

# March 2026

## Goldton Woodlands Activities



2238 Cecil Ashburn Dr SE  
Huntsville, AL 35802  
(256) 429-3008

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>10:00 † Hymn Sing Cluster <b>1</b></p> <p>11:00 ↔ Sensory Ball Toss</p> <p>2:30 ✨ Adult Coloring Pages Cluster</p> <p>3:30 ↔ Range of Motion Exercises</p>	<p>9:30 ↔ Jazzercises <b>2</b></p> <p>10:00 ✨ Morning Nourishment and 1920s Lifestyle Culture</p> <p>11:00 ↔ Axe Throw</p> <p>1:30 ✨ Famous Athletes of the 1920s (Baseball/Babe Ruth)</p> <p>2:30 🎨 "DIY Art Deco Headband Art Project"</p> <p>3:30 ✨ Categorical Trivia</p> <p>4:00 ↔ Shamrock Shot</p>	<p>9:30 ↔ Rag-Time Raucous <b>3</b></p> <p>10:00 ✨ Morning Nourishment with Musicians of the 1920s</p> <p>11:00 ↔ Puck Shot</p> <p>11:30 ✨ "(Think Tank) Famous Inventions of the Early 1920s/ Band Aids"</p> <p>1:30 🎨 Spring-Time Acrylic Paint Pen Art</p> <p>3:00 ↔ Human Ringer</p> <p>4:00 † Chicken Soup for the Soul Collections</p>	<p><b>Happy Birthday JoAnn</b> <b>4</b></p> <p>9:30 ↔ Stretch Band Stretches</p> <p>10:00 ✨ Morning Nourishment and Literary Works of the 1920s (The Great Gatsby)</p> <p>11:00 ↔ Catch and Release</p> <p>1:30 🎨 Manicures with DJ</p> <p>2:30 🎨 "Mary Pickford Mocktail Social"</p> <p>3:30 🎨 Early 1920s Singalong Cluster</p>	<p>10:00 🎨 Morning Nourishment <b>5</b></p> <p>10:30 🎨 Dollar Tree Outing</p> <p>1:30 ↔ Jarts</p> <p>2:30 ✨ Afternoon Nourishment and Hangman</p> <p>4:00 ↔ Cardio Workouts with Rhythm Sticks</p>	<p>9:30 ↔ Motown Movers <b>6</b></p> <p>10:00 ✨ Morning Nourishment with "Share a Moment"</p> <p>11:00 ↔ "Leprechaun Launch"</p> <p>2:30 🎨 1920s Mocktails and Memories (Famous Early 1920s Historical Events)/"Suffrage"</p> <p>4:00 ↔ Range of Motion Exercises</p>	<p>9:30 † Singing Ladies Spiritual Singalong <b>7</b></p> <p>10:00 ✨ Morning Nourishment with Who Am I?</p> <p>11:00 ↔ Sink it to Win it</p> <p>2:30 ✨ Create a Word</p> <p>3:00 🎨 Saturday Matinee: "The Great Gatsby"</p>
	<p><b>Daylight Saving Time Begins</b> <b>8</b></p> <p>10:00 † Hymn Sing Cluster</p> <p>11:00 ↔ Sensory Ball Toss</p> <p>2:30 ✨ Adult Coloring Pages Cluster</p> <p>3:30 ↔ Range of Motion Exercises</p>	<p>9:30 ↔ Jazzercises <b>9</b></p> <p>10:00 ✨ Morning Nourishment and 1920s Lifestyle Culture</p> <p>11:00 ↔ Axe Throw</p> <p>1:30 🎨 Men's Group</p> <p>2:30 🎨 "DIY Clothespin Airplane Art Project"</p> <p>4:00 ↔ Shamrock Shot</p>	<p>9:30 ↔ Rag-Time Raucous <b>10</b></p> <p>10:00 ✨ Morning Nourishment with Musicians of the 1920s</p> <p>11:00 ↔ Puck Shot</p> <p>11:30 ✨ "(Think Tank) Famous Inventions of the Early 1920s/Pop-Toaster"</p> <p>1:30 🎨 Spring-Time Acrylic Paint Pen Art</p> <p>3:00 ↔ Human Ringer</p> <p>4:00 † Chicken Soup for the Soul Collections</p>	<p>9:30 ↔ Stretch Band Stretches <b>11</b></p> <p>10:00 ✨ Morning Nourishment and Literary Works of the 1920s (Ulysses)</p> <p>11:00 ↔ Catch and Release</p> <p>2:30 🎨 "Jazzy Gelatin Social"</p> <p>3:30 🎨 Early 1920s Singalong Cluster</p>	<p>10:00 ✨ Morning Nourishment <b>12</b></p> <p>10:30 ↔ Mini-weighted Beanbag Workouts</p> <p>1:30 ↔ Jarts</p> <p>2:30 🎨 Handel's Ice Cream Outing</p> <p>4:00 ↔ Cardio Workouts with Rhythm Sticks</p>	<p>9:30 ↔ Motown Movers <b>13</b></p> <p>10:00 ✨ Morning Nourishment with "Share a Moment"</p> <p>11:00 ↔ "Leprechaun Launch"</p> <p>2:30 🎨 1920s Mocktails and Memories (Famous Early 1920s Historical Events)/"Prohibition"</p> <p>4:00 ↔ Range of Motion Exercises</p>	<p>9:30 ↔ Ball-Drumming <b>14</b></p> <p>10:00 ✨ Morning Nourishment with Who Am I?</p> <p>11:00 ↔ Sink it to Win it</p> <p>2:30 ✨ Create a Word</p> <p>3:00 🎨 Saturday Matinee: "Singin' in the Rain"</p>
	<p>10:00 † Hymn Sing Cluster <b>15</b></p> <p>11:00 ↔ Sensory Ball Toss</p> <p>2:30 ✨ Adult Coloring Pages Cluster</p> <p>3:30 ↔ Range of Motion Exercises</p>	<p><b>Wear 1920s Inspired Outfits!</b> <b>16</b></p> <p>9:30 ↔ Jazzercises</p> <p>10:00 ✨ Morning Nourishment and 1920s Lifestyle Culture</p> <p>11:00 ↔ Axe Throw</p> <p>12:00 🎨 "1920s-Theme Lunch"</p> <p>2:30 🎨 "1920s Photo Booth"</p> <p>3:30 ✨ Categorical Trivia</p> <p>4:00 ↔ Shamrock Shot</p>	<p><b>Happy Birthday Betty! St. Patrick's Day Wear Green!</b> <b>17</b></p> <p>9:30 ↔ Rag-Time Raucous</p> <p>10:00 ✨ Morning Nourishment with Musicians of the 1920s</p> <p>11:00 ↔ Puck Shot</p> <p>11:30 ✨ "(Think Tank) Famous Inventions of the Early 1920s/Dry Shaver"</p> <p>2:15 🎨 Luck o' Irish Saint Patty's Day Pub Party with Mike Havron</p> <p>4:00 † Chicken Soup for the Soul Collections</p>	<p>9:30 ↔ Stretch Band Stretches <b>18</b></p> <p>10:00 ✨ Morning Nourishment and Literary Works of the 1920s (Sun Also Rises)</p> <p>11:00 ↔ Catch and Release</p> <p>1:30 🎨 Women's Group</p> <p>2:30 🎨 "Sunland Salad Social"</p> <p>3:30 🎨 Early 1920s Singalong Cluster</p>	<p><b>Wear Pastel Colors!</b> <b>19</b></p> <p>10:00 🎨 Morning Nourishment</p> <p>10:30 🎨 Good Company Cafe Outing</p> <p>2:30 ✨ "Timeless BINGO with the Tara's"</p> <p>4:00 🎨 "Spring-Flinging on the Back Porch with Mike Havron"</p>	<p><b>Wear Floral Inspired Attire!</b> <b>20</b></p> <p>9:30 ↔ Motown Movers</p> <p>10:00 ✨ Morning Nourishment with "Share a Moment"</p> <p>11:00 ↔ "Leprechaun Launch"</p> <p>1:30 🎨 Resident Council</p> <p>2:30 🎨 "1920s-Theme Cooking Demo with Dom"</p> <p>4:00 ↔ Range of Motion Exercises</p>	<p>9:30 ↔ Ball-Drumming <b>21</b></p> <p>10:00 ✨ Morning Nourishment with Who Am I?</p> <p>11:00 ↔ Sink it to Win it</p> <p>2:30 ✨ Create a Word</p> <p>3:00 🎨 Saturday Matinee: "Amelia"</p>
