

2026

September

1980'S



Sunday



Monday



Tuesday



Wednesday



thursday



Friday



Saturday

		1 10:15 Stretch & Resistance 10:30 Teaching Tuesday 11:00 Walk & Roll 2:30 Station Hill Church 3:15 Cooking Class 6:00 1980's Music Time	2 10:30 Scenic Drive 1:30 Musical Exercise 2:00 Soul Care Bible Time 2:15 Nails with Myleah 3:30 Man Bites & Brew 6:00 Worship Songs	3 10:00 Sit & Fit 10:30 Lounge & Scripture 10:45 Pretty & Pampered 1:30 1980 Fact or Fiction 3:15 Sip & Snack 4:00 Plentiful Paints 6:00 Jimmy Carter 1980 1981 Video	4 10:00 Fit & Fierce 10:30 Faithful Words 1:00 Labor Day Show & Tell 2:00 Music in AL 3:15 Sip & Snack 6:00 Evening Comfort	5 10:00 Morning Stretch 10:30 Simon Says 1:30 Coloring Club 2:30 '80'S Karaoke 3:15 Sip & Snack 6:00 Porch Relaxation
6 10:00 Church Time 1:45 Music with Jim 3:00 Patio Rest Time 3:15 Patio Snack 4:00 Thompson's Station Church 6:00 TV Classics	7 10:00 Monday Movement 10:30 Labor Day Devotion 11:00 Balloon Noodle 1:30 Coloring Club 3:15 Sip & Snack 6:00 Monday Night Movie Night, "Labor day"	8 10:15 Stretch & Resistance 10:30 Teaching Tuesday 1:30 Helping Hands, Heartfelt Hugs Shirts 2:30 Station Hill Church 3:15 Sip & Snack 6:00 Hand Massage	9 10:15 Scenic Drive 1:15 Soul care Bible Time 2:00 Doggy Fashion Show 3:30 Man Bites & Brew 4:00 Letter Association 6:00 Worship Spngs	10 10:00 Sit & Fit 10:30 Lounge & Scripture 10:45 Hang man 2:00 "A Little Taste Of Spring Hill" 3:30 Women's Book Club 6:00 Ronald Reagan 1981- 1989 Video	11 10:00 Fit & Fierce 10:30 Faithful Words 11:00 Friday Delight 2:00 80'S Party 3:15 Sip & Snack 6:00 Evening Comfort	12 10:00 Morning Stretch 11:00 FALL FEST 2:30 Sing- along 3:15 Sip & Snack 4:00 Coloring Club 6:00 Porch Relaxation
13 10:00 Church Time 1:45 Music with Jim 3:00 Patio Rest Time 3:15 Patio Snack 4:00 Wellspring's Church 6:00 TV Classics	14 10:00 Scenic Drive 1:30 Monday Movement 2:00 Meditation Time 3:15 Women's Book Club 3:30 Sip & Snack 6:00 1980's "Back To the Future"	15 10:15 Stretch & Resistance 10:30 Teaching Tuesday 11:00 Balloon Noodle 2:30 Station Hill Church 3:15 Sip & Snack 4:00 Paint Mason Jars 6:00 Gentle Music Time	16 10:30 Scenic Drive 1:30 Musical Exercise 2:00 Soul Care Bible Time 2:15 Nails with Myleah 3:30 Man Bites & Brew 6:00 Worship Songs	17 10:00 Sit & Fit 10:30 Lounge & Scripture 10:45 Pretty & Pampered 1:30 1980'S Karaoke 3:15 Sip & Snack 6:00 " What it was Like In the 80'S" Video	18 10:00 Pet Therapy 10:30 Faithful Words 11:00 Fit & Fierce 2:00 Music in AL 3:15 Sip & Snack 6:00 Evening Comfort	19 10:00 Morning Stretch 10:30 Simon Says 1:30 Coloring Club 2:30 Name That Tune 3:15 Sip & Snack 6:00 Porch Relaxation
20 10:00 Church Time 1:45 Music with Jim 3:00 Patio Rest Time 3:15 Patio Snack 4:00 Spring Meadows Church 6:00 TV Classics	21 10:00 Scenic Drive 1:30 Monday Movement 2:00 Meditation Time 2:30 Hang Man 3:15 Sip & Snack 4:00 Walk & Roll 6:00 1980's "E.T."	22 10:15 Stretch & Resistance 10:30 Teaching Tuesday 11:00 Hymn & Hum 2:30 Station Hill Church 3:15 Sip & Snack 4:00 1980's Name That Tune 6:00 Hand Massage	23 10:30 Scenic Drive 1:30 Musical Exercise 2:00 Soul Care Bible Time 2:15 Nails with Myleah 3:30 Man Bites & Brew 6:00 Worship Songs	24 10:00 Sit & Fit 10:30 Lounge & Scripture 11:00 Balloon Noodle 1:30 Table Hockey 3:15 Sip & Snack 6:00 Patio Relaxation	25 10:00 Fit & Fierce 10:30 Faithful Words 11:00 Friday Delight 2:00 Music with Purpose 3:15 Brownie Sundays 6:00 Evening Comfort	26 10:00 Morning Stretch 10:30 Hoop Ball 1:30 Coloring Club 2:30 Word Association 3:15 Sip & Snack 6:00 Porch Relaxation
27 10:00 Church Time 1:45 Music with Jim 3:00 Patio Rest Time 3:15 Patio Snack 4:00 Spring Hill Church 6:00 TV Classics	28 10:00 Scenic Drive 1:30 Monday Movement 2:00 Meditation Time 3:15 Women's Book Club 3:30 Sip & Snack 6:00 1980's "The Breakfast Club"	29 10:15 Stretch & Resistance 10:30 Teaching Tuesday 11:00 Name That Object 2:30 Station Hill Church 3:15 Sip & Snack 3:45 Autumn Canvas' 6:00 Gentle Music Time	30 10:30 Scenic Drive 1:30 Musical Exercise 2:00 Man Bites Brew 2:15 Nails with Myleah 3:30 September Birthday Party 6:00 Worship Songs			***Activities are Subject to Change***