

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

# October

## Memory Care 2024

<p><b>7:30</b> Breakfast <b>10:00</b> Noodle Ball <b>11:00</b> Lunch <b>1:00</b> Church <b>2:00</b> Sensory <b>3:00</b> Reminiscing <b>4:00</b> Dinner <b>6:00</b> Calming Music</p>	<p><b>9:15</b> Morning Chat <b>9:45</b> Exercise Movement <b>10:15</b> Trivia <b>10:30</b> Gardening <b>12:30</b> Monday Matinee <b>12:30</b> Manicures <b>3:00</b> Bingo <b>6:00</b> Relax &amp; Regroup</p>	<p><b>9:15</b> Morning Chat <b>9:30</b> Catholic Church <b>10:15</b> Memories &amp; Mementos <b>12:30</b> National Parks <b>1:15</b> Coloring <b>2:00</b> Flower Arranging <b>3:30</b> Dinner Prep <b>6:00</b> Sensory</p>	<p><b>9:15</b> Morning Chat <b>9:45</b> Gardening <b>10:30</b> Church Services <b>12:30</b> Card Games <b>1:00</b> Balloon Ball <b>2:00</b> Snacks &amp; Songs <b>3:00</b> Bingo <b>6:00</b> Relax &amp; Regroup <small>Rosh Hashanah Begins</small></p>	<p><b>9:15</b> Morning Chat <b>9:45</b> Exercise <b>10:00</b> Cranium Crunches <b>10:30</b> Coloring <b>12:30</b> ADLS <b>1:00</b> Simple Games <b>3:00</b> Happy Hour <b>6:00</b> Sensory</p>	<p><b>9:15</b> Morning Chat <b>9:45</b> Exercise Movement <b>10:15</b> Gardening <b>10:30</b> Water the Garden <b>12:15</b> Sing-A-Long <b>1:00</b> Card Games <b>3:00</b> Bingo <b>6:00</b> Relax &amp; Regroup</p>	<p><b>7:30</b> Breakfast <b>10:00</b> Color and Paint <b>10:30</b> Cornhole/Ball kick <b>11:00</b> Lunch <b>1:00</b> Movie Matinee <b>3:00</b> Relax &amp; Regroup <b>4:00</b> Dinner <b>6:00</b> Reminiscing</p>
<p><b>7:30</b> Breakfast <b>10:00</b> Noodle Ball <b>11:00</b> Lunch <b>1:00</b> Church <b>2:00</b> Sensory <b>3:00</b> Reminiscing <b>4:00</b> Dinner <b>6:00</b> Calming Music</p>	<p><b>9:15</b> Morning Chat <b>9:45</b> Exercise Movement <b>10:15</b> Trivia <b>10:30</b> Gardening <b>12:30</b> Monday Matinee <b>12:30</b> Manicures <b>3:00</b> Bingo <b>6:00</b> Relax &amp; Regroup</p>	<p><b>9:15</b> Morning Chat <b>9:30</b> Catholic Church <b>10:15</b> Just Joking <b>12:30</b> National Parks <b>1:30</b> Movie in the Movie Theater <b>3:30</b> Coloring <b>6:00</b> Sensory</p>	<p><b>9:15</b> Morning Chat <b>9:45</b> Gardening <b>10:30</b> Church Services <b>12:30</b> Reminiscing <b>1:00</b> Balloon Ball <b>2:00</b> Music with Hunter <b>3:15</b> Bingo <b>6:00</b> Relax &amp; Regroup</p>	<p><b>9:15</b> Morning Chat <b>9:45</b> Exercise <b>10:00</b> Cranium Crunches <b>10:30</b> Coloring <b>12:30</b> ADLS <b>1:00</b> Simple Games <b>3:00</b> Happy Hour <b>6:00</b> Sensory</p>	<p><b>9:15</b> Morning Chat <b>9:45</b> Exercise Movement <b>10:15</b> Gardening <b>10:30</b> Water the Garden <b>12:15</b> Sing-A-Long <b>1:00</b> Card Games <b>3:00</b> Bingo <b>6:00</b> Relax &amp; Regroup <small>Yom Kippur Begins</small></p>	<p><b>7:30</b> Breakfast <b>10:00</b> Color and Paint <b>10:30</b> Cornhole/Ball kick <b>11:00</b> Lunch <b>1:00</b> Movie Matinee <b>3:00</b> Relax &amp; Regroup <b>4:00</b> Dinner <b>6:00</b> Reminiscing</p>
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