze Scenic Drive 3:00 Me's Club: Groovy Garage Talk 6:00 Hollywood Throwback Night	U.S. Coast Guard Day 4 10:00 Coast Guard Motion 10:30 Behind the Waves: A Coast Guard Special 1:00 Sunshine Steps? 2:00 ⚓ Coast Guard & Cocktails 3:00 The Letter Lab: Build a Word 6:00 Anchors Away: A Virtual Coast Guard Adventure	10:00 Zumba 5 10:30 The Creative Spirit Studio 1:00 Sunshine Steps? 2:00 Would You Rather? 2:30 Wine Down Wednesday 3:00 Flower Arranging Group 6:00 Music & Memories	10:00 Soul Train Dance Fit 6 10:30 Fun Ticktack Train 11:00 70s Flashback Trivia 1:00 Sunshine Steps? 2:00 Sweet Spirit Baking Circle 3:00 Relaxation & Meditation with Stacy 6:00	10:00 Shake, Rattle & Roll: 70's Edition with Shay 7 11:00 ? Balloon Volleyball Staff Vs Residents 1:00 Sunshine Steps? 2:30 It's Friday! Ice Cream Bar 3:30 ➔ Travel Explorers 6:00 Story Time with (Alexa)	10:00 Saturday Morning Groove 8 10:30 Rosery Meditation (YT) 1:00 Sunshine Steps? 2:30 Saturday Sips & 70s Hits 6:00 ? Comedy & Laughter
10:00 Chair Fitness (YT) 9 10:30 Virtual Mass (YT) 11:30? Hymns & Friends 1:00 Sunshine Therapy (CY) 2:00 Ice Cream Social 3:00 Broadway Musical 6:00 The Partridge Family	10:00 70's Sit, Stretch & Groove 10 10:30 Famous Faces Bingo 1:00 Sunshine Steps? 2:00 Who, What, Where 3:00 Me's Club: Groovy Garage Talk 6:00 Hollywood Throwback Night	10:00 Boogie Fit Tuesday 11 10:30 Bingo Mania! 1:00 Sunshine Steps? 2:00 ☺ Friendship Afternoon Tea 3:00 Spell & Build: The Word Challenge 6:00 Rockin' Tuesday: Elvis Special	10:00 Zumba 12 10:30 The Creative Spirit Studio 1:00 Sunshine Steps? 2:00 Would You Rather? 2:30 Wine Down Wednesday 3:00 Flower Arranging Group 6:00 Music & Memories	10:00 Air Hockey Challenge 13 10:30 Brain Café: Coffee & Conversation 1:00 Sunshine Steps? 2:00 Sweet Spirit Baking Circle 3:00 Afternoon Tales & Treasures w/Stephanie 6:00	10:00 Funky Fitness w/Shay 14 11:00 Healthy living Series 1:00 Sunshine Steps? 2:30 It's Friday! Sundae Funday 3:30➔ Travel Explorers 6:00 Audiobook Funny Short Stories (Alexa)	Feast of the Assumption 15 10:00 Saturday Morning Groove 10:30 Rosery Meditation (YT) 2:00 History & Heritage: The Assumption Story 2:30 Saturday Sips & 70s Hits 6:00 ? Comedy & Laughter
10:00 Chair Fitness (YT) 16 10:30 Virtual Mass (YT) 11:00 ? Hymns & Friends 1:00 Sunshine Therapy (CY) 2:00 Ice Cream Social 3:00 Broadway Musical 6:00 Hardy & Laurel Show	10:00 70's Sit, Stretch & Groove 17 10:30 Famous Faces Bingo 1:00 Sunshine Steps? 2:30 Scott's Golden Voice Showcase 3:30 Me's Club: Tools & Tales 6:00 Hollywood Throwback Night	10:00 Boogie Fit Tuesday 18 10:30 Bingo Mania! 1:00 Flower Power Garden Walk 2:30 70s Summer Serenade with John Bros (CY) 3:30 Sweet Scents & Serenity 6:00 6:00 Rockin' Tuesday: Elvis Special	Aviation Day 19 9:30 1:30 Avion Adventure (O) 10:00 Fly High: Zumba 10:30 Paper Airplane Craft 2:30 Airport Café Social 3:00 Around the World Travel Talk 6:00 Dream Destination (YT)	10:00 Soul Train Dance Fit 20 10:30 Family Feud 1:00 Sunshine Steps? 2:00 Welcome to the Neighborhood! 3:00 Gentle Touch & Relaxation 6:00 Movie Memories	10:00 70's Flashback Fitness 21 11:00 Healthy living Series 1:00 Sunshine Steps? 2:30 It's Friday! Root Beer Floats 3:30➔ Travel Explorers 6:00 Audiobook Funny Short Stories (Alexa)	10:00 Saturday Morning Groove 22 10:30 Rosery Meditation (YT) 1:00 Sunshine Steps? 2:30 Saturday Sips & 70s Hits 3:00 Virtual Travel Experience 6:00? Comedy & Laughter
10:00 Chair Fitness (YT) 23 10:30 Virtual Mass (YT) 11:00 ? Hymns & Friends 1:00 Sunshine Therapy (CY) 2:00 Ice Cream Social 3:00 Broadway Musical 6:00 Little House on the Prairie	10:00 70's Sit, Stretch & Groove 24 10:30 Famous Faces Bingo 1:00 Sunshine Steps? 2:00 Ocean Breeze Scenic Drive 3:00 Me's Club: Putt-Putt Fun 6:00 Hollywood Throwback Night	National Banana Split Day 25 10:00 Boogie Fit: Move & Groove 10:30 BANANA SPLIT BINGO 1:00 Sunshine Steps? 2:30 Create Your Own Groovy Banana Split 3:00 The Letter Lab 6:00 Rockin' Tuesday: Elvis Special	10:00 Zumba 26 10:30 The Creative Spirit Studio 1:00 Sunshine Steps? 2:00 Would You Rather? 2:30 Wine Down Wednesday 3:00 Flower Arranging Group 6:00 Music & Memories	10:00 Soul Train Dance Fit 27 10:30 Brain Café w/ Carrie 1:00 Sunshine Steps? 2:00 Sweet Spirit Baking Circle 3:00 Gentle Touch & Relaxation 6:00 Movie Memories	10:00 Soul Train Seated Fitness 28 11:00 Healthy living Series 1:00 Sunshine Steps? 2:00 Groovy Photo Booth 2:30 Spirit Birthday Bash 3:30➔ Travel Explorers 6:00 Audiobook Funny Short Stories (Alexa)	10:00 Saturday Morning Groove 29 10:30 Rosery Meditation (YT) 1:00 Sunshine Steps? 2:30 Saturday Sips & 70s Hits 3:00 Virtual Travel Experience 6:00 ? Comedy & Laughter
10:00 Chair Fitness (YT) 30 10:30 Virtual Mass (YT) 11:00 ? Hymns & Friends 1:00 Sunshine Therapy (CY) 2:00 Ice Cream Social 3:00 Broadway Musical 6:00 All in the Family show	National Beach Day 31 10:00 70's Sit, Stretch & Groove 10:30 Beach-Inspired Art 1:00 Sunshine Steps? 2:00 Ocean Breeze Scenic Drive 3:00 Beach Party 6:00 Hollywood Throwback					