

November 2025

Assisted Living Activities

Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2238 Cecil Ashburn Dr SE Huntsville, AL 35802 (256) 429-3008 Resident Birthdays Janet F. Patricia J. Curtis J. Marie D. Larry C. Kay S. Maggie D. Loretta B. Erilynn D. Jackie S.	November cont'd 30 9:30 Worship and Hymn Singalong 10:00 Virtual Church Service 11:00 Bible Verse of the Day 1:30 Bible Trivia 2:00 Tea time at 2! 2:30 Reminisce: Tell a Story with Friends	Location Keys: Activities Center: AC Club Room: CR Dining Room: DR Movie Theater: MT					9:30 Community Walk with Friends 10:30 Brain Teasers 11:00 Music Throwback! 1:30 Puzzle with Friends 2:00 Movie and Popcorn
	Daylight Saving Time Begins 2 9:30 Worship and Hymn Singalong 10:00 Virtual Church Service 11:00 Bible Verse of the Day 1:30 Bible Trivia 2:00 Tea time at 2! 2:30 Reminisce: Tell a Story with Friends	9:30 Motion and Mindful Exercise- AC 10:30 Let's Play Bingo!- AC 1:30 Name That TUNE!- AC 3:00 Mocktail Monday!- CR 3:30 Horseshoes-CR	#election day Election Day 4 9:30 Stretch and Strength with Hannah!- AC 10:30 Let's Go to Australia: Facts and Dialect- AC 1:30 Scrabble- AC 2:00 Chat with DEB!- AC 3:00 Movie Matinee and popcorn- MT	9:30 Fitness FUN!- AC 10:30 Bird Watching Club!- AC 11:00 Trivia Talk!- AC 1:30 ART CLUB: Heidelberg School (Australia)- AC 2:30 Study the States: Texas- AC 3:30 Mad Libs!- AC	9:30 Lets Move it!: Exercise - AC 10:00 Coffee and Fellowship- AC 10:30 Music Therapy: Dean Martin- AC 11:00 Bible Study with David Dye- DR 1:30 Dining Room Meeting- AC 2:30 Walk and Talk!- AC 3:00 Nail Spa!- AC	9:30 Vibrant Moves!: Exercise- AC 10:30 Let's Play Bingo!- AC 1:30 Bridge Club- AC 2:00 Let's Have a MARKET! 2-4 PM 3:30 Fun Fact Friday- AC	9:30 Community Walk with Friends 10:30 Brain Teasers 11:00 Music Throwback! 1:30 Puzzle with Friends 2:00 Movie and Popcorn
	9:30 Worship and Hymn Singalong 10:00 Virtual Church Service 11:00 Bible Verse of the Day 1:30 Bible Trivia 2:00 Tea time at 2! 2:30 Reminisce: Tell a Story with Friends	9:30 Motion and Mindful Exercise- AC 10:30 Let's Play Bingo!- AC 1:30 Name That TUNE!- AC 3:00 Mocktail Monday!- CR 3:30 Balloon Swat- CR	Veterans Day 11 9:30 Stretch and Strength with Hannah!- AC 10:00 Veteran Story Telling 2:00 Veterans Day Program 3:00 Patriotic Singalong	9:30 Fitness FUN!- AC 10:30 Bird Watching Club!- AC 11:00 Trivia Talk!- AC 1:30 ART CLUB: Western Desert Art (Australia)- AC 2:30 Study the States: Rhode Island 3:30 Mad Libs!- AC	#world kindness day! 13 9:30 Lets Move it!: Exercise - AC 10:00 Let's Make Homemade Cards for Huntsville Hospital! 10:30 Music Therapy: Chuck Berry- AC 1:30 Resident Council: ALL RESIDENTS WELCOME- AC 2:30 Walk and Talk!- AC 3:00 Nail Spa!- AC	#diabetic awareness day WEAR BLUE! 14 9:30 Vibrant Moves!: Exercise- AC 10:30 Let's Play Bingo!- AC 12:15 Australian Themed Lunch!- DR 1:30 Bridge Club- AC 3:00 Australia Party!!- CR 3:30 Fun Fact Friday- AC	9:30 Community Walk with Friends 10:30 Thanksgiving Brunch! 10:30 AM-12:00 PM 1:30 Puzzle with Friends 2:00 Movie and Popcorn
