

October 2026 1990'S



Sunday



Monday



Tuesday



Wednesday



thursday



Friday



Saturday

Assisted
Living
October
2026

4 9:30 Worship and Hymn Singalong
10:00 Virtual Church Service
11:00 Bible Verse of the Day
1:30 Bible Trivia
2:00 Teatime at 2!

5 9:30 Daily Digest!
10:00 Motion and Mindful Exercise!
10:30 BINGO
1:30 NAME THAT TUNE!
3:00 Mocktail Monday!

6 9:30 Daily Digest!
10:00 Stretch and Strength with Tracy!
10:30 Through the Decades: 1990s Introduction
11:00 Music with Morgan!
1:30 Bible Study Club!
3:00 Movie: Ms. Doubtfire

7 ***Happy Birthday John K.!**
9:30 Daily Digest!
10:00 Music and Movement!
10:30 BINGO
12:15 Captains Table!
1:30 Craft Club!: 90's Style Beaded Keychain Class!
3:00 1990's: Dance Crazes!

8 9:30 Daily Digest!
10:00 Let's Move it! Exercise
10:30 Crossword Puzzle Challenge
1:30 Chat with Deb!
3:00 Outing!: Scenic Ride

9 9:30 Daily Digest!
10:00 Yahoo Yoga!
10:30 Music Spotlight: Mariah Carey
1:30 Mahjong Club!
3:00 Nail Spa!
3:30 Fun Fact Friday!

10 **College Football Saturday!**
9:30 Community Walk with Friends
10:30 Brain Teasers
11:00 Coffee Break!
1:30 Autumn Puzzle Pack!

11 9:30 Worship and Hymn Singalong
10:00 Virtual Church Service
11:00 Bible Verse of the Day
1:30 Bible Trivia
2:00 Teatime at 2!

12 **#Wear PINK for Breast Cancer Awareness Month!**
9:30 Daily Digest!
10:00 Motion and Mindful Exercise!
10:30 BINGO
11:00 Voter Registration Sign Up! (League of women Voters)
1:30 NAME THAT TUNE!
3:00 Activity Calendar Meeting with Hannah

13 **#Wear PINK for Breast Cancer Awareness Month!**
9:30 Daily Digest!
10:00 Stretch and Strength with Hannah
10:30 Through the Decades: 1990s Fashion
1:30 Bible Study Club!
3:00 Movie: Resident of the month Choice!

14 **#Wear PINK for Breast Cancer Awareness Month!**
***Happy Birthday Sydney M.!**
9:30 Daily Digest!
10:00 Music and Movement! With Tracy!
10:30 BINGO
1:30 Craft Club!: Watercolor Class
3:00 1990's: Coffee House Culture

15 **#Wear PINK for Breast Cancer Awareness Month!**
***Happy Birthday Joe S.!**
9:30 Daily Digest!
10:00 Let's Move it! Exercise
10:30 WOMENS Club!
11:00 Bible Study with David Dye
1:30 Resident Council
2:30 Outing: Let's go to The Pumpkin Patch!

16 **#Wear PINK for Breast Cancer Awareness Month!**
9:30 Daily Digest!
10:00 Yahoo Yoga!
10:30 Music Spotlight: Willie Nelson
1:30 Mahjong Club!
3:00 Nail Spa!
3:30 Fun Fact Friday!

17 **College Football Saturday!**
9:30 Community Walk with Friends
10:30 Brain Teasers
11:00 Coffee Break!
1:30 Autumn Puzzle Pack!

18 9:30 Worship and Hymn Singalong
10:00 Virtual Church Service
11:00 Bible Verse of the Day
1:30 Bible Trivia
2:00 Teatime at 2!

19 9:30 Daily Digest!
10:00 Motion and Mindful Exercise!
10:30 BINGO
12:15 Cook Off: Chili!
1:30 NAME THAT TUNE!
3:00 Welcome New Neighbors Social!

20 9:30 Daily Digest!
10:00 Stretch and Strength with Hannah
10:30 Through the Decades: 1990s Media and Trends
11:00 Music with Morgan!
1:30 Bible Study Club!
3:00 Movie: Father of The Bride!

21 9:30 Daily Digest!
10:00 Music and Movement!
10:30 BINGO
1:30 Craft Club!: Felt Picture Frames
3:00 Cooking Demo with Jimorris!

22 9:30 Daily Digest!
10:00 Let's Move it! Exercise
10:30 MENS Club!
1:30 Huntsville Botanical Gardens (Scarecrow Trail)

23 9:30 Daily Digest!
10:00 Yahoo Yoga!
10:30 Music Spotlight: Shania Twain
1:30 Mahjong Club!
3:00 Singing Performance! Johnny Boyd
3:30 Fun Fact Friday!

24 **College Football Saturday!**
9:30 Community Walk with Friends
10:30 Brain Teasers
11:00 Coffee Break!
1:30 Autumn Puzzle Pack!

25 9:30 Worship and Hymn Singalong
10:00 Virtual Church Service
11:00 Bible Verse of the Day
1:30 Bible Trivia
2:00 Teatime at 2!

26 **Halloween Spirit Week!: Wear your best Pumpkin Outfit! #PumpkinDay!**
9:30 Daily Digest!
10:00 Motion Exercise!
10:30 BINGO
1:30 NAME THAT TUNE!
3:00 Resident Birthday Social! +Lets Paint Pumpkins!

27 **Halloween Spirit Week!: Guess Your Costume Day!**
9:30 Daily Digest!
10:00 Stretch and Strength with Hannah
10:30 **Through the Decades: 1990s Collectibles**
1:30 Bible Study Club!
3:00 Halloween Party!

28 **Halloween Spirit Week!: Wear your Halloween Costume!**
***Happy Birthday Carole W.!**
9:30 Daily Digest!
10:00 Music and Movement!
10:30 BINGO
1:30 Craft Club!:Halloween Stress Balls
4:00 Trunk OR Treat!!! (4-6)

29 **Halloween Spirit Week!: Wear your Best Halloween Shirt!**
9:30 Daily Digest!
10:00 Let's Move it! Exercise
10:30 Crossword Puzzle Challenge
1:30 **Menu Chat with Jimorris!**

30 **Halloween Spirit Week!: Crazy Halloween Hair!**
9:30 Daily Digest!
10:00 Yahoo Yoga!
10:30 Music Spotlight: Sheryl Crow
1:30 Mahjong Club!
3:00 Nail Spa!
3:30 Fun Fact Friday!

31 **HAPPY HALLOWEEN!! College Football Saturday!**
9:30 Community Walk with Friends
10:30 Brain Teasers
11:00 Coffee Break!
1:30 Autumn Puzzle Pack!