

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# July 2026

## Memory Care

|  |   |  |   |  |   |   |
|--|---|--|---|--|---|---|
| <p>9:00 Morning Chat<br/>10:00 Noodle Ball<br/>10:30 Simple Games<br/>11:00 Lunch<br/>1:00 Gospel Music<br/>2:00 Sensory and Serenity<br/>3:00 Reminiscing<br/>6:00 Soft Music</p> | <p>9:15 Morning Chat<br/>10:00 Beach Drive<br/>10:30 Memories &amp; Mementos<br/>12:15 Riddle Me This<br/>1:00 Manicures<br/>2:00 Mindful Puzzles<br/>3:00 Life Stations<br/>6:00 Relax &amp; Regroup</p>         | <p>9:15 Morning Chat<br/>10:15 Balloon Ball Exercise<br/>12:15 Matching Game<br/>1:00 Music and Memories<br/>1:45 TTD- 1960's Doc.<br/>2:30 Ice Cream Sandwiches<br/>3:30 Toss Across<br/>6:00 Soothing Sensory Sensations</p>                                     | <p>9:15 Morning Chat<br/>10:30 Church Services<br/>12:15 Exercise<br/>1:00 Finish the Phrase<br/>1:30 Scents and Serenity<br/>2:00 Memory Lane Mocktails<br/>3:00 Tabletop Cornhole<br/>6:00 Harmony Hour</p> <p style="text-align: center;">Canada Day</p> | <p>9:15 Morning Chat<br/>10:15 Exercise<br/>12:15 Gardening &amp; Flowers<br/>1:00 Seeds and Songbirds<br/>2:00 21 Cards<br/>2:30 Critter Comedy Hour<br/>3:00 Happy Hour<br/>6:00 Mindful Moments</p>         | <p>9:15 Morning Chat<br/>10:15 Lyrics Game<br/>10:30 Building Block Puzzle<br/>12:15 Balloon Hockey<br/>1:00 4<sup>th</sup> of July Bomb Pops<br/>2:00 TTD-1960s<br/>Woodstock Music<br/>3:00 Parachute<br/>6:00 Relax &amp; Unwind</p> | <p>9:00 Morning Chat<br/>9:30 Yoga<br/>10:00 Colorful Moments<br/>10:30 Cornhole/Ball kick<br/>11:00 Lunch<br/>1:00 Sing-A-Long<br/>2:00 4<sup>th</sup> of July Craft<br/>3:00 Simple Games<br/>6:00 Reminiscing</p> <p style="text-align: center;">Independence Day (U.S.)</p> |
| <p>9:00 Morning Chat<br/>10:00 Noodle Ball<br/>10:30 Table Games<br/>11:00 Lunch<br/>1:00 Gospel Music<br/>2:00 Senses in Bloom<br/>3:00 Stamped with Love<br/>6:00 Soft Music</p> | <p>9:15 Morning Chat<br/>10:15 Exercise to the Oldies<br/>10:30 Memories &amp; Mementos<br/>12:15 Riddle Me This<br/>1:00 Manicures<br/>2:00 Ice Cream Trip<br/>3:00 Life Stations<br/>6:00 Comfort and Calm</p>  | <p>9:15 Morning Chat<br/>10:15 Balloon Ball Exercise<br/>12:15 Matching Game<br/>1:00 Music and Memories<br/>1:45 TTD- 1960's Reminiscing<br/>2:30 Popsicles<br/>3:30 Toss Across<br/>6:00 Soothing Sensations</p> <p style="text-align: center;">Bastille Day</p> | <p>9:15 Morning Chat<br/>10:30 Church Services<br/>12:15 Exercise<br/>1:00 Finish the Phrase<br/>1:30 Scents and Serenity<br/>2:00 Sweet Tea Social<br/>3:00 Tabletop Cornhole<br/>6:00 Harmony Hour</p>  | <p>9:15 Morning Chat<br/>10:15 Exercise<br/>12:15 Gardening &amp; Flowers<br/>1:00 Seeds and Songbirds<br/>2:00 21 Cards<br/>2:30 Critter Comedy Hour<br/>3:00 Happy Hour<br/>6:00 Mindful Moments</p>         | <p>9:15 Morning Chat<br/>10:15 Lyrics Game<br/>10:30 Building Block Puzzle<br/>12:15 Balloon Hockey<br/>1:00 Cookie Decorating<br/>2:00 TTD-1960s Flower Crowns<br/>3:00 Parachute<br/>6:00 Relax &amp; Unwind</p>                      | <p>9:00 Morning Chat<br/>9:30 Yoga<br/>10:00 Colorful Moments<br/>10:30 Cornhole/Ball kick<br/>11:00 Lunch<br/>1:00 Sing-A-Long<br/>2:00 Crafting Corner<br/>3:00 Simple Games<br/>6:00 Reminiscing</p>   |