	9:30 Worship and Hymn Singalong 10:00 Virtual Church Service 11:00 Bible Verse of the Day 1:30 Bible Trivia 2:00 Tea time at 2! 2:30 Reminisce: Tell a Story with Friends	#world peace day Wear Your Best 70s inspired outfit! 17 9:30 Motion and Mindful Exercise- AC 10:30 Let's Play Bingo!- AC 1:30 Name That TUNE!- AC 3:00 Mocktail Monday!- CR 3:30 Pumpkin Plop!- CR	9:30 Stretch and Strength with Hannah!- AC 10:30 Let's Go to Australia: Wild Life and the Irwin Family- AC 1:30 Scrabble- AC 2:00 Pictionary!!-AC 3:00 Movie Matinee and popcorn- MT	9:30 Fitness FUN!- AC 10:30 Bird Watching Club!- AC 11:00 Trivia Talk!- AC 1:30 ART CLUB: Pop Art (Australia) 2:30 Resident Birthday Social-CR 3:30 Mad Libs!- AC	9:30 Lets Move it!: Exercise - AC 10:30 Music Therapy: The Marvelettes- AC 11:00 Bible Study with David Dye- DR 1:30 Activities Calendar Meeting-AC 2:30 Walk and Talk!- AC 3:00 Nail Spa!- AC	#Pancreatic cancer awareness day WEAR PURPLE! 21 9:30 Vibrant Moves!: Exercise- AC 10:30 Let's Play Bingo!- AC 1:30 Bridge Club- AC 3:00 Happy Hour!-CR 3:30 Fun Fact Friday- AC	9:30 Community Walk with Friends 10:30 Brain Teasers 11:00 Music Throwback! 1:30 Puzzle with Friends 2:00 Movie and Popcorn
9:30 Worship and Hymn Singalong 10:00 Virtual Church Service 11:00 Bible Verse of the Day 1:30 Bible Trivia 2:00 Tea time at 2! 2:30 Reminisce: Tell a Story with Friends	WEAR YOUR FALL ATTIRE! 24 9:30 Motion and Mindful Exercise- AC 10:30 Let's Play Bingo!- AC 1:30 Name That TUNE!- AC 3:00 Mocktail Monday!- CR 3:30 Bottle Toss- CR	WEAR YOUR FALL ATTIRE! 25 9:30 Stretch and Strength with Hannah!- AC 10:30 Let's Go to Australia: Biggest Cities and Recap- AC 1:30 Scrabble- AC 2:00 Thanksgiving Card Making!- AC 3:00 Movie Matinee and popcorn- MT	WEAR YOUR FALL ATTIRE! 26 9:30 Fitness FUN!- AC 10:00 Catholic Mass- MT 10:00 What Are You Thankful For?- AC 10:30 Bird Watching Club!- AC 11:00 Trivia Talk!- AC 2:30 Welcome New Neighbors Social!- CR 3:30 Mad Libs!- AC	Thanksgiving 27 10:00 Coffee and Fellowship 10:30 Thanksgiving Riddles 2:30 What's Your Turkey Name?	9:30 Vibrant Moves!: Exercise- AC 10:00 Coffee and Catch up!! 10:30 Let's Play Bingo!- AC 1:30 Bridge Club- AC 3:30 Fun Fact Friday- AC	9:30 Community Walk with Friends 10:30 Brain Teasers 11:00 Music Throwback! 1:30 Puzzle with Friends 2:00 Movie and Popcorn	

Intellectual

Physical

Purposeful

Social

Spiritual

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