

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 THE GOLDTON AT ST. PETERSBURG ASSISTED LIVING & MEMORY CARE	Activity Calendar Subject to change	9:15 Morning Chat 1 9:45 Balloon Ball Exercise 10:15 Giggle Gathering 12:15 Matching Game 1:00 Music and Memories 1:45 TTD- 1980 Doc. 2:30 Jell-O Creations 3:30 Toss Across 6:00 Soothing Sensations	9:15 Morning Chat 2 9:45 Gospel Music 10:30 Church Services 12:15 Exercise 1:00 Finish the Phrase 1:30 Scents and Serenity 2:00 Memory Lane Mocktails 3:00 Tabletop Cornhole 6:00 Harmony Hour	9:15 Morning Chat 3 9:45 Exercise 10:15 Coloring Creations 12:15 Gardening & Flowers 1:00 High-Low 2:00 21 Cards 2:30 Critter Comedy Hour 3:00 Happy Hour 6:00 Mindful Moments	9:15 Morning Chat 4 9:45 Balloon Ball Exercise 10:15 Building Block Puzzle 12:15 Magnetic Chess 1:00 Chunky Monkey Treats 2:30 TTD-1980s Neon Art 3:30 Golden Girls 6:00 Relax & Unwind	9:00 Morning Chat 5 9:30 Yoga 10:00 Colorful Moments 10:30 Cornhole/Ball kick 11:00 Lunch 1:00 Sing-A-Long 2:00 Balloon Ball 3:00 Simple Games 6:00 Reminiscing
9:00 Morning Chat 6 9:30 Balloon Ball 10:30 Simple Games 11:00 Lunch 1:00 Making Music 2:00 Sensory and Serenity 3:00 Reminiscing 6:00 Soft Music	9:15 Morning Chat 7 9:45 Exercise to the Oldies 10:15 Memories & Mementos 12:15 Riddle Me This 1:00 Manicures 2:00 Mindful Puzzles 3:00 Life Stations 6:00 Relax & Regroup	9:15 Morning Chat 8 9:45 Balloon Ball Exercise 10:15 Magnetic Chess 12:15 Matching Game 1:00 Music and Memories 1:45 TTD- DIY Pudding Pops 2:30 Coloring 3:30 Toss Across 6:00 Soothing Sensations	9:15 Morning Chat 9 9:45 Gospel Music 10:30 Church Services 12:15 Exercise 1:00 Finish the Phrase 1:30 Texture Exploration 2:00 Sweet Tea Social 3:00 Tabletop Cornhole 6:00 Harmony Hour	9:15 Morning Chat 10 9:45 Exercise 10:15 Watercolors 12:15 Hand Massages 1:00 Parachute 2:00 Lucky Draw 2:30 Critter Comedy Hour 3:00 Happy Hour 6:00 Mindful Moments	9:15 Morning Chat 11 9:45 Balloon Ball Exercise 10:15 Building Block Puzzle 12:15 Magnetic Chess 1:00 Chunky Monkey Treats 2:30 TTD-What's in the 80's Box 3:30 Golden Girls 6:00 Relax & Unwind	9:00 Morning Chat 12 9:30 Yoga 10:00 Colorful Moments 10:30 Cornhole/Ball kick 11:00 Lunch 1:00 Sing-A-Long 2:00 Balloon Ball 3:00 Simple Games 6:00 Reminiscing
