

# February 2026

## Assisted Living Activities

February 2026 Assisted Living Activities																				
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday														
<p><b>2238 Cecil Ashburn Dr SE Huntsville, AL 35802 (256) 429-3008</b></p> <p><b>Resident Birthdays</b></p> <table> <tbody> <tr> <td>Mary K.</td> <td>2/8</td> </tr> <tr> <td>Margret (Peggy) K.</td> <td>2/8</td> </tr> <tr> <td>Veda S.</td> <td>2/9</td> </tr> <tr> <td>Shirley M.</td> <td>2/10</td> </tr> <tr> <td>Geraldine C.</td> <td>2/14</td> </tr> <tr> <td>Ruth S.</td> <td>2/14</td> </tr> <tr> <td>Charles L.</td> <td>2/18</td> </tr> </tbody> </table>	Mary K.	2/8	Margret (Peggy) K.	2/8	Veda S.	2/9	Shirley M.	2/10	Geraldine C.	2/14	Ruth S.	2/14	Charles L.	2/18	<p>9:30  Worship and Hymn Singalong</p> <p>10:00  Virtual Church Service</p> <p>11:00  Bible Verse of the Day</p> <p>1:30  Bible Trivia</p> <p>2:00  Tea time at 2!</p> <p>2:30  Reminisce: Tell a Story with Friends</p>	<p><b>1</b></p> <p><b>Groundhog Day</b></p> <p>9:30  Motion and Mindful Exercise- AC</p> <p>10:00  Resident Led Devotional and Discussions!-AC</p> <p>10:30  Let's Play Bingo!- AC</p> <p>1:30  Name That TUNE!-AC</p> <p>2:30  Groundhog Day Trivia!</p> <p>3:00  Let's Watch the Movie Groundhog Day!- MT</p>	<p>9:30  Stretch and Strength with Hannah!- AC</p> <p>10:00  Did You Know?: Trivia Fun!: Teddy Roosevelt</p> <p>10:30  Through the Decades!: 1910-1919 Introduction- AC</p> <p>11:00  Music Performance with Morgan- DR</p> <p>1:30  ART CLUB: Lets Make Vintage Post Cards</p> <p>3:00  Movie Matinee and popcorn "Wonder Woman" - MT</p>	<p>9:30  Fitness FUN!- AC</p> <p>10:00  GOLD TONES: Singing Group introduction! Come and Sign up!</p> <p>10:30  Black History Month Trivia</p> <p>1:30  Around the World 1910-1919</p> <p>1:30  Crossword Puzzle Challenge!-AC</p> <p>3:00  Let's Play Bingo!-AC</p>	<p>9:30  Lets Move it!: Exercise - AC</p> <p>10:00  Target Outing!</p> <p>1:30  Pictionary!!</p> <p>2:30  Crossword Puzzle Challenge!-AC</p> <p>3:00  Nail Spa!- AC</p>	<p><b>5</b></p> <p><b>National Wear Red Day!</b></p> <p>9:30  Singing and Strolling!</p> <p>10:30  Heart Trivia!</p> <p>10:30  Let's Play Bingo!- AC</p> <p>1:30  Karaoke Hour!</p> <p>2:00  Bridge Club!-AC</p> <p>2:30  HOBBY CLUB!: Bring what you are working on!</p> <p>3:30  Fun Fact Friday- AC</p>
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<p>9:30  Worship and Hymn Singalong</p> <p>10:00  Virtual Church Service</p> <p>11:00  Bible Study with David Dye- DR</p> <p>11:00  Bible Verse of the Day</p> <p>1:30  Bible Trivia</p> <p>2:00  Tea time at 2!</p> <p>2:30  Reminisce: Tell a Story with Friends</p>	<p><b>15</b></p> <p><b>Presidents' Day</b></p> <p>9:30  Motion and Mindful Exercise- AC</p> <p>10:00  Resident Led Devotional and Discussions!-AC</p> <p>10:30  Let's Play Bingo!- AC</p> <p>11:00  Music Performance with Morgan- DR</p> <p>1:30  Name That TUNE!-AC</p> <p>2:30  Presidents Trivia! -AC</p> <p>3:00  Mocktail Monday!- CR</p>	<p>9:30  Stretch and Strength with Hannah!- AC</p> <p>10:00  Did You Know?: Trivia: 1910 Inventions</p> <p>10:30  Through the Decades!: 1910-1919 Movies and Celebrities- AC</p> <p>11:00  Music Performance with Morgan- DR</p> <p>1:30  Mardi Gras Social!</p> <p>3:00  Movie Matinee and popcorn "Captain America" - MT</p>	<p>9:30  Fitness FUN!- AC</p> <p>10:00  GOLD TONES: Singing Group Practice!</p> <p>10:30  Music Therapy: Earth, Wind, and Fire</p> <p>1:30  Let's Play Bingo!-AC</p> <p>2:30  Popular Food in 1910-1919</p> <p>3:30  Welcome New Neighbors Social!- CR</p>	<p>9:30  Lets Move it!: Exercise - AC</p> <p>11:00  Huntsville Symphony Orchestra: Outing!</p> <p>1:30  Dining Room Meeting- AC</p> <p>2:30  Popular Food in 1910-1919</p> <p>3:30  Mad Libs!- AC</p> <p>2:30  Crossword Puzzle Challenge!-AC</p> <p>3:00  Nail Spa!- AC</p>	<p><b>19</b></p> <p><b>National Love Your Pet Day</b></p> <p>9:30  Singing and Strolling!</p> <p>10:30  Let's Play Bingo!- AC</p> <p>2:00  Bridge Club!-AC</p> <p>2:30  Let's Make Dog Treats!</p> <p>3:30  Fun Fact Friday- AC</p>															
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<p><b>Location Keys:</b></p> <p><b>Activities Center:</b></p> <p>AC</p> <p><b>Club Room:</b> CR</p> <p><b>Dining Room:</b> DR</p> <p><b>Movie Theater:</b> MT</p>																				
<p> Intellectual</p> <p> Physical</p> <p> Purposeful</p> <p> Social</p> <p> Spiritual</p>																				