

# October 2026 1990'S



Sunday



Monday



Tuesday



Wednesday



thursday



Friday



Saturday

October 2026  
Memory Care

**4** 9:30 Seated Stretch  
10:00 Virtual Church  
2:30 Puzzle Time  
4:00 Activity Packets

**5** 9:30 Daily Devotion  
10:00 Parachute  
11:00 Aviary Therapy  
2:30 Maker Monday:  
Aromatherapy Jars  
4:00 Movie Matinee:  
**Forrest Gump**

**6** 9:30 Daily Devotion  
10:00 Music&Movement  
11:00 "Rae of Sonshine"  
Music  
1:00 Grandpa's  
Attic/Grandma's Kitchen  
4:00 Soothing Sounds

**7** 9:30 Daily Devotion  
10:00 Chair Volleyball  
11:00 Spintopia  
12:15 Captain's Table  
2:30 Calm Coloring  
4:00 Aromatherapy

**8** 9:30 Daily Devotion  
10:00 Music&Movement  
10:30 Outing: Pumpkin  
Patch  
2:30 Puzzles & Pastries  
4:00 Soothing Sounds

**9** 9:30 Daily Devotion  
10:00 Seated Strength  
11:00 Pet Therapy  
2:30 Aviary Therapy  
4:00 90's Film Series:  
**Good Will Hunting**

**10** 9:30 Seated Stretch  
11:00 College Football  
2:30 Cornhole  
4:00 Activity Packets

Insert Activities

**11** **Happy Birthday Annie**  
9:30 Sunday Stretch  
10:00 Virtual Church  
2:30 Calm Coloring  
4:00 Activity Packets

**12** 9:30 Daily Devotion  
10:00 Chair Soccer  
11:00 Aviary Therapy  
2:30 Maker Monday:  
Sensory Bottles  
4:00 Movie Matinee:  
**Sleepless In Seattle**

**13** 9:30 Daily Devotion  
10:00 Music&Movement  
11:00 Pet Therapy  
2:30 Women's Group:  
Nail Spa and Sips  
4:00 Soothing Sounds

**14** 9:30 Daily Devotion  
10:00 Parachute  
11:00 Charity Project:  
Mended Hearts  
2:30 Calm Coloring  
4:00 Aromatherapy

**15** 9:30 Daily Devotion  
10:00 Music&Movement  
10:30 Outing: Mural Art  
Tour  
2:30 Tea with Tara  
4:00 Soothing Sounds

**16** 9:30 Daily Devotion  
10:00 Seated Strength  
11:00 Breast Cancer  
Awareness Talk  
2:30 Aviary Therapy  
4:00 90's Film Series:  
**The Truman Show**

**17** 9:30 Singing Ladies  
11:00 College Football  
2:30 Darts  
4:00 Activity Packets

**18** 9:30 Sunday Stretch  
10:00 Virtual Church  
2:30 Puzzle Time  
4:00 Activity Packets

**19** 9:30 Daily Devotion  
10:00 Chair Volleyball  
11:00 Spintopia  
12:15 Mgmt Chili Cookoff  
2:30 Aviary Therapy  
4:00 Movie Matinee:  
**Clueless**

**20** 9:30 Daily Devotion  
10:00 Music&Movement  
11:00 BINGO!  
2:30 Men's Group: Darts  
& (NA)Drafts  
4:00 Soothing Sounds

**21** 9:30 Daily Devotion  
10:00 Chair Soccer  
11:00 90's Trivia  
2:30 Chef Demo & Menu  
Chat with Jimorris  
4:00 Aromatherapy

**22** 9:30 Daily Devotion  
10:00 Music&Movement  
10:30 Outing: Scenic  
Drive Monte Sano  
2:30 Puzzles & Pastries  
4:00 Soothing Sounds

**23** 9:30 Daily Devotion  
10:00 Seated Strength  
11:00 Pet Therapy  
2:30 Johnny Boyd Music  
4:00 90's Film Series:  
**Father of the Bride**

**24** 9:30 Seated Stretch  
11:00 College Football  
2:30 Cornhole  
4:00 Activity Packets

**25** 9:30 Sunday Stretch  
10:00 Virtual Church  
2:30 Calm Coloring  
4:00 Activity Packets

**26** 9:30 Daily Devotion  
10:00 Parachute  
11:00 Aviary Therapy  
2:30 Maker Monday:  
Halloween Decorations  
4:00 Movie Matinee:  
**Titanic**

**27** 9:30 Daily Devotion  
10:00 Music&Movement  
11:00 Pet Therapy  
2:30 New Resident  
Welcome Party  
4:00 Soothing Sounds

**28** 9:30 Daily Devotion  
10:00 Chair Volleyball/  
Catholic Mass  
11:00 Resident Council  
2:30 Thank you Cards  
4:00-6:00 Trunk or Treat

**29** **Happy Birthday Betty H**  
9:30 Daily Devotion  
10:00 Music&Movement  
10:30 Outing: Art Tour  
2:30 Spintopia  
4:00 Soothing Sounds

**30** 9:30 Daily Devotion  
10:00 Seated Strength  
11:00 Resident Birthday  
Party  
2:30 HTMA Music  
4:00 Movie Matinee:  
**Home Alone**

**31** 9:30 Seated Stretch  
11:00 College Football  
2:30 Darts  
4:00 Activity Packets