







Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>October 2024</p> <p>EDEN</p>	<p>happy birthday</p> <p>Shirley Crafton 10/05</p> <p>Sadelle Fischer 10/31</p>	<p>1 National Coffee Day</p> <p>9:30 Morning Stretch 10:00 Nail Pampering 11:00 Balloon Catch 2:00 Painting Hummingbirds NP 3:00 Coffee Social on the Porch 4:00 Big Block Jenga</p>	<p>2 National Car Day</p> <p>9:30 Chair Exercise 10:00 Senior Safari to Memphis Zoo 10:00 Baking Club 2:00 Outing to City Hall Cheesecake 3:00 Noodle Hockey 4:00 Lemonade Social</p>	<p>3</p> <p>9:30 Seated Fitness 10:00 Ball Toss 11:00 Word Search Puzzle 2:30 Card Match Game 3:00 Axe Throwing Social 4:00 Connect the Dots</p>	<p>4 National Kids Music Day</p> <p>9:30 Sittercise 10:00 Ball Catch 11:00 Soft Music Social w/Cookies 2:00 Assorting Greeting Cards 3:00 Movie & Popcorn (Shane)NP 4:00 Kids Song Sing a Long</p>	<p>5</p> <p>9:30 Chair Fitness 10:00 Cup Pong Social 2:00 Movie & Popcorn 3:00 Guess Who? 4:00 Name That Tune</p>	
<p>9:30 Chair Exercise 10:30 Church Service w/Longview Baptist 2:00 Word Search Puzzle Social 3:00 Bible Trivia 4:00 Bucket Ball</p> 	<p>7</p> <p>9:30 Chair Yoga 10:00 Balloon Volleyball 11:00 Aromatherapy w/Music 3:00 Making Hummingbird Food NP 4:00 Big Block Jenga</p>	<p>8 National Face Your Fears Day</p> <p>9:30 Morning Stretch 10:00 Nail Pampering 11:00 Sing A Long 2:00 Bucket Ball 3:00 Horseshoe Social 4:00 Bean Bag Toss</p>	<p>9</p> <p>9:30 Chair Exercise 10:00 Baking Club 2:00 Outing to Central Park (Feed the Ducks) 3:00 Parachute Ball 4:00 Ring Toss Social</p>	<p>10 National Cake Decorating Day</p> <p>9:30 Seated Fitness 10:30 Pet Therapy w/ Job 11:00 Bubble Blowing 2:00 Jigsaw Puzzle Social 3:00 Make Ghost w/Marshmallows 4:00 Card Match Game</p>	<p>11</p> <p>9:30 Sittercise 10:00 Dart Throwing Game 11:00 Music & Drinks 2:00 Hallmark Movie & Popcorn 3:00 Documentary on Grand Teton NP 4:00 Jigsaw Puzzle Social</p>	<p>12</p> <p>9:30 Chair Fitness 10:00 Making Fruit Loop Jewelry 2:00 Movie & Popcorn 3:00 Social on Porch w/Snacks 4:00 Noodle Hockey</p>	
<p>13</p> <p>9:30 Chair Exercise 10:30 Church Service w/Longview Baptist 2:00 Jigsaw Puzzle Social 3:00 Hallmark Movie & Popcorn 4:00 Social on Porch w/Snacks</p>	<p>14</p> <p>9:30 Chair Yoga 10:00 Noodle Ball 11:00 Sing A Long 2:00 Giant Bowling 3:00 Funny Riddles 4:00 Ice Cream Social</p>	<p>15</p> <p>9:30 Morning Stretch 10:00 Nail Pampering 11:00 Relaxing Music Social 2:00 Noodle Ball 3:00 DIY Beading NP 4:00 Social on Porch w/Snacks</p>	<p>16</p> <p>9:30 Chair Exercise 10:00 Baking Club 2:00 Outing to Desoto County Courthouse 3:00 Beach Ball Toss 4:00 Cornhole</p>	<p>17 National Black Day</p> <p>9:30 Seated Fitness 10:00 Painting w/Bubble Wrap 11:00 Sing A Long 2:00 Painting Bears and Bear Claws NP 3:00 Noodle Hockey 4:00 Aromatherapy w/Music</p>	<p>18 National Necktie Day</p> <p>9:30 Sittercise 10:00 Flower Arranging Social 11:00 Music & Snacks 2:00 Hallmark Movie & Popcorn 3:00 Painting Funny Neckties 4:00 Music Trivia</p>	<p>19</p>  <p>Pettir... Door Prizes, Bouncy House Face Painting, Cotton Candy Live Entertainment Food Trucks</p> 	
<p>20</p> <p>9:30 Chair Exercise 10:30 Church Service w/Longview Baptist 2:00 Hallmark Movie & Popcorn 3:00 Water Painting 4:00 Horseshoe Social</p> 	<p>21 Back to the Future Day</p> <p>9:45 Chair Yoga 10:00 Bucket Ball 11:00 Relaxing Music Social 2:00 Movie Back to the Future w/Popcorn 3:00 Making Bears and Bear Claws NP 4:00 Big Block Jenga</p>	<p>22</p> <p>9:30 Morning Stretch 10:00 Nail Pampering 11:00 Relaxing Music Social 2:00 Hot Coco Social 3:00 Bean Bag Toss 4:00 Beach Ball Catch</p>	<p>23</p> <p>9:45 Chair Exercise 10:00 Baking Club 2:00 Making Wildflower Bookmark NP 3:00 Wednesday Movie & Popcorn 4:00 Big Checkers Social w/Snacks</p>	<p>24</p> <p>9:30 Seated Fitness 10:00 Making Coffee Filter Fall Leaves 11:00 Sing A Long 2:00 Making Spider Dum Dums 3:00 Dart Throwing Game 4:00 Balloon Volleyball</p>	<p>25</p> <p>9:30 Sittercise 10:00 Big Bowling 11:00 Music & Drinks 2:00 Hallmark Movie & Popcorn 3:00 Who Am I Photo Guess 4:00 Aromatherapy w/Music</p>	<p>26</p> <p>9:30 Chair Fitness 10:00 Assorting Socks Social 2:00 Movie & Popcorn 3:00 Water Painting 4:00 Bean Bag Toss</p>	
<p>28 National First Responders Day</p> <p>9:30 Chair Yoga 10:00 Nail Pampering 11:00 Noodle Hockey 2:30 Monthly Birthday Party w/ Bailie Baptist Hospice (AL Dining Room) 4:00 Ballon Volleyball</p>	<p>29</p> <p>9:30 Morning Stretch 10:00 Axe Throwing 11:00 Relaxing Music Social 2:00 Cup Ping Pong 3:00 Coloring Hummingbird Wind Chimes NP 4:00 Big Checkers w/Snacks</p>	<p>30</p> <p>9:30 Chair Exercise 10:00 Baking Club 2:00 Dart Throwing Game 3:00 Water Painting 4:00 Water Painting</p>	<p>31</p> <p>9:30 Seated Fitness 10:00 Making Reese Witch Brooms 11:00 Sing A Long 2:00 Making Objects w/Play Doh 3:00 Ice Cream Soda Pop Social NP 4:00 Axe Throwing</p> 	 <p><i>The Goldton at Southaven</i> 2782 Star Landing Road East Southaven, MS 38672 ACTIVITIES ARE SUBJECT TO CHANGE</p>			