

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2026

Activity Calendar
subject to change

Memory Care- The Goldton at St. Petersburg

9:00 Morning Chat 9:30 Balloon Ball 10:30 Simple Games 1:00 Making Music 2:00 Sensory and Serenity 3:00 Reminiscing 6:00 Soft Music	4	9:15 Morning Chat 9:45 Exercise to the Oldies 10:15 Memories & Mementos 12:15 Riddle Me This 1:00 Manicures 2:00 Mindful Puzzles 3:00 Life Stations 6:00 Relax & Regroup	5	9:15 Morning Chat 9:45 Balloon Ball Exercise 10:15 Giggie Gathering 12:15 Exercise 12:15 Matching Game 1:00 Music and Memories 1:45 TTD- 1990 Doc. 2:30 Ice Cream Sandwiches 3:30 Toss Across 6:00 Soothing Sensations	6	9:15 Morning Chat 9:45 Gospel Music 10:30 Church Services 12:15 Exercise 1:00 Finish the Phrase 1:30 Scents and Serenity 2:00 Memory Lane Mocktails 3:00 Tabletop Cornhole 6:00 Harmony Hour	7	9:15 Morning Chat 9:45 Exercise 10:15 Watercolors 12:15 Hand Massages 1:00 Life Story Chats 2:00 Lucky Draw 3:00 Happy Hour 6:00 Mindful Moments	8	9:15 Morning Chat 9:45 Balloon Ball Exercise 10:15 Building Block Puzzle 12:15 Knock Em Down 1:00 Brain Games 2:00 TTD-What's in the 90's Box 2:30 My Favorite Things 3:00 Dice Game 6:00 Relax & Unwind	9	9:00 Morning Chat 9:30 Yoga 10:00 Colorful Moments 10:30 Making Music 11:00 Lunch 1:00 Sing-A-Long 2:00 Balloon Ball 3:00 Simple Games 6:00 Reminiscing	10
9:00 Morning Chat 9:30 Balloon Ball 10:30 Simple Games 1:00 Making Music 2:00 Sensory and Serenity 3:00 Reminiscing 6:00 Soft Music	11	9:15 Morning Chat 9:45 Exercise to the Oldies 10:15 Memories & Mementos 12:15 One to One Connections 1:00 Manicures 2:00 Mindful Puzzles 3:00 Life Stations 6:00 Relax & Regroup Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	12	9:45 Balloon Ball Exercise 10:15 Magnetic Chess 12:15 Matching Game 1:00 Music and Memories 1:45 TTD-Rice Krispies Treats 2:30 Dice Games 3:30 Toss Across 6:00 Soothing Sensations	13	9:15 Morning Chat 9:45 Gospel Music 10:30 Church Services 12:15 Exercise 1:00 Finish the Phrase 1:30 Texture Exploration 2:00 Sweet Tea Social 3:00 Women's Club 6:00 Harmony Hour	14	9:15 Morning Chat 9:45 Exercise 10:15 Color by Numbers 12:15 Gardening & Flowers 1:00 High-Low 2:00 Basketball 3:00 Happy Hour 6:00 Mindful Moments	15	9:15 Morning Chat 9:45 Balloon Ball Exercise 10:15 Building Block Puzzle 12:15 Magnetic Chess 1:00 One to One Connections 2:00 TTD-1990 Coloring 3:00 Bowling 6:00 Relax & Unwind	16	9:00 Morning Chat 9:30 Yoga 10:00 Colorful Moments 10:30 Making Music 11:00 Lunch 1:00 Sing-A-Long 2:00 Balloon Ball 3:00 Simple Games 6:00 Reminiscing	17
9:00 Morning Chat 9:30 Balloon Ball 10:30 Simple Games 1:00 Making Music 2:00 Sensory and Serenity 3:00 Reminiscing 6:00 Soft Music	18	9:15 Morning Chat 9:45 Exercise to the Oldies 10:15 Memories & Mementos 12:15 Riddle Me This 1:00 Manicures 2:00 Mindful Puzzles 3:00 Life Stations 6:00 Relax & Regroup	19	9:15 Morning Chat 9:45 Balloon Ball Exercise 10:15 Giggie Gathering 12:15 Matching Game 1:00 Music and Memories 1:30 TTD- 1990 Craft 3:00 Birthday Party 6:00 Soothing Sensations	20	9:15 Morning Chat 9:45 Gospel Music 10:30 Church Services 12:15 Exercise 1:00 Finish the Phrase 1:30 Reminiscing 2:00 Apple Cider 3:00 Toss Across 6:00 Harmony Hour	21	9:15 Morning Chat 9:45 Exercise 10:15 Watercolors 12:15 Hand Massages 1:00 Life Story Chats 2:00 Lucky Draw 3:00 Happy Hour 6:00 Mindful Moments	22	9:15 Morning Chat 9:45 Balloon Ball Exercise 10:15 Building Block Puzzle 12:15 Basketball 1:00 Halloween Crafts 2:00 TTD-90s Coffee House 3:00 Men's Club 6:00 Relax & Unwind	23	9:00 Morning Chat 9:30 Yoga 10:00 Colorful Moments 10:30 Making Music 11:00 Lunch 1:00 Sing-A-Long 2:00 Balloon Ball 3:00 Simple Games 6:00 Reminiscing	24
9:00 Morning Chat 9:30 Balloon Ball 10:30 Simple Games 1:00 Making Music 2:00 Sensory and Serenity 3:00 Reminiscing 6:00 Soft Music	25	9:15 Morning Chat 9:45 Exercise to the Oldies 10:15 Memories & Mementos 12:15 One to One Connections 1:00 Manicures 2:00 Mindful Puzzles 3:00 Life Stations 6:00 Relax & Regroup	26	9:15 Morning Chat 9:45 Balloon Ball Exercise 10:15 Magnetic Chess 12:15 Matching Game 1:00 Carmel Apple Dips 2:00 TTD 90s Game Show 3:00 Toss Across 6:00 Soothing Sensations	27	9:15 Morning Chat 9:45 Gospel Music 10:30 Church Services 12:15 Exercise 1:00 Finish the Phrase 1:30 Match and Sort 2:00 Apple Pie Punch 3:00 Tabletop Cornhole 6:00 Harmony Hour	28	9:15 Morning Chat 9:45 Exercise 10:15 Color by Numbers 12:15 Gardening & Flowers 1:00 High-Low 2:00 Basketball 3:00 Happy Hour 6:00 Mindful Moments	29	9:15 Morning Chat 9:45 Balloon Ball Exercise 10:15 Building Block Puzzle 12:15 Knock Em Down 1:00 Brain Games 2:00 TTD- My Favorite 90's Things 2:30 Dice Games 3:00 Halloween Party 6:00 Relax & Unwind	30	9:00 Morning Chat 9:30 Yoga 10:00 Colorful Moments 10:30 Making Music 11:00 Lunch 1:00 Sing-A-Long 2:00 Balloon Ball 3:00 Simple Games 6:00 Reminiscing	31

Simchat Torah Begins

Halloween