

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2023

## Memory Care

			<p><b>7:30</b> Breakfast <b>1</b>  <b>10:00</b> Relax &amp; Regroup  <b>10:30</b> Church (PR)  <b>11:30</b> Lunch  <b>1:15</b> Balloon Volleyball  <b>2:00</b> Coloring  <b>3:00</b> Bingo  <b>4:30</b> Dinner</p>	<p><b>7:30</b> Breakfast <b>2</b>  <b>10:00</b> Ball Kick  <b>10:30</b> Relax &amp; Regroup  <b>11:30</b> Lunch  <b>1:30</b> Exercise  <b>2:00</b> Painting  <b>3:00</b> Bowling  <b>4:30</b> Dinner</p>	<p><b>7:30</b> Breakfast <b>3</b>  <b>10:00</b> Relax &amp; Regroup  <b>10:30</b> Interactive Board  <b>11:30</b> Lunch  <b>1:15</b> Bingo  <b>3:00</b> <b>Happy Hour Mike</b>  <b>4:30</b> Dinner</p>	<p><b>7:30</b> Breakfast <b>4</b>  <b>10:30</b> Balloon Volleyball  <b>11:00</b> Puzzles  <b>11:30</b> Lunch  <b>1:00</b> Movie and Snacks  <b>2:00</b> Coloring w/staff  <b>4:30</b> Dinner</p>
<p><b>7:30</b> Breakfast <b>5</b>  <b>10:00</b> Church Video  <b>10:30</b> Ball Kick  <b>11:30</b> Lunch  <b>1:00</b> Matching Games  <b>2:00</b> Afternoon Exercise  <b>3:00</b> Reminiscing  <b>4:30</b> Dinner</p>	<p><b>7:30</b> Breakfast <b>6</b>  <b>10:00</b> Sit &amp; Be Fit  <b>10:30</b> Scrapbooking  <b>11:30</b> Lunch  <b>1:00</b> Manicure Monday  <b>3:00</b> Bingo  <b>4:30</b> Dinner</p> <p style="text-align: center;"><small>Purim Begins</small></p>	<p><b>7:30</b> Breakfast <b>7</b>  <b>8:30</b> Chronicle &amp; Relax  <b>10:00</b> Ball Kick  <b>10:30</b> Painting  <b>11:30</b> Lunch  <b>1:00</b> Reminiscing  <b>2:00</b> Movie  <b>4:30</b> Dinner</p>	<p><b>7:30</b> Breakfast <b>8</b>  <b>10:00</b> Relax &amp; Regroup  <b>10:30</b> Church (PR)  <b>11:30</b> Lunch  <b>1:15</b> Ring Toss  <b>2:00</b> Coloring  <b>3:00</b> Bingo  <b>4:30</b> Dinner</p>	<p><b>7:30</b> Breakfast <b>9</b>  <b>10:00</b> Ball Kick  <b>10:30</b> Relax &amp; Regroup  <b>11:30</b> Lunch  <b>1:30</b> Exercise  <b>2:00</b> Craft Corner  <b>3:00</b> Bowling  <b>4:30</b> Dinner</p>	<p><b>7:30</b> Breakfast <b>10</b>  <b>10:00</b> Relax &amp; Regroup  <b>10:30</b> Interactive Board  <b>11:30</b> Lunch  <b>1:15</b> Bingo  <b>3:00</b> <b>Happy Hour LA</b>  <b>Beahm</b>  <b>4:30</b> Dinner</p>	<p><b>7:30</b> Breakfast <b>11</b>  <b>10:30</b> Balloon Volleyball  <b>11:00</b> Puzzles  <b>11:30</b> Lunch  <b>1:00</b> Movie and Snacks  <b>2:00</b> Coloring w/staff  <b>4:30</b> Dinner</p>
<p><b>7:30</b> Breakfast <b>12</b>  <b>10:00</b> Church Video  <b>10:30</b> Ball Kick  <b>11:30</b> Lunch  <b>1:00</b> Matching Games  <b>2:00</b> Afternoon Exercise  <b>3:00</b> Reminiscing  <b>4:30</b> Dinner</p> <p style="text-align: center;"><small>Daylight Saving Time Begins</small></p>	<p><b>7:30</b> Breakfast <b>13</b>  <b>8:30</b> Story and Relax  <b>10:00</b> Sit &amp; Be Fit  <b>10:30</b> Manicure Monday  <b>11:30</b> Lunch  <b>1:00</b> Joy ride  <b>3:00</b> Bingo  <b>4:30</b> Dinner</p>	<p><b>7:30</b> Breakfast <b>14</b>  <b>8:30</b> Chronicle and Relax  <b>10:00</b> Ball Kick  <b>10:30</b> Painting  <b>11:30</b> Lunch  <b>1:00</b> Reminiscing  <b>2:00</b> Movie  <b>4:30</b> Dinner</p>	<p><b>7:30</b> Breakfast <b>15</b>  <b>10:00</b> Relax &amp; Regroup  <b>10:30</b> Church (PR)  <b>11:30</b> Lunch  <b>1:15</b> Balloon Volleyball  <b>2:00</b> Coloring  <b>3:00</b> Bingo  <b>4:30</b> Dinner</p>	<p><b>7:30</b> Breakfast <b>16</b>  <b>10:00</b> Ball Kick  <b>10:30</b> Relax &amp; Regroup  <b>11:30</b> Lunch  <b>1:30</b> Exercise  <b>2:00</b> Painting  <b>3:00</b> Bowling  <b>4:30</b> Dinner</p>	<p><b>7:30</b> Breakfast <b>17</b>  <b>10:00</b> Relax &amp; Regroup  <b>10:30</b> St. Patrick's Day  Activity  <b>11:30</b> Lunch  <b>1:15</b> Bingo  <b>3:00</b> <b>Happy Hour Mike</b>  <b>4:30</b> Dinner</p> <p style="text-align: center;"><small>St. Patrick's Day</small></p>	<p><b>7:30</b> Breakfast <b>18</b>  <b>10:30</b> Balloon Volleyball  <b>11:00</b> Puzzles  <b>11:30</b> Lunch  <b>1:00</b> Movie and Snacks  <b>2:00</b> Coloring w/staff  <b>4:30</b> Dinner</p>