9:00 Morning Chat 13 9:30 Balloon Ball 10:30 Simple Games 11:00 Lunch 1:00 Making Music 2:00 Sensory and Serenity 3:00 Reminiscing 6:00 Soft Music	9:15 Morning Chat 14 9:45 Exercise to the Oldies 10:15 Memories & Mementos 12:15 Riddle Me This 1:00 Manicures 2:00 Mindful Puzzles 3:00 Life Stations 6:00 Comfort and Calm	9:15 Morning Chat 15 9:45 Balloon Ball Exercise 10:15 Giggle Gathering 12:15 Matching Game 1:00 Music and Memories 1:45 TTD- 1980 Craft 3:00 Birthday Party 6:00 Soothing Sensations	9:15 Morning Chat 16 9:45 Gospel Music 10:30 Church Services 12:15 Exercise 1:00 Finish the Phrase 1:30 Foam Sensory 2:00 Paradise Punch Party 3:00 Tabletop Cornhole 6:00 Harmony Hour	9:15 Morning Chat 17 9:45 Exercise 10:15 Coloring Creations 12:15 Gardening & Flowers 1:00 High-Low 2:00 21 Cards 2:30 Critter Comedy Hour 3:00 Happy Hour 6:00 Mindful Moments	80's Day 18 9:15 Morning Chat 9:45 Balloon Ball Exercise 10:15 Building Block Puzzle 12:15 Magnetic Chess 1:00 TTD-Totally Tubular 80s Party 2:00 3:00 6:00 Relax & Unwind	9:00 Morning Chat 19 9:30 Yoga 10:00 Colorful Moments 10:30 Cornhole/Ball kick 11:00 Lunch 1:00 Sing-A-Long 2:00 Balloon Ball 3:00 Simple Games 6:00 Reminiscing
9:00 Morning Chat 20 9:30 Balloon Ball 10:30 Simple Games 11:00 Lunch 1:00 Making Music 2:00 Sensory and Serenity 3:00 Reminiscing 6:00 Soft Music	9:15 Morning Chat 21 9:45 Exercise to the Oldies 10:15 Memories & Mementos 12:15 Riddle Me This 1:00 Manicures 2:00 Mindful Puzzles 3:00 Life Stations 6:00 Relax & Regroup	9:15 Morning Chat 22 9:45 Balloon Ball Exercise 10:15 Giggle Gathering 12:15 Matching Game 1:00 Music and Memories 1:45 TTD- 2:30 3:30 Toss Across 6:00 Soothing Sensations	9:15 Morning Chat 23 9:45 Gospel Music 10:30 Church Services 12:15 Exercise 1:00 Finish the Phrase 1:30 Sensory Glow Sticks 2:00 Lemonade Lounge 3:00 Tabletop Cornhole 6:00 Harmony Hour	9:15 Morning Chat 24 9:45 Exercise 10:15 Watercolors 12:15 Hand Massages 1:00 Parachute 2:00 Lucky Draw 2:30 Critter Comedy Hour 3:00 Happy Hour 6:00 Mindful Moments	9:15 Morning Chat 25 9:45 Balloon Ball Exercise 10:15 Building Block Puzzle 12:15 Magnetic Chess 1:00 Chunky Monkey Treats 2:00 1980's Movie Matinee-Big 6:00 Relax & Unwind	9:00 Morning Chat 26 9:30 Yoga 10:00 Colorful Moments 10:30 Cornhole/Ball kick 11:00 Lunch 1:00 Sing-A-Long 2:00 Balloon Ball 3:00 Simple Games 6:00 Reminiscing
9:00 Morning Chat 27 9:30 Balloon Ball 10:30 Simple Games 11:00 Lunch 1:00 Making Music 2:00 Sensory and Serenity 3:00 Reminiscing 6:00 Soft Music	9:15 Morning Chat 28 9:45 Exercise to the Oldies 10:15 Memories & Mementos 12:15 Riddle Me This 1:00 Manicures 2:00 Mindful Puzzles 3:00 Life Stations 6:00 Comfort and Calm	9:15 Morning Chat 29 9:45 Balloon Ball Exercise 10:15 Giggle Gathering 12:15 Matching Game 1:00 Music and Memories 1:45 TTD- 1980 2:30 3:30 Toss Across 6:00 Soothing Sensations	9:15 Morning Chat 30 9:45 Gospel Music 10:30 Church Services 12:15 Exercise 1:00 Finish the Phrase 1:30 Sensory 2:00 Apple Cider 3:00 Tabletop Cornhole 6:00 Harmony Hour	September 2026 Memory Care		