

2026 AUGUST 1970'S



Sunday



Monday



Tuesday



Wednesday



thursday



Friday



Saturday

						1 10:00 Morning Stretch 11:00 Bowling 1:30 Coloring Club 2:30 Sing-along 3:15 Sip &Snack 4:00 Porch Relaxation
2 10:00 Church Time 1:45 Music with Jim 3:00 Patio Rest Time 3:15 Patio Snack 4:00 Thompson's Station Church 6:00 TV Classics	3 10:00 Scenic Drive 1:30 Monday Movement 2:00 Meditation Time 2:30 Walk & Roll 3:15 Cooking Club With Mario 6:00 1970's "Grease"	4 10:15 Stretch & Resistance 10:30 Teaching Tuesday 11:00 About Me Circle 2:30 Station Hill Church 3:15 Sip & Snack 4:00 Stained Glass Craft 6:00 Hand Massage	5 10:30 Scenic Drive 1:30 Musical Exercise 2:00 Soul Care Bible Time 2:15 Nails with Myleah 3:15 Sip & Snack 4:00 Letter Association 6:00 Worship Songs	6 10:00 Sit & Fit 10:30 Lounge & Scripture 10:45 Pretty & Pampered 1:30 Music with Joseph 3:15 Sip & Snack 4:00 1970's Fact or Fiction 6:00 Patio Relaxation	7 10:00 Fit & Fierce 10:30 Faithful Words 11:00 Laughs and Fun 2:00 Music with Billy MC 3:15 Sip & Snack 3:30 Disco Ball Design with Tammy	8 10:00 Morning Stretch 11:00 Bowling 1:30 Coloring Club 2:30 Sing-along 3:15 Sip &Snack 4:00 Porch Relaxation
9 10:00 Church Time 1:45 Music with Jim 3:00 Patio Rest Time 3:15 Patio Snack 4:00 Wellspring's Church 6:00 TV Classics	10 10:00 Scenic Drive 1:30 Monday Movement 2:00 Meditation Time 2:30 Walk & Roll 3:00 Coloring Club 3:15 Sip & Snack 6:00 1970's "Benji"	11 10:15 Stretch & Resistance 10:30 Teaching Tuesday 11:00 Bowling 2:30 Station Hill Church 3:15 Sip & Snack 6:00 Groovy '70's Music	12 10:30 Scenic Drive 1:30 Musical Exercise 2:00 Soul Care Bible Time 2:15 Nails with Myleah & Amanda T. 3:15 Sip & Snack 6:00 Worship Songs	13 10:00 Sit & Fit 10:30 Lounge & Scripture 1:30 Balloon Noodle 3:15 Sip & Snack 3:45 Stitch & Fix 6:00 Richard Nixon 1969-1974 Video	14 10:00 Fit & Fierce 10:30 Faithful Words 11:00 Laughs and Fun 2:00 Music in AL 3:15 Sip & Snack 6:00 Evening Comfort	15 10:00 Morning Stretch 11:00 Bowling 1:30 Coloring Club 2:30 Sing-along 3:15 Sip &Snack 4:00 Porch Relaxation
16 10:00 Church Time 1:45 Music with Jim 3:00 Patio Rest Time 3:15 Patio Snack 4:00 Spring Meadows Church 6:00 TV Classics	17 10:00 Scenic Drive Brunch With Amanda L. 1:30 Monday Movement 2:00 Meditation Time 2:30 Word Search 3:15 Sip & Snack 6:00 1970's Superman	18 10:15 Stretch & Resistance 10:30 Teaching Tuesday 11:00 Hangman 2:30 Station Hill Church 3:15 Sip & Snack 6:00 Gentle Relaxing Time	19 10:30 Scenic Drive 1:30 Musical Exercise 2:00 Soul Care Bible Time 2:15 Nails with Myleah 3:15 Sip & Snack 4:00 Letter Association 6:00 Worship Songs	20 10:00 Sit & Fit 10:30 Lounge & Scripture 10:45 Bowling 1:30 Hangman 3:15 Sip & Snack with Tina 6:00 Gerald Ford 1974-1977 Video	21 10:00 Fit & Fierce 10:30 Faithful Words 11:00 Laughs and Fun 2:00 Music in AL 3:15 Sip & Snack 6:00 Evening Comfort	22 10:00 Morning Stretch 11:00 Bowling 1:30 Coloring Club 2:30 Sing-along 3:15 Sip &Snack 4:00 Porch Relaxation
23 10:00 Church Time 1:45 Music with Jim 3:00 Patio Rest Time 3:15 Patio Snack 4:00 Spring Hill Church 6:00 TV Classics	24 10:00 Scenic Drive 1:30 Monday Movement 2:00 Meditation Time 2:30 Walk & Roll 3:15 Sip & Snack 6:00 1970's "Willie Wonka & the Chocolate Factory"	25 10:15 Stretch & Resistance 10:30 Teaching Tuesday 11:00 Hoop Ball 2:30 Station Hill Church 3:15 Sip & Snack 6:00 Hand Massage	26 10:30 Scenic Drive 1:00 Nails with Myleah & Gaby 2:00 Soul Care Bible Time 2:15 Musical Exercise 3:30 Birthday Party 6:00 Worship Songs	27 10:00 Sit & Fit 10:30 Lounge & Scripture 11:00 Walk & Roll 1:30 Sing Along 3:15 Sip & Snack 3:30 Picture Matching 6:00 Patio Relaxation	28 10:00 Fit & Fierce 10:30 Faithful Words 11:00 Laughs and Fun 1:30 1970's Name The Song 3:00 The Goldton Groove Disco 6:00 Evening Comfort	29 10:00 Morning Stretch 11:00 Bowling 1:30 Coloring Club 2:30 Sing-along 3:15 Sip &Snack 4:00 Porch Relaxation
30 10:00 Church Time 1:45 Music with Jim 3:00 Patio Rest Time 3:15 Patio Snack 4:00 Church Service 6:00 TV Classics	31 10:00 Scenic Drive 1:30 Monday Movement 2:00 Meditation Time 2:30 Table Hockey 3:15 Sip & Snack 6:00 1970's "The Black Stallion"					