	<p>10:00 † Hymn Sing Cluster <b>22</b></p> <p>11:00 ↔ Sensory Ball Toss</p> <p>2:30 ✨ Adult Coloring Pages Cluster</p> <p>3:30 ↔ Range of Motion Exercises</p>	<p>9:30 ↔ Jazzercises <b>23</b></p> <p>10:00 ✨ Morning Nourishment and 1920s Lifestyle Culture</p> <p>11:00 ↔ Axe Throw</p> <p>1:30 ✨ Famous Athletes of the 1920s (Horse-Racing/Man o' War)</p> <p>2:30 🎨 "DIY Beaded Jewelry Art Project"</p> <p>3:30 ✨ Categorical Trivia</p> <p>4:00 ↔ Shamrock Shot</p>	<p>9:30 ↔ Rag-Time Raucous <b>24</b></p> <p>10:00 ✨ Morning Nourishment with Musicians of the 1920s</p> <p>11:00 ↔ Puck Shot</p> <p>11:30 ✨ "(Think Tank) Famous Inventions of the Early 1920s/Instant Camera"</p> <p>1:30 🎨 Spring-Time Acrylic Paint Pen Art</p> <p>3:00 ↔ Human Ringer</p> <p>4:00 † Chicken Soup for the Soul Collections</p>	<p>9:30 ↔ Stretch Band Stretches <b>25</b></p> <p>10:00 ✨ Morning Nourishment and Literary Works of the 1920s (The Sound and the Fury)</p> <p>11:00 ↔ Catch and Release</p> <p>2:30 🎨 Monthly Birthday Social</p> <p>4:00 † Early 1920s Singalong Cluster</p>	<p>10:00 🎨 Morning Nourishment <b>26</b></p> <p>10:15 🎨 Spring-Time Outing</p> <p>1:30 ↔ Jarts</p> <p>2:30 🎨 "Getting to Know You Social with the sounds of a Jazz Band Ensemble"</p>	<p>9:30 ↔ Motown Movers <b>27</b></p> <p>10:00 ✨ Morning Nourishment with "Share a Moment"</p> <p>11:00 ↔ "Leprechaun Launch"</p> <p>2:30 🎨 "1920s Speakeasy Afternoon Social"</p> <p>4:00 ↔ Range of Motion Exercises</p>	<p>9:30 ↔ Ball-Drumming <b>28</b></p> <p>10:00 ✨ Morning Nourishment with Who Am I?</p> <p>11:00 ↔ Sink it to Win it</p> <p>2:30 ✨ Create a Word</p> <p>3:00 🎨 Saturday Matinee: "Midnight in Paris"</p>
	<p>10:00 † Hymn Sing Cluster <b>29</b></p> <p>11:00 ↔ Sensory Ball Toss</p> <p>2:30 ✨ Adult Coloring Pages Cluster</p> <p>3:30 ↔ Range of Motion Exercises</p>	<p>9:30 ↔ Jazzercises <b>30</b></p> <p>10:00 ✨ Morning Nourishment and 1920s Lifestyle Culture</p> <p>11:00 ↔ Axe Throw</p> <p>1:30 ✨ Famous Athletes of the 1920s (Boxing/Jack Dempsey)</p> <p>2:30 🎨 "Vintage Car Show Art Project"</p> <p>3:30 ✨ Categorical Trivia</p> <p>4:00 ↔ Shamrock Shot</p>	<p>9:30 ↔ Rag-Time Raucous <b>31</b></p> <p>10:00 ✨ Morning Nourishment with Musicians of the 1920s</p> <p>11:00 ↔ Puck Shot</p> <p>11:30 ✨ "(Think Tank) Famous Inventions of the Early 1920s/Traffic Signal"</p> <p>1:30 🎨 Spring-Time Acrylic Paint Pen Art</p> <p>3:00 ↔ Human Ringer</p> <p>4:00 † Chicken Soup for the Soul Collections</p>	<p> Intellectual</p> <p> Physical</p> <p> Purposeful</p> <p> Social</p> <p> Spiritual</p> <p></p>			