



**ASSISTED LIVING
& MEMORY CARE**

<p>10:00 Church service on TV 10:30 Snack 11:00 Singing Hymns 1:00 Nat Geo 2:00 Walking Club 2:30 Painting 3:00 Snack & Chat 3:30 Volleyball 4:00 Games 6:30 Movie and snack <small>Daylight Saving Time Ends</small></p>	<p>9:30 Exercise 10:00 Grown Up Coloring 10:30 Snack & Music 11:00 Walking Group 1:00 Animal Planet 2:00 Manicures 3:00 Snack & Chat 3:30 Giant Connect Four 4:00 Music 6:30 Snack & I Love Lucy</p>	<p>9:30 Exercise 10:00 Singing Hymns 10:30 Snack & Chat 11:00 Walking Group 1:00 Nat Geo 2:00 Table Basketball 2:30 Snack & Music 3:00 Church Service 4:00 Noodle Ball 6:30 Snack & Father Knows Best</p>	<p>9:30 Exercise 10:00 Water coloring 10:30 Snack & Music 11:00 Walking Group 1:00 Animal Planet 2:00 Manicures 2:30 Conversation Ball 3:00 Snack & Chat 3:30 Tic Tac Toe Toss 4:00 Kinetic Sand Art 6:30 Snack & Andy Griffith</p>	<p>9:30 Exercise 10:00 Fall Painting 10:30 Snack & Chat 11:00 Walking Group 1:00 Armchair Travelers 2:00 Noodle Ball 2:30 Picture Stories 3:00 Snack & Music 3:30 Ring Toss 4:00 Hat Game 6:30 Snack & Leave It To Beaver</p>	<p>9:30 Exercise 10:00 Sing A Long 10:30 Snack & Chat 11:00 Walking Group 1:00 Nat Geo 2:00 Veteran's Day Happy Hour 3:00 Snack & Chat 3:30 kickball 4:00 Rhyme Time 6:30 Snack & Beverly Hillbillies <small>Remembrance Day (Canada)</small></p>	<p>9:30 Exercise 10:00 Bell Choir 10:30 Snack & Chat 11:00 Walking Group 1:00 Animal Planet 2:00 Bean Bag Toss 2:30 Letter Game 3:00 Snack & Chat 3:30 Hokie Pokie 4:00 Clipping Coupons 6:30 Snack & Andy Griffith</p>	<p>9:30 Exercise 10:00 Broccoli Painting 10:30 Snack & Music 11:00 Walking Group 1:00 Animal Planet 2:00 Bean Bag Toss 2:30 Letter Game 3:00 Snack & Chat 3:30 Hokie Pokie 4:00 Clipping Coupons 6:30 Snack & Andy Griffith</p>	<p>9:30 Exercise 10:00 Bell Choir 10:30 Snack & Chat 11:00 Walking Group 1:00 Armchair Travelers 2:00 Giant Connect Four 2:30 Baking Cookies 3:00 Snack & Music 3:30 Ping Pong Challenge 4:00 Thanksgiving Memories 6:30 Snack & Leave It To Beaver <small>Thanksgiving Day (US)</small></p>	<p>9:30 Exercise 10:00 Sing A Long 10:30 Snack & Music 11:00 Walking Group 1:00 Nat Geo 2:00 Happy Hour 3:00 Snack & Chat 3:30 Horseshoes 4:00 Stories 6:30 Snack & Beverly Hillbillies</p>	<p>9:30 Exercise 10:00 Singing Hymns 10:30 Snack & Chat 11:00 Walking Group 1:00 Animal Planet 2:00 Tic Tac Toss 2:30 Who Am I? 3:00 Snack & Music 3:30 Conversation Ball 4:00 Bowling 6:30 Movie and snack</p>
<p>10:00 Church service on TV 10:30 Snack 11:00 Singing Hymns 1:00 Nat Geo 2:00 Walking Club 2:30 Clipping Coupons 3:00 Snack & Chat 3:30 Name That Tune 4:00 Games 6:30 Movie and snack</p>	<p>9:30 Exercise 10:00 Grown Up Coloring 10:30 Snack & Music 11:00 Walking Group 1:00 Animal Planet 2:00 Manicures 3:00 Snack & Chat 3:30 Giant Connect Four 4:00 Music 6:30 Snack & I Love Lucy</p>	<p>9:30 Exercise 10:00 Singing Hymns 10:30 Snack 11:00 Walking Group 1:00 Nat Geo 2:00 Table Basketball 2:30 Snack & Music 3:00 Church Service 4:00 Noodle Ball 6:30 Snack & Father Knows Best</p>	<p>9:30 Exercise 10:00 Fruit Art 10:30 Snack & Chat 11:00 Walking Group 1:00 Animal Planet 2:00 Bean Bag Toss 2:30 Conversation Ball 3:00 Snack & Music 3:30 Tic Tac Toe Toss 4:00 Kinetic Sand Art 6:30 Snack & Andy Griffith</p>	<p>9:30 Exercise 10:00 Bell Choir 10:30 Snack & Chat 11:00 Walking Group 1:00 Armchair Travelers 2:00 Giant Connect Four 2:30 Baking Cookies 3:00 Snack & Music 3:30 Ping Pong Challenge 4:00 Shape Game 6:30 Snack & Leave It To Beaver</p>	<p>9:30 Exercise 10:00 Sing A Long 10:30 Snack & Chat 11:00 Walking Group 1:00 Nat Geo 2:00 Happy Hour 3:00 Snack & Chat 3:30 Kickball 4:00 Rhyme Time 6:30 Snack & Beverly Hillbillies</p>	<p>9:30 Exercise 10:00 Bell Choir 10:30 Snack & Chat 11:00 Walking Group 1:00 Animal Planet 2:00 Bean Bag Toss 2:30 Letter Game 3:00 Snack & Music 3:30 Stories 4:00 Bean Bag Toss 6:30 Movie and snack</p>	<p>9:30 Exercise 10:00 Broccoli Painting 10:30 Snack & Music 11:00 Walking Group 1:00 Animal Planet 2:00 Bean Bag Toss 2:30 Letter Game 3:00 Snack & Chat 3:30 Hokie Pokie 4:00 Clipping Coupons 6:30 Snack & Andy Griffith</p>	<p>9:30 Exercise 10:00 Fruit Art 10:30 Snack & Chat 11:00 Walking Group 1:00 Animal Planet 2:00 Bean Bag Toss 2:30 Conversation Ball 3:00 Snack & Music 3:30 Tic Tac Toe Toss 4:00 Kinetic Sand Art 6:30 Snack & Andy Griffith</p>	<p>9:30 Exercise 10:00 Sing A Long 10:30 Snack & Music 11:00 Walking Group 1:00 Nat Geo 2:00 Happy Hour 3:00 Snack & Chat 3:30 Kickball 4:00 Rhyme Time 6:30 Snack & Beverly Hillbillies</p>	<p>9:30 Exercise 10:00 Singing Hymns 10:30 Snack & Chat 11:00 Walking Group 1:00 Animal Planet 2:00 Tic Tac Toss 2:30 Who Am I? 3:00 Snack & Music 3:30 Conversation Ball 4:00 Bowling 6:30 Movie and snack</p>
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