<p><b>7:30</b> Breakfast <b>19</b>  <b>10:00</b> Church Video  <b>10:30</b> Ball Kick  <b>11:30</b> Lunch  <b>1:00</b> Matching Games  <b>2:00</b> Afternoon Exercise  <b>3:00</b> Reminiscing  <b>4:30</b> Dinner</p>	<p><b>7:30</b> Breakfast <b>20</b>  <b>8:30</b> Story and Relax  <b>10:00</b> Sit &amp; Be Fit  <b>10:30</b> Garden Club  <b>11:30</b> Lunch  <b>1:00</b> Manicure Monday  <b>3:00</b> Bingo  <b>4:30</b> Dinner</p> <p style="text-align: center;"><small>Spring Begins</small></p>	<p><b>7:30</b> Breakfast <b>21</b>  <b>8:30</b> Chronicle and Relax  <b>10:00</b> Ball Kick  <b>10:30</b> Painting  <b>11:30</b> Lunch  <b>1:00</b> Reminiscing  <b>2:00</b> Movie  <b>4:30</b> Dinner</p>	<p><b>7:30</b> Breakfast <b>22</b>  <b>10:00</b> Relax &amp; Regroup  <b>10:30</b> Church (PR)  <b>11:30</b> Lunch  <b>1:15</b> Ring Toss  <b>2:00</b> Coloring  <b>3:00</b> Bingo  <b>4:30</b> Dinner</p> <p style="text-align: center;"><small>Ramadan Begins</small></p>	<p><b>7:30</b> Breakfast <b>23</b>  <b>10:00</b> Ball Kick  <b>10:30</b> Relax &amp; Regroup  <b>11:30</b> Lunch  <b>1:30</b> Exercise  <b>2:00</b> Craft Corner  <b>3:00</b> Bowling  <b>4:30</b> Dinner</p>	<p><b>7:30</b> Breakfast <b>24</b>  <b>10:00</b> Relax &amp; Regroup  <b>10:30</b> Interactive Board  <b>11:30</b> Lunch  <b>1:15</b> Bingo  <b>3:00</b> <b>Happy Hour</b>  <b>Birthday Party</b>  <b>4:30</b> Dinner</p>	<p><b>7:30</b> Breakfast <b>25</b>  <b>10:30</b> Balloon Volleyball  <b>11:00</b> Puzzles  <b>11:30</b> Lunch  <b>1:00</b> Movie and Snacks  <b>2:00</b> Coloring w/staff  <b>4:30</b> Dinner</p>
<p><b>7:30</b> Breakfast <b>26</b>  <b>10:00</b> Church Video  <b>10:30</b> Ball Kick  <b>11:30</b> Lunch  <b>1:00</b> Matching Games  <b>2:00</b> Afternoon Exercise  <b>3:00</b> Reminiscing  <b>4:30</b> Dinner</p>	<p><b>7:30</b> Breakfast <b>27</b>  <b>8:30</b> Story and Relax  <b>10:00</b> Sit &amp; Be Fit  <b>10:30</b> Manicure Monday  <b>11:30</b> Lunch  <b>1:00</b> Joy ride  <b>3:00</b> Bingo  <b>4:30</b> Dinner</p>	<p><b>7:30</b> Breakfast <b>28</b>  <b>8:30</b> Chronicle and Relax  <b>10:00</b> Ball Kick  <b>10:30</b> Painting  <b>11:30</b> Lunch  <b>1:00</b> Reminiscing  <b>2:00</b> Movie  <b>4:30</b> Dinner</p>	<p><b>7:30</b> Breakfast <b>29</b>  <b>10:00</b> Relax &amp; Regroup  <b>10:30</b> Church (PR)  <b>11:30</b> Lunch  <b>1:15</b> Balloon Volleyball  <b>2:00</b> Coloring  <b>3:00</b> Bingo  <b>4:30</b> Dinner</p>	<p><b>7:30</b> Breakfast <b>30</b>  <b>10:00</b> Ball Kick  <b>10:30</b> Relax &amp; Regroup  <b>11:30</b> Lunch  <b>1:30</b> Exercise  <b>2:00</b> Painting  <b>3:00</b> Bowling  <b>4:30</b> Dinner</p>	<p><b>7:30</b> Breakfast <b>31</b>  <b>10:00</b> Relax &amp; Regroup  <b>10:30</b> Interactive Board  <b>11:30</b> Lunch  <b>1:15</b> Bingo  <b>3:00</b> <b>Happy Hour</b>  <b>4:30</b> Dinner</p>	<p><b>Resident Birthdays</b></p> <p style="text-align: center;"><b>Janet R. 3/15</b>  <b>Pat B. 3/15</b>  <b>Tony B. 3/29</b>  <b>Activities are subject to change</b></p>