

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

January 2025

Memory Care

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|---|---|--|--|--|---|---|
| <p>7:30 Breakfast 10:00 Noodle Ball 11:00 Lunch 1:00 Church 2:00 Sensory 3:00 Reminiscing 4:00 Dinner 6:00 Calming Music</p> | <p>9:15 Exercise 9:45 Morning Chat 10:15 Trivia 10:30 Outdoor Walk 12:30 Monday Matinee 12:30 Manicures 3:00 Bingo 6:00 Relax & Regroup</p> | <p>9:15 Morning Chat 9:30 Catholic Church 10:15 Memories & Mementos 12:30 Around the World 1:15 Coloring 2:00 Flower Arranging 3:30 Dinner Prep 6:00 Sensory</p> | <p>9:15 Morning Chat 9:45 Gardening 10:30 Church Services 12:30 Card Games 1:00 Balloon Ball 2:00 Snacks & Songs 3:00 Bingo 6:00 Relax & Regroup <small>New Year's Day</small></p> | <p>9:15 Exercise 9:45 Morning Chat 10:00 Cranium Crunches 10:30 Coloring 12:30 ADLS 1:00 Simple Games 3:00 Happy Hour 6:00 Sensory</p> | <p>9:15 Exercise 9:45 Morning Chat 10:15 Reminiscing 10:30 Puzzles 12:15 Sing-A-Long 1:00 Card Games 3:00 Bingo 6:00 Relax & Regroup</p> | <p>7:30 Breakfast 10:00 Color and Paint 10:30 Cornhole/Ball kick 11:00 Lunch 1:00 Movie Matinee 3:00 Relax & Regroup 4:00 Dinner 6:00 Reminiscing</p> |
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| <p>7:30 Breakfast 10:00 Noodle Ball 11:00 Lunch 1:00 Church 2:00 Sensory 3:00 Reminiscing 4:00 Dinner 6:00 Calming Music <small>Activity Professionals Week</small></p> | <p>9:15 Exercise 9:45 Morning Chat 10:15 Trivia 10:30 Outdoor Walk 12:30 Monday Matinee 12:30 Manicures 3:00 Bingo 6:00 Relax & Regroup <small>Martin Luther King Jr. Day</small></p> | <p>9:15 Morning Chat 9:30 Catholic Church 10:15 Memories & Mementos 12:30 Around the World 1:15 Coloring 2:00 3:30 Dinner Prep 6:00 Sensory</p> | <p>9:15 Morning Chat 9:45 Gardening 10:30 Church Services 12:30 Card Games 1:00 Balloon Ball 2:00 Snacks & Songs 3:00 Bingo 6:00 Relax & Regroup</p> | <p>9:15 Exercise 9:45 Morning Chat 10:00 Cranium Crunches 10:30 Coloring 12:30 ADLS 1:00 Simple Games 3:00 Happy Hour 6:00 Sensory</p> | <p>9:15 Exercise 9:45 Morning Chat 10:15 Reminiscing 10:30 Puzzles 12:15 Sing-A-Long 1:00 Card Games 3:00 Bingo 6:00 Relax & Regroup</p> | <p>7:30 Breakfast 10:00 Color and Paint 10:30 Cornhole/Ball kick 11:00 Lunch 1:00 Movie Matinee 3:00 Relax & Regroup 4:00 Dinner 6:00 Reminiscing</p> |
| <p>7:30 Breakfast 10:00 Noodle Ball 11:00 Lunch 2:00 Sensory 3:00 Reminiscing 4:00 Dinner 6:00 Calming Music <small>Australia Day (Observed)</small></p> | <p>9:15 Exercise 9:45 Morning Chat 10:15 Trivia 10:30 Outdoor Walk 12:30 Monday Matinee 12:30 Manicures 3:00 Bingo 6:00 Relax & Regroup</p> | <p>9:15 Morning Chat 9:30 Catholic Church 10:15 Memories & Mementos 12:30 Around the World 1:15 Coloring 2:00 3:30 Dinner Prep 6:00 Sensory</p> | <p>9:15 Morning Chat 9:45 Gardening 10:30 Church Services 12:30 Card Games 1:00 Balloon Ball 2:00 Snacks & Songs 3:00 Bingo 6:00 Relax & Regroup <small>Chinese New Year (Year of the Snake)</small></p> | <p>9:15 Exercise 9:45 Morning Chat 10:00 Cranium Crunches 10:30 Coloring 12:30 ADLS 1:00 Simple Games 3:00 Happy Hour 6:00 Sensory</p> | <p>Gay S. Birthday 9:15 Exercise 9:45 Morning Chat 10:15 Reminiscing 10:30 Puzzles 12:15 Sing-A-Long 1:00 Card Games 3:00 Bingo 6:00 Relax & Regroup</p> | <p>Activity calendar subject to change.</p> |