

September 2025  
Memory Care Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div>Location Keys</div> <div>Back Living Rom-MC BLR</div> <div>Courtyard- MC CMC</div> <div>Front Living Room- MC FLR</div>	<div>Labor Day 1</div> <div>9:15 ➡ Music and Movement</div> <div>10:00 🍇 Morning Nourishment and Chats</div> <div>10:15 Family Feud</div> <div>11:00 Trivia Talk</div> <div>2:00 Afternoon Nourishment and Memory Games</div> <div>2:30 🧩 "Manicure Monday"</div> <div>3:15 Movie Matinee</div> <div>4:00 🧩 Evening Nourishment</div>	<div>2</div> <div>9:15 ➡ Move in Motion</div> <div>10:00 Let's Go to Scotland: Edinburgh Castle</div> <div>10:00 🍇 Morning Nourishment and Chats</div> <div>10:30 ➡ RESTORE Balance with Bobby</div> <div>2:00 Afternoon Nourishment</div> <div>2:30 🧩 Puzzle with Friends</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	<div>3</div> <div>9:00 On this day in History</div> <div>9:15 ➡ Fun Fitness!</div> <div>10:00 🍇 Morning Nourishment</div> <div>10:30 🌿 Hymns and Devotions</div> <div>11:00 ➡ Parachute Fling</div> <div>1:30 🍇 Beat the Banker</div> <div>2:00 Afternoon Nourishment</div> <div>2:00 🧩 Craft Corner</div> <div>3:15 Movie Matinee [BLR]</div> <div>4:00 🍷 Evening Nourishment</div>	<div>4</div> <div>9:45 ➡ Stretch It Out Exercise</div> <div>10:00 Morning Nourishment</div> <div>10:30 ➡ Restore Your Strength w/ Restore Therapy</div> <div>11:00 🍷 One on Ones</div> <div>11:15 ➡ Beanbag Baseball</div> <div>1:30 🍷 Watercolor Wonder Guild</div> <div>2:00 Afternoon Nourishment</div> <div>2:00 Bible Study</div> <div>2:30 Karaoke Hour</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	<div>5</div> <div>9:30 ➡ Let's Get Moving</div> <div>10:00 🍷 Morning Nourishment with Trivia</div> <div>10:45 ➡ Balloon Volleyball</div> <div>1:30 ➡ Karaoke</div> <div>2:00 Afternoon Nourishment</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	<div>6</div> <div>10:00 Courtyard Stroll [CMC]</div> <div>10:00 🍇 Morning Nourishment with Coffee and Trivia</div> <div>11:00 ➡ Puzzle with Friends</div> <div>1:00 🍇 Afternoon Nourishment with Find a Word (Whiteboard)</div> <div>2:00 Afternoon Nourishment</div> <div>2:00 Coloring Hour</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	
<div>#nationalgrandparentsday 7</div> <div>10:00 ➡ Hymn Singalong</div> <div>Assist 🍷 Morning Nourishment</div> <div>11:00 ➡ Card Making for Grandchildren</div> <div>1:00 🌿 Afternoon Nourishment with Name that Tune</div> <div>2:00 Afternoon Nourishment</div> <div>2:30 🍷 Board Games with Staff</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	<div>#worldphysicaltherapyday 8</div> <div>National Assisted Living Week! Theme: Let's Adventure Into Space</div> <div>9:15 ➡ Music and Movement</div> <div>10:00 🍇 Morning Nourishment and Chats</div> <div>11:00 Trivia Talk</div> <div>2:00 Afternoon Nourishment</div> <div>2:30 🧩 "Manicure Monday"</div> <div>2:30 🍷 Music Therapy</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	<div>National Assisted Living Week: Outing to Covered Bridge 9</div> <div>9:15 ➡ Move in Motion</div> <div>10:00 🍇 Morning Nourishment and Chats</div> <div>10:30 ➡ RESTORE Balance with Bobby</div> <div>11:00 ➡ Ring Toss</div> <div>1:30 🍇 Let's go to Scotland: Scottish Cuisine</div> <div>2:00 Afternoon Nourishment</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	<div>National Assisted Living Week: Soup Cookoff Challenge 10</div> <div>9:15 ➡ Fun Fitness!</div> <div>10:00 🍇 Morning Nourishment</div> <div>10:30 🌿 Hymns and Devotions [FLR]</div> <div>12:15 🧩 Scotland Themed Meal</div> <div>2:00 Afternoon Nourishment</div> <div>3:15 🍷 Let's Get Crafty</div> <div>3:45 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	<div>National Assisted Living Week: Adventures In The Garden-Farm Day 11</div> <div>9:00 🍇 On This Day..