

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**Around the World
With Atlas
Iceland**

February 2025

Memory Care

7:30 Breakfast **1**
10:00 Color and Paint
10:30 Cornhole/Ball kick
11:00 Lunch
1:00 Movie Matinee
3:00 Relax & Regroup
4:00 Dinner
6:00 Reminiscing

Happy Birthday Judy **2**
10:00 Noodle Ball
11:00 Lunch
1:00 Church
2:00 Sensory
3:00 Reminiscing
4:00 Dinner
6:00 Calming Music
Groundhog Day

9:15 Exercise **3**
9:45 Morning Chat
10:15 Trivia
10:30 Bag Toss
12:30 Monday Matinee
12:30 Manicures
3:00 Bingo
6:00 Relax & Regroup

9:15 Morning Chat **4**
9:30 Catholic Church
10:15 Memories & Mementos
12:30 Around the World
1:15 Outdoor Walk
2:00 Flower Arranging
3:30 Songs and Stretch
6:00 Sensory

9:15 Morning Chat **5**
9:45 Gardening
10:30 Church Services
12:30 Card Games
1:00 Balloon Ball
2:00 Snacks & Songs
3:00 Bingo
6:00 Relax & Regroup

9:15 Exercise **6**
9:45 Morning Chat
10:15 Colorful Creations
12:30 Finish the Phrase
1:00 Simple Games
2:00 Animal Videos
3:00 Happy Hour
6:00 Sensory

9:15 Exercise **7**
9:45 Morning Chat
10:15 Reminiscing
10:30 Puzzles
12:15 Sing-A-Long
1:00 Card Games
3:00 Bingo
6:00 Relax & Regroup

7:30 Breakfast **8**
10:00 Color and Paint
10:30 Cornhole/Ball kick
11:00 Lunch
1:00 Movie Matinee
3:00 Relax & Regroup
4:00 Dinner
6:00 Reminiscing

7:30 Breakfast **9**
10:00 Noodle Ball
11:00 Lunch
2:00 Sensory
3:00 Reminiscing
4:00 Dinner
6:00 Calming Music

9:15 Exercise **10**
9:45 Morning Chat
10:15 Trivia
10:30 Bag Toss
12:30 Monday Matinee
12:30 Manicures
3:00 Bingo
6:00 Relax & Regroup

9:15 Morning Chat **11**
9:30 Catholic Church
10:15 Memories & Mementos
12:30 Around the World
1:15 Outdoor Walk
2:00 Hot Chocolate
3:30 Reminiscing Circle
6:00 Sensory

9:15 Morning Chat **12**
9:45 Gardening
10:30 Church Services
12:30 Card Games
1:00 Balloon Ball
2:00 Music with Hunter
3:00 Bingo
6:00 Relax & Regroup
Tu B'Shevat Begins

Happy Birthday Becky **13**
9:15 Exercise
9:45 Morning Chat
10:15 Colorful Creations
12:30 EZ Trivia
1:00 Simple Games
2:00 Relax and Regroup
3:00 Happy Hour
6:00 Sensory

Happy Birthday Paul **14**
9:15 Exercise
9:45 Morning Chat
10:15 Reminiscing
10:30 Puzzles
12:15 Sing-A-Long
1:00 Valentine's Day
3:00 Bingo
6:00 Relax & Regroup
Valentine's Day

7:30 Breakfast **15**
10:00 Color and Paint
10:30 Cornhole/Ball kick
11:00 Lunch
1:00 Movie Matinee
3:00 Relax & Regroup
4:00 Dinner
6:00 Reminiscing

7:30 Breakfast **16**
10:00 Noodle Ball
11:00 Lunch
1:00 Church
2:00 Sensory
3:00 Reminiscing
4:00 Dinner
6:00 Calming Music

9:15 Exercise **17**
9:45 Morning Chat
10:15 Trivia
10:30 Bag Toss
12:30 Monday Matinee
12:30 Manicures
3:00 Bingo
6:00 Relax & Regroup
Presidents' Day (U.S.)

9:15 Morning Chat **18**
9:30 Catholic Church
10:15 Memories & Mementos
12:30 Around the World
1:15 Outdoor Walk
2:00 Men's Club
3:00 Birthday Party
6:00 Sensory

9:15 Morning Chat **19**
9:45 Gardening
10:30 Church Services
12:30 Card Games
1:00 Balloon Ball
2:00 Snacks & Songs
3:00 Bingo
6:00 Relax & Regroup

9:15 Exercise **20**
9:45 Morning Chat
10:15 Colorful Creations
12:30 Finish the Phrase
1:00 Simple Games
2:00 Animal Videos
3:00 Happy Hour
6:00 Sensory

9:15 Exercise **21**
9:45 Morning Chat
10:15 Reminiscing
10:30 Puzzles
12:15 Sing-A-Long
1:00 Card Games
3:00 Bingo
6:00 Relax & Regroup

7:30 Breakfast **22**
10:00 Color and Paint
10:30 Cornhole/Ball kick
11:00 Lunch
1:00 Movie Matinee
3:00 Relax & Regroup
4:00 Dinner
6:00 Reminiscing

7:30 Breakfast **23**
10:00 Noodle Ball
11:00 Lunch
2:00 Sensory
3:00 Reminiscing
4:00 Dinner
6:00 Calming Music

9:15 Exercise **24**
9:45 Morning Chat
10:15 Trivia
10:30 Bag Toss
12:30 Monday Matinee
12:30 Manicures
3:00 Bingo
6:00 Relax & Regroup

9:15 Morning Chat **25**
9:30 Catholic Church
10:15 Memories & Mementos
12:30 Around the World
1:15 Outdoor Walk
2:00 Women's Club
3:30 Song and Stretch
6:00 Sensory

9:15 Morning Chat **26**
9:45 Gardening
10:30 Church Services
12:30 Card Games
1:00 Balloon Ball
2:00 Music with Hunter
3:00 Bingo
6:00 Relax & Regroup

9:15 Exercise **27**
9:45 Morning Chat
10:15 Colorful Creations
12:30 EZ Trivia
1:00 Simple Games
2:00 Relax and Regroup
3:00 Happy Hour
6:00 Sensory

9:15 Exercise **28**
9:45 Morning Chat
10:15 Reminiscing
10:30 Puzzles
12:15 Sing-A-Long
1:00 Card Games
3:00 Bingo
6:00 Relax & Regroup
Ramadan Begins

Activity calendar
subject to change.

THE GOLDTON
AT ST. PETERSBURG
ASSISTED LIVING & MEMORY CARE