| <p>9:00 Morning Chat<br/>10:00 Noodle Ball<br/>10:30 Simple Games<br/>11:00 Lunch<br/>1:00 Gospel Music<br/>2:00 Sensory and Serenity<br/>3:00 Reminiscing<br/>6:00 Soft Music</p> | <p>9:15 Morning Chat<br/>10:00 Beach Drive<br/>10:30 Memories &amp; Mementos<br/>12:15 Riddle Me This<br/>1:00 Manicures<br/>2:00 Mindful Puzzles<br/>3:00 Life Stations<br/>6:00 Relax &amp; Regroup</p>         | <p>9:15 Morning Chat<br/>10:15 Balloon Ball Exercise<br/>12:15 Matching Game<br/>1:00 Music and Memories<br/>1:45 TTD- 1960's Music and Moves<br/>2:30 Giggle Gathering<br/>3:00 Birthday Party<br/>6:00 Soothing Sensations</p>                                   | <p>9:15 Morning Chat<br/>10:30 Church Services<br/>12:15 Exercise<br/>1:00 Finish the Phrase<br/>1:30 Healing Aromas<br/>2:00 Paradise Punch Party<br/>3:00 Tabletop Cornhole<br/>6:00 Relax &amp; Regroup</p>  | <p>9:15 Morning Chat<br/>10:15 Exercise to the Oldies<br/>12:15 Gardening &amp; Flowers<br/>1:00 Seeds and Songbirds<br/>2:00 Lucky Draw<br/>2:30 Critter Comedy Hour<br/>3:00 Happy Hour<br/>6:00 Sensory</p> | <p>9:15 Morning Chat<br/>10:15 Lyrics Game<br/>10:30 Sing-along<br/>12:15 Balloon Ball<br/>1:00 TTD 1960's Matching<br/>2:00 Men's Club<br/>3:00 Simple Games<br/>6:00 Relax &amp; Regroup</p>  | <p>9:00 Morning Chat<br/>9:30 Yoga<br/>10:00 Colorful Moments<br/>10:30 Cornhole/Ball kick<br/>11:00 Lunch<br/>1:00 Sing-A-Long<br/>2:00 Crafting Corner<br/>3:00 Simple Games<br/>6:00 Reminiscing</p>   |
| <p>9:00 Morning Chat<br/>10:00 Noodle Ball<br/>10:30 Table Games<br/>11:00 Lunch<br/>1:00 Gospel Music<br/>2:00 Senses in Bloom<br/>3:00 Stamped with Love<br/>6:00 Soft Music</p> | <p>9:15 Morning Chat<br/>10:15 Exercise to the Oldies<br/>10:30 Memories &amp; Mementos<br/>12:15 Riddle Me This<br/>1:00 Manicures<br/>2:00 Mindful Puzzles<br/>3:00 Life Stations<br/>6:00 Comfort and Calm</p> | <p>9:15 Morning Chat<br/>10:15 Balloon Ball Exercise<br/>12:15 Matching Game<br/>1:00 Music and Memories<br/>1:45 TTD- 1960's Toys of Yesteryear<br/>2:30 Treats and Talks<br/>3:30 Toss Across<br/>6:00 Soothing Sensations</p>                                   | <p>9:15 Morning Chat<br/>10:30 Church Services<br/>12:15 Exercise<br/>1:00 Finish the Phrase<br/>1:30 Scents and Serenity<br/>2:00 Memory Lane Mocktails<br/>3:00 Tabletop Cornhole<br/>6:00 Harmony Hour</p>   | <p>9:15 Morning Chat<br/>10:15 Exercise<br/>12:15 Gardening &amp; Flowers<br/>1:00 Seeds and Songbirds<br/>2:00 21 Cards<br/>2:30 Critter Comedy Hour<br/>3:00 Happy Hour<br/>6:00 Mindful Moments</p>         | <p>9:15 Morning Chat<br/>10:15 Lyrics Game<br/>10:30 Building Block Puzzle<br/>12:15 Balloon Hockey<br/>1:00 4<sup>th</sup> of July Bomb Pops<br/>2:00 TTD-1960s Wrap Up<br/>3:00 Watercolors<br/>6:00 Relax &amp; Unwind</p>           | <p style="text-align: center;">Activity Calendar Subject to change</p>  |
| <p>9:00 Morning Chat<br/>10:00 Noodle Ball<br/>10:30 Table Games<br/>11:00 Lunch<br/>1:00 Gospel Music<br/>2:00 Senses in Bloom<br/>3:00 Stamped with Love<br/>6:00 Soft Music</p> | <p>9:15 Morning Chat<br/>10:15 Exercise to the Oldies<br/>10:30 Memories &amp; Mementos<br/>12:15 Riddle Me This<br/>1:00 Manicures<br/>2:00 Garden Drive<br/>3:00 Life Stations<br/>6:00 Comfort and Calm</p>    | <p>9:15 Morning Chat<br/>10:15 Balloon Ball Exercise<br/>12:15 Matching Game<br/>1:00 Music and Memories<br/>1:45 TTD- 1960's Toys of Yesteryear<br/>2:30 Treats and Talks<br/>3:30 Toss Across<br/>6:00 Soothing Sensations</p>                                   | <p>9:15 Morning Chat<br/>10:30 Church Services<br/>12:15 Exercise<br/>1:00 Finish the Phrase<br/>1:30 Scents and Serenity<br/>2:00 Memory Lane Mocktails<br/>3:00 Tabletop Cornhole<br/>6:00 Harmony Hour</p>   | <p>9:15 Morning Chat<br/>10:15 Exercise<br/>12:15 Gardening &amp; Flowers<br/>1:00 Seeds and Songbirds<br/>2:00 21 Cards<br/>2:30 Critter Comedy Hour<br/>3:00 Happy Hour<br/>6:00 Mindful Moments</p>         | <p>9:15 Morning Chat<br/>10:15 Lyrics Game<br/>10:30 Building Block Puzzle<br/>12:15 Balloon Hockey<br/>1:00 4<sup>th</sup> of July Bomb Pops<br/>2:00 TTD-1960s Wrap Up<br/>3:00 Watercolors<br/>6:00 Relax &amp; Unwind</p>           | <p style="text-align: center;">Activity Calendar Subject to change</p>  |