

July 2024

Assisting Living							July 2024						
Mon		Tue		Wed		Thu		Fri		Sat		Sun	
1 9:15 Chair Yoga 10:00 Glam Nails 2:30 Current Events 3:30 Glow in the Dark Experiment NP 		2 9:15 Movin to the Beats 10:00 Beading Class Red, White, & Blue Bracelets 2:30 Bingo 3:30 Resident Council		3 9:15 Morning Stretch 10:00 Bible Study w/Grant 2:30 4th of July Celebration 		4 Happy 4th  9:15 Morning Meditation 10:00 Crossword Puzzle Social 2:30 Bunco Tournament 3:30 Connect 4 Tournament		5 9:15 Movin in Motion 10:00 Walmart Trip 2:30 Bingo 3:30 Happy Hour		6 10:00 Stretching & Balance 2:00 Movie & Popcorn 3:00 Mexican Train 4:00 Jigsaw Puzzles Social		7 10:00 Sittercise 10:30 Church Service w/Longview Baptist 2:00 Uno Tournament 3:00 Scrabble Social	
8 9:15 Chair Yoga 10:00 Glam Nails 2:30 Making Swamp Slime NP 3:30 Lemonade Social 		9 9:15 Movin to the Beats 10:00 Meal Planning w/Joel 2:30 Bingo 3:30 Dominos Tournament 		10 National Pina Colada Day 9:15 Morning Stretch 10:00 Bible Study w/Grant 10:30 Cooking Class w/ Joel 2:00 Outing to Desoto County Museum (Hernando, MS)		11 9:15 Morning Meditation 10:00 Pet Therapy w/Job 2:30 Bingo 4-6 Family Night		12 9:15 Movin in Motion 10:00 Walmart Trip 3:30 50's Monthly Birthday Party 		13 10:00 Stretching & Balance 2:00 Movie & Popcorn 3:00 Mexican Train 4:00 Crossword Puzzle Social		14 10:00 Sittercise 10:30 Church Service w/Longview Baptist 2:00 Trivia 3:00 Tea Social	
15 9:15 Chair Yoga 10:00 Glam Nails 2:30 Everglade River of Life NP 3:30 Show & Tell Social		16 9:15 Movin to the Beats 10:00 Ambassador Meeting 2:30 Bingo w/Jordan 3:30 Ice Cream Social		17 9:15 Morning Stretch 10:00 Bible Study w/Grant 2:00 Outing to Desoto Snow and Creamery		18 9:15 Morning Meditation 10:00 Making Rain Sticks NP 2:30 Bingo 3:30 Meet & Greet Social		19 National Pajama Day 9:15 Movin in Motion 10:00 Walmart Trip 2:30 Pajama Happy Hour 3:30 Happy Hour		20 10:00 Stretching & Balance 2:00 Movie & Popcorn 3:00 Mexican Train 4:00 Bunco Social		21 10:00 Sittercise 10:30 Church Service w/Longview Baptist 2:00 Sunday Movie & Popcorn 3:00 Scrabble Social	
22 9:15 Chair Yoga 10:00 Glam Nails 2:30 Making Alligator Cookies NP 3:30 Penny Auction		23 Gorgeous Grandma Day 9:15 Movin to the Beats 10:00 Crafting w/Shelia 2:30 Bingo 3:30 Gorgeous Grandma Photo shots		24 9:15 Morning Stretch 10:00 Bible Study w/Grant 2:00 Outing to Rockin Roll Ice Cream		25 9:15 Morning Meditation 10:00 Lemonade Social (Game Room) 2:30 Bingo 3:30 Checker Tournament		26 9:15 Movin in Motion 10:00 Walmart Trip 2:30 Painting Flamingos NP 3:30 Happy Hour		27 10:00 Stretching & Balance 2:00 Movie & Popcorn 3:00 Mexican Train 4:00 Music Social		28 10:00 Sittercise 10:30 Church Service w/Longview Baptist 2:00 Sunday Movie & Popcorn 3:00 Word Search Puzzle Social	
29 9:15 Chair Yoga 10:00 Glam Nails 2:30 Making Kaleidoscopes NP 3:30 Horseshoe Tournament		30 9:15 Movin to the Beats 10:00 Crafting Corner 2:30 Bingo 3:30 Connect 4 Tournament		31 National Avocado Day 9:15 Morning Stretch 10:00 Bible Study w/Grant 2:00 Outing to Desoto Arts Council Hernando, MS		This month we are exploring The Everglades National Park. 		HAPPY BIRTHDAY!!! Hazel K. 7/9 David H ,7/11, Reba C. 7/11, Flora E. 7/11, Jamie W. 7/19 Daphnie R. 7/19		HAPPY BIRTHDAY!!! Larissa M 7/3 Erica A 7/9, Demetria H 7/11, Sharron R 7/23, Patrice A 7/27, Savanna S 7/27			

The Goldton at Southaven 2782 Star Landing Road East Southaven, MS 38672

Activities Are Subject to Change