</div> <div>9:45 ➡ Stretch It Out Exercise</div> <div>10:00 Morning Nourishment</div> <div>10:30 ➡ Restore Your Strength w/ Restore Therapy</div> <div>11:00 🍷 Bible Study</div> <div>1:30 🍷 Flower Arrangement</div> <div>2:00 Afternoon Nourishment</div> <div>2:00 🧩 Cooking Corner</div> <div>3:00 Farm Animal Trivia</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	<div>#nationaldayofencouragement 12</div> <div>National Assisted Living Week: Game Extravaganza</div> <div>9:30 ➡ Let's Get Moving</div> <div>9:30 🍇 Trivia</div> <div>10:00 🍷 Morning Nourishment and Chats</div> <div>10:45 ➡ Balloon Volleyball</div> <div>1:30 ➡ Afternoon at the Casino</div> <div>2:00 Afternoon Nourishment</div> <div>2:00 🧩 Karaoke Friday</div> <div>3:00 Strike the Pin Bowling</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	<div>13</div> <div>10:00 🍇 Morning Nourishment with Coffee and Trivia</div> <div>11:00 ➡ Dance with Friends</div> <div>11:00 ➡ Puzzle with Friends</div> <div>1:00 🍇 Afternoon Nourishment with Find a Word (Whiteboard)</div> <div>2:00 Afternoon Nourishment</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	<div>Resident Birthdays</div> <div>Doria C. 9/6</div> <div>Ramona L. 9/6</div> <div>Peggy D. 9/6</div> <div>Maxine S. 9/15</div> <div>Sylvia B. 9/16</div>
<div>14</div> <div>10:00 ➡ Courtyard Stroll</div> <div>10:00 🍷 Morning Nourishment</div> <div>11:00 🌿 Virtual Church Service</div> <div>1:00 🌿 Afternoon Nourishment with Name that Tune</div> <div>1:00 🧩 Name that Tune</div> <div>2:00 Afternoon Nourishment</div> <div>2:30 🍷 Board Games with Staff</div> <div>2:30 🌿 Hymn Singalong</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	<div>15</div> <div>9:15 ➡ Music and Movement</div> <div>10:00 🍇 Morning Nourishment with Name That Tune!</div> <div>11:00 🍷 Music Therapy</div> <div>2:00 Afternoon Nourishment</div> <div>2:30 🧩 "Manicure Monday"</div> <div>3:15 Movie Matinee</div> <div>4:00 🍇 Evening Nourishment</div>	<div>#nationalguacamoleday 16</div> <div>9:15 ➡ Move in Motion</div> <div>10:00 🍇 Morning Nourishment and Chats</div> <div>10:30 ➡ RESTORE Balance with Bobby</div> <div>11:30 🍷 Let's go to Scotland: Scottish Traditions</div> <div>2:00 Afternoon Nourishment</div> <div>2:30 Let's Make Guacamole!</div> <div>3:00 Puzzles with Friends</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	<div>17</div> <div>9:15 ➡ Fun Fitness!</div> <div>10:00 🍇 Morning Nourishment</div> <div>10:30 🌿 Hymns and Devotions</div> <div>11:00 ➡ Parachute Fling</div> <div>1:30 🍇 Beat the Banker</div> <div>2:00 Afternoon Nourishment</div> <div>2:00 🧩 Craft Corner</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	<div>18</div> <div>9:45 ➡ Stretch It Out Exercise</div> <div>10:30 🌿 Bible Study</div> <div>10:30 ➡ Restore Your Strength w/ Restore Therapy</div> <div>11:00 🍷 One on Ones</div> <div>11:15 ➡ Beanbag Baseball</div> <div>1:30 🍷 Crafty Thursday</div> <div>2:00 Afternoon Nourishment</div> <div>2:30 Karaoke Hour</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	<div>#TalkLikeaPirateDay 19</div> <div>9:30 ➡ Let's Get Moving</div> <div>9:30 🍇 Pirate Trivia</div> <div>10:00 🍷 Morning Nourishment</div> <div>10:30 ➡ Treasure Hunt</div> <div>1:30 ➡ Family Feud</div> <div>2:00 Afternoon Nourishment</div> <div>3:15 Movie Matinee- Pirates of the Caribbean</div> <div>4:00 🍷 Evening Nourishment</div>	<div>#NationalDanceDay 20</div> <div>10:00 🍇 Morning Nourishment with Coffee and Trivia</div> <div>10:30 Courtyard Stroll</div> <div>10:45 ➡ Dance It Out!</div> <div>1:00 🍇 Find a Word (Whiteboard)</div> <div>2:00 Afternoon Nourishment</div> <div>2:00 Coloring Hour</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	
<div>21</div> <div>9:30 🌿 Hymn Singalong</div> <div>10:00 🍷 Morning Nourishment</div> <div>10:00 🧩 Virtual Church Service</div> <div>11:00 🌿 Bible Trivia</div> <div>1:00 🌿 Afternoon Nourishment with Name that Tune</div> <div>1:00 🌿 Name that Tune</div> <div>2:00 Afternoon Nourishment</div> <div>2:30 🍷 Board Games with Staff</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	<div>FIRST DAY OF FALL! 22</div> <div>9:15 ➡ Music and Movement</div> <div>10:00 🍇 Morning Nourishment and Chats</div> <div>11:00 Fall Inspired Trivia</div> <div>2:00 Afternoon Nourishment w/ Pumpkin Inspired Snacks</div> <div>2:00 🧩 Courtyard Stroll</div> <div>2:30 🍷 Music Therapy</div> <div>3:15 Movie Matinee</div> <div>4:00 🍇 Evening Nourishment</div>	<div>#nationalpotpieday 23</div> <div>9:15 ➡ Move in Motion</div> <div>10:00 🍇 Morning Nourishment and Chats</div> <div>10:30 ➡ RESTORE Balance with Bobby</div> <div>11:00 ➡ Let's go to Scotland: Scotland's Rich History</div> <div>1:30 🍇 Afternoon Nourishment with Active Attributes</div> <div>2:00 Afternoon Nourishment</div> <div>2:30 🧩 Picture Bingo</div> <div>3:00 🍇 One on Ones</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	<div>24</div> <div>9:15 ➡ Fun Fitness!</div> <div>10:00 🍇 Morning Nourishment</div> <div>10:30 🌿 Hymns and Devotions</div> <div>11:00 ➡ Parachute Fling</div> <div>1:30 🍇 Beat the Banker</div> <div>2:00 Afternoon Nourishment</div> <div>2:00 🧩 Craft Corner</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	<div>25</div> <div>9:45 ➡ Stretch It Out Exercise</div> <div>10:30 ➡ Restore Your Strength w/ Restore Therapy</div> <div>11:15 ➡ Beanbag Baseball</div> <div>1:30 🌿 Bible Study</div> <div>2:00 Afternoon Nourishment</div> <div>2:00 🧩 Cooking Corner- No Bake Cookies</div> <div>3:00 Thanksgiving Trivia</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	<div>#EuropeanDayOfLanguages 26</div> <div>9:30 ➡ Let's Get Moving</div> <div>10:00 🍷 Morning Nourishment</div> <div>10:45 ➡ What's That Language?</div> <div>1:30 ➡ Family Fued</div> <div>2:00 Afternoon Nourishment</div> <div>2:00 🧩 Karaoke Friday</div> <div>2:00 🧩 Resident Birthday Party</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	<div>27</div> <div>10:00 🍇 Morning Nourishment with Coffee and Trivia</div> <div>11:00 🧩 Devotion and Hymns</div> <div>11:00 ➡ Puzzle with Friends</div> <div>1:00 🍇 Find a Word (Whiteboard)</div> <div>2:00 Afternoon Nourishment</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	
<div>28</div> <div>10:00 🍷 Morning Nourishment</div> <div>10:00 🧩 Virtual Church Service</div> <div>11:00 🌿 Bible Verse Of The Day!</div> <div>1:00 🌿 Afternoon Nourishment with Name that Tune</div> <div>1:00 🌿 Hymn Singalong</div> <div>2:00 Afternoon Nourishment</div> <div>2:30 🍷 Tea Time with Your Neighbors!</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	<div>#NationalCoffeeDay 29</div> <div>9:15 ➡ Music and Movement</div> <div>10:00 🍇 Morning Nourishment</div> <div>10:00 Coffee Trivia Talk</div> <div>2:00 Afternoon Nourishment with Coffee Bar</div> <div>2:30 🧩 "Manicure Monday"</div> <div>2:30 🍷 Music Therapy</div> <div>3:15 Movie Matinee</div> <div>4:00 🍇 Evening Nourishment</div>	<div>#NationalLovePeopleDay 30</div> <div>9:15 ➡ Move in Motion</div> <div>10:00 🍇 Morning Nourishment and Chats</div> <div>10:30 ➡ RESTORE Balance with Bobby</div> <div>11:15 🍷 Scotland Trivia</div> <div>1:30 🍇 Spread the Love With Kindness</div> <div>2:00 Afternoon Nourishment</div> <div>3:00 Kindness Activity</div> <div>3:15 Movie Matinee</div> <div>4:00 🍷 Evening Nourishment</div>	<div>🍇 Intellectual</div> <div>➡ Physical</div> <div>🍷 Purposeful</div> <div>🧩 Social</div> <div>🌿 Spiritual</div>				

2238 Cecil Ashburn Dr SE  
Huntsville, AL 35802  
(256) 